



## BAY STATE XC INVITATIONAL



Sponsored By: Marathon Sports-New Balance

Sanctioned by: MIAA

Sponsoring HS: East Longmeadow HS

Date: October 17, 2015

Time: 11:00am

Place: Stanley Park, Westfield, MA

Meet Director: Michael Budd

EMAIL: youralarmguy@aol.com

### **Races offered and order of races with approximate starting times**

11:00am Boys Paul Whitlock Race  
11:25am Boys Dick Atkinson Race  
11:45pm Boys Frank Dutille Race  
12:15pm Girls Carolyn Dewey Race  
12:45pm Girls Maryann Goff Race  
1:15pm Girls Larry Bell Race

**FORMAT:** This is a Varsity only competition for teams to have a chance to compete on the MIAA All State meet course. Teams may enter one team per gender of 12 athletes with NFHS scoring rules. Teams will be placed in divisions by a seeding committee to create 4 equal / balanced races. Teams racing both gender races will be assigned to the same division. Division assignments will be posted on [www.mstca.org](http://www.mstca.org) by Wednesday October 14, 2015.

**TIME LIMITS-**We will not time athletes who can't meet the following standards for that race-the chute will be closed. These limits are established/reviewed by the MSTCA XC Committee each year.

**Boys Races: 21 Minutes**

**Girls Races: 25 minutes**

### **Awards**

Awards : Individual: Top 25

Team Awards : Top 2 teams per Division

Team Awards can be picked up at the Finish Line Tent.

**Entry Fees:** \$75 per gender team . All PO's, checks or single payment must be received prior to the meet-if not received-your team will not be allowed to compete.

**Make checks out to MSTCA and mail to:**

Mrs Elaine Mooney  
60 Cynthia Rd  
Seekonk, MA 02771  
MSTCA Tax ID # 04-3394224

**ENTRY DEADLINE: Monday , October 12, 2015.** All entries are done on [www.directathletics.com](http://www.directathletics.com).  
IF YOU ARE A NEW COACH IT IS STRONGLY RECOMMENDED THAT YOU CREATE AN ACCOUNT BY AT  
LEAST 1 WEEK BEFORE YOU BEGIN TO ENTER YOUR TEAM.

**LATE ENTRY POLICY:**

**YOU MUST CONTACT THE MEET DIRECTOR TO ENTER LATE:**

October 13 late entry fee is \$50 per team

October 14 late entry fee is \$100 per team

After October 14, no entries will be accepted. Late fees must be paid before your team is allowed to compete

**MSTCA Single Waiver: Each school must have their Principal/ and or AD sign and accompany a team roster and must be submitted to Jim Hoar 31 Campion Rd Yarmouthport, MA 02675 by Sept 21.**

See [www.mstca.org](http://www.mstca.org) for a copy of the waiver

**COACHES CHECKLIST**

- Entries due October 12
- MSTCA waiver due Sept 21
- PO/Check/Single Payment –October 16
- No grills, fires, cooking is allowed at Stanley Park grounds
- No dogs, animals are allowed.