



BAY STATE XC INVITATIONAL

Sanctioned by: MIAA

Sponsoring HS: Marlboro HS

Date: October 22, 2016

Time: 10:00am

Place: Gardner Golf Course, Gardner , MA –Site of 2016 All State MIAA XC Championship

Meet Director: Jeff Downin

EMAIL: jdownin@mps-edu.org

Site Director : Peter McCauliff

EMAIL: pmccauliff@lunenburgonline.com

Races offered and order of races with approximate starting times

10:00am Girls A Race

10:30 am Girls B Race

11:00 am Girls C Race

11:30pm Boys A Race

12:00pm Boys B Race

12:30pm Boys C Race

FORMAT: This is a Varsity only competition for teams to have a chance to compete on the MIAA All State meet course. Teams may enter one team per gender of 10 athletes with NFHS scoring rules. Teams will be placed in divisions by a seeding committee to create 6 equal / balanced races. Teams racing both gender races will be assigned to the same division. Division assignments will be posted on www.mstca.org by Wednesday October 19, 2016.

TIME LIMITS-We will not time athletes who can't meet the following standards for that race-the chute will be closed. These limits are established/reviewed by the MSTCA XC Committee each year.

Boys Races: 21 Minutes

Girls Races: 25 minutes

Awards : Individual: Top 25

Team Awards : Top 2 teams per Division

Entry Fees: \$100 per gender team . All PO's, checks or single payment must be received prior to the meet-if not received-your team will not be allowed to compete. **MSTCA Tax ID 04-3394224**

Athlete Limits: Teams may enter one team per gender of 10 athletes with NFHS scoring rules

Make checks out to MSTCA and mail to:

Mrs Elaine Mooney
60 Cynthia Rd
Seekonk, MA 02771
MSTCA Tax ID # 04-3394224

ENTRY DEADLINE: Monday, October 17, 2016. All entries are done on www.directathletics.com.
IF YOU ARE A NEW COACH IT IS STRONGLY RECOMMENDED THAT YOU CREATE AN ACCOUNT BY AT
LEAST 1 WEEK BEFORE YOU BEGIN TO ENTER YOUR TEAM.

LATE ENTRY POLICY:

YOU MUST CONTACT THE MEET DIRECTOR TO ENTER LATE:
October 18 late entry fee is \$100 per team
October 19 late entry fee is \$150 per team
After October 19, no entries will be accepted. Late fees must be paid before your team is allowed to
compete

**MSTCA Single Waiver: Each school must have their Principal/ and or A sign and accompany a team
roster and must be submitted to Jim Hoar 31 Campion Rd Yarmouthport, MA 02675 by Sept 21,2016**

See www.mstca.org for a copy of the waiver

COACHES CHECKLIST

- Entries due October 17, 2016
- MSTCA waiver due Sept 21, 2016 refer to www.mstca.org
- PO/Check/Single Payment –October 6, 2016 –refer to www.mstca.org
- No grills, fires, cooking is allowed at Gardner Golf Course grounds
- No dogs, animals are allowed.
- All tents must be WEIGHTED & SECURED
- NO DRONES are allowed at any MSTCA events.
- Parking will be available across the Golf Course at Gardner Community College