



**MSTCA FRANK KELLEY XC INVITATIONAL**

Sponsored By: MF Athletic Company

Sanctioned by: MIAA

Sponsored by: Seekonk HS

Date: September 26, 2015

Time: 9:30am Division 2

Place: Wrentham Developmental Center

12:15pm Division 1

Meet Director: Livvy Kates

EMAIL: ekates@hinghamschools.org

**Races offered and order of races with approximate starting times**

9:30am Div 2 JV Boys Race-5K

12:15pm Div 1 JV Boys Race-5K

9:56am DIV 2 JV Girls Race-5K

12:38pm DIV 1 JV Girls Race-5K

10:18am DIV 2 Frosh Boys Race 3K

1:05pm DIV 1 Frosh Boys Race-3K

10:33am DIV 2 FROSH Girls Race-3k

1:20pm DIV 1 Frosh Girls Race-3K

10:50am DIV 2 Varsity Boys Race-5K

1:38pm DIV 1 Varsity Boys Race-5K

11:15am DIV 2 Varsity Grls Race-5K

2:00pm DIV 1 Varsity Girls Race-5K

(NOTE: ½ hour break will take place between Division 2 and Division 1 races)

**Division 1** –MIAA EMass DIV 1,2,3, CMASS D1, WMASS D1

**Division 2**-MIAA EMASS DIV 4,5,6, CMASS D2, WMASS D2

**TIME LIMITS**-We will not time athletes who can not meet the following standards for that race-the chute will be closed. These limits are established/reviewed by the MSTCA XC Committee each year.

Varsity Boys: 22 Minutes

JV Boys: 25 Minutes

Freshman Boys: 16 Minutes

Varsity Girls: 26 Minutes

JV Girls: 28 Minutes

Freshman Girls: 18 Minutes

**Awards:** Individual medals 1-25 in each race.

**Team Awards :** Varsity Races Only-Top 3 teams

**Entry Fees:** \$15 per athlete entered. Minimum entry fee per school \$50. Maximum entry fee is \$250 per school. All PO's, checks or single payment must be received prior to the meet-if not received-your team will not be allowed to compete.

**Make checks out to MSTCA and mail to:**

Mrs. Elaine Mooney  
60 Cynthia Rd  
Seekonk, MA 02771  
MSTCA Tax ID # 04-3394224

**ENTRY DEADLINE:** Monday , September 21, 2015. All entries are done on [www.directathletics.com](http://www.directathletics.com)  
IF YOU ARE A NEW COACH IT IS STRONGLY RECOMMENDED THAT YOU CREATE AN ACCOUNT BY AT LEAST 1 WEEK BEFORE YOU BEGIN TO ENTER YOUR TEAM.

**LATE ENTRY POLICY:**

YOU MUST CONTACT THE MEET DIRECTOR TO ENTER

Sept. 22 late entry fee is \$50 per team

Sept. 23 late entry fee is \$100 per team

After Sept 23, no entries will be accepted. Late fees must be paid before your team is allowed to compete

**MSTCA Single Waiver:** Each school must have their Principal/ and or A sign and accompany a team roster and must be submitted to Jim Hoar 31 Campion Rd. Yarmouthport, MA 02675 by Sept 21.

See [www.mstca.org](http://www.mstca.org) for a copy of the waiver

**COACHES CHECKLIST**

- Entries due Sept 21
- MSTCA waiver due Sept 21
- PO/Check/Single Payment –Sept 25
- No grills, fires, cooking is allowed at Wrentham grounds
- No dogs, animals are allowed on the fairgrounds

- Coach must keep their athletes from running through the between the building where patients reside.
- Remind your spectators that there is a \$5 parking fee per carload.