

“Do It” Clinic Gets Rave Reviews

The 12th Annual MSTCA “Do It” Clinic was held @ Reggie on Sunday December 6th with 22 teams attending. Clinicians/Coaches included: Joe Patrone, Jacqui Barrett, Nate Hunter, Steve Keyes, Greg Zopatti, Steve McChesney, Bill O’Connor, John Carroll, Joe Tranchita, Isaiah Houtman, Rick Kates, Tom Meagher, Bill Jennings, Dick Sullivan, Fred Doyle, Quran Hodge, Tim Hilliard, Joe LeMar, & Patrick O’Connor.

Additionally, Rich and Jake Kennedy of *Kennedy Brothers PT*, Joe Walsh of *Adaptive Sports New England*, and Summer Fletcher (yoga) offered seminars in their specialty areas. Also, special guests B.A.A. runners Daniel Winn, Emily Lipari, & Elaina Balouris met with the distance runners, and former Olympic gold medalist & world champion pole vaulter Stacey Dragila gave a brief demonstration.

With 303 athletes attending the four sessions each, the groups were somewhat smaller than previous Clinics resulting in extra attention, detail, and much individualization, to the delight of the student-athletes and coaches.

The MSTCA E-Board thanks everyone who gave up their Sunday for this event to kick-off the Indoor season @ Reggie Lewis.

Lou Tozzi
“Do It” Clinic Director