

Mass State Track Coaches Association

2013 All Academic Cross Country Team

Nominations are being accepted by the MSTCA for recognizing outstanding student-athletes in cross country. To qualify for the MSTCA All-Academic Cross Country Team, the student-athlete must have compiled a cumulative grade point average of 3.25 and have had competed in the MIAA Eastern, Central, & West Division[s].

Award categories for All State Division 1, Division 2, Eastern [All divisions], Central, Western.

All applications must be postmarked or emailed by Wednesday, November 20, 2013. GPA information will be held confidential. All awards will be announced on the MSTCA website and those awarded will receive a certificate from the MSTCA. If your school does not do GPA, please refer to your guidance office.

Application will only be accepted by current Head/and or Asst Cross Country Coach who must be a current MSTCA member of 2013-2014 academic year.

[Print ONLY or type]

Student-Athlete First Name: _____ Last Name: _____ Grade: _____

GPA First Term Grading Period 2013-2014: _____

Competed in which Divisional Meet[Check one] CMASS _____ WMASS _____

EMASS D1 _____ D2 _____ D3 _____ D4 _____ D5 _____ D6 _____

Place/Finish and Time : _____

All State Meet Division 1 or Division II Place/Time: _____

School: _____

Address: _____ Town/City _____ Zip Code _____

Coach: _____ Email: _____

Phone Number _____ Home School: _____

Principal: _____ Email: _____

Athletic Director: _____ Email: _____

Phone Number _____

Mail to:

Rick Kates c/o PO Box 41 Pembroke, MA 02359

Questions: rkates@ndahingham.com