

The Apponequet Athletic Department in conjunction with the
South Coast Conference Cross Country Coaches
Cordially invites you to the first annual

BIG WAVE



CROSS COUNTRY INVITATIONAL

Saturday September 14th 2013 9:30

**4 races over a 2.5-mile
Open field and wood trail course**

**Freshmen/Sophomore Girls
Freshmen/Sophomore Boys
Junior/Senior Girls
Junior Senior Boys**

Medals and Ribbons to the top 15 in each race
Sanctioned by the MIAA

Entry Fee is \$150.00 per school or \$10.00 per ind.

***For further information contact Dennis Thibeault
@dtriplep@comcast.net***

**Mail entry sheet and payment to:
Dennis Thibeault, 2 Hayes St, East Freetown, Mass 02717**

Checks made out to: FLRSD Freetown Lakeville School District

