

20th Annual Ted Dutkiewicz Memorial Races



Sponsored by: East Longmeadow High School
Hosted by: Mass State Track Coaches Association
Meet Director: Michael A. Budd **Event Manager:** Michael A. Budd
Sanctioned By: MIAA

For Whom: MIAA Teams (limit 15 teams per Division*)
When: Saturday, September 19, 2015
Time: 9:00 AM
Where: East Longmeadow High School



Order of Races

9:00	Girls Junior Varsity (unlimited entries)	2.67mi./4300m
9:35	Boys Junior Varsity (unlimited entries)	2.67mi./4300m
10:10	Girls Small Schools (Division 2 -limit up to 7 entries)	2.67mi./4300m
10:45	Boys Small Schools (Division 2 - limit up to 7 entries)	2.67mi./4300m
11:20	Girls Large Schools (Division 1 - limit up to 7 entries)	2.67mi./4300m
11:55	Boys Large Schools (Division 1 - limit up to 7 entries)	2.67mi./4300m

Awards

Medals: Top 20 in each race Varsity Races: Top two teams receive a plaque

Cost: \$15.00 per individual \$75 per team/ \$150 maximum per school

MSTCA tax number #043304224

PO and Checks made out to MSTCA and mailed to Elaine Mooney 60 Cynthia Road, Seekonk, MA 02771

MSTCA must receive a check or PO before the athletes can compete.

Entry deadlines: September 16, 2015 by 12:00PM. **All entries must be entered into Direct Athletics before this deadline.** Once you enter on Direct Athletics, you are responsible for the payment of entry fee.

www.directathletics.com

If questions in terms of procedures, contact the Meet Director. If you leave a text, also leave name and school.

Each member of your team shall be assigned a number, so only rosters need be submitted. You can determine your Varsity runners the day of the meet.

Single Waiver forms with rosters must be in the hands of Jim Hoar/MSTCA before the meet

Mail to: Jim Hoar 31 Champion Road. Yarmouthport, Mass. 02675

Late Entry Policy: If you miss the deadline, call the meet director to enter...Sept. 17, \$40 fine per team
September 18, \$100 per team. After this date, no entries shall be accepted. All fines must be paid before competing.

Meet Director: Michael A. Budd (413) 364-1168 (cell) or youralarmguy@aol.com

Bus Parking: Busses shall be allowed in the ELHS parking lot

Admission: There is no admission fee There will be an operating concession stand.

ALL TEAMS ARE ENCOURAGED TO BRING CANNED GOODS OR NON-PERISHABLE FOOD ITEMS AS WE ARE HOLDING A FOOD DRIVE FOR ONE OF THE LOCAL FOOD PANTRYS!

Of note: East Longmeadow offers a short, flat and fast 2.67 (4300 meter) course which starts on the outside of the Athletic Stadium and concludes on the Track. Students shall take one full lap before finishing at the common finish.

This course is very fan friendly as you can watch the start up to the first mile, and then the entire finish from virtually any spot on the campus.

Since this meet is early in the season, coaches also have the opportunity to actually "see" how their students are faring against competition and have exposure to a multiple school meet in preparation for the post season and other tournaments sponsored by the MSTCA.

This meet is intended for teams that are starting out, developing, or otherwise very young and inexperienced.

Teams are also encouraged to bring a non perishable item per student so that we can make a donation to the local food bank on behalf of the MSTCA as well as in Ted's name.

This year entries shall be handled by Direct Athletics, all you need do is submit your roster, you may select your seven (7) varsity runners on the day of the meet.

NO TEAM shall be allowed to compete unless they have submitted their waiver form (address listed above).

NO TEAM shall be allowed to compete if they have not either made payment or have a valid purchase order.

Bring copies of your waivers (signed by your AD or Principal) or purchase orders just to confirm.

East Longmeadow asks that you keep your campsites clear of trash and utilize the many receptacles that are on site.

There shall be an athletic trainer on site

If you decide to wear spikes, only 1/4 inch (or less) pyramids are acceptable.

Schools are permitted to warm-up on the infield

Teams may arrive as early as 7AM on meet day to walk the site.

At the conclusion of each Varsity Race, we shall be making an awards presentation to the top two teams.

We shall have an announcer for all races as well as handing out of awards.

Thank you for your interest and participation in this meet!

* DIVISIONS determined by which races you shall run in the MIAA All-State Finals