



FRANK KELLEY XC INVITATIONAL



Sanctioned by: MIAA

Sponsored by: Marathon Sports

Date: October 1, 2016

Time: 9:30am Division 1

Place: Wrentham Developmental Center

12:15pm Division 2

Meet Director: Tim Cimeno

EMAIL: tim.cimeno@marathonsports.com

Races offered and order of races with approximate starting times

9:30am Div 1 JV Boys Race-5K

12:15pm DIV 2 JV Boys Race-5K

9:56am DIV 1 JV Girls Race-5K

12:38pm DIV 2 JV Girls Race-5K

10:18am DIV 1 Frosh Boys Race 3K

1:05pm DIV 2 Frosh Boys Race-3K

10:33am DIV 1 FROSH Girls Race-3K

1:20pm DIV 2 Frosh Girls Race-3K

10:50am DIV 1 Varsity Boys Race-5K

1:38pm DIV 2 Varsity Boys Race-5K

11:15am DIV 1 Varsity Grls Race-5K

2:00pm DIV 2 Varsity Girls Race-5K

(NOTE: ½ hour break will take place between Division 2 and Division 1 races)

Division 1 –MIAA EMass DIV 1,2,3, CMASS D1, WMASS D1

Division 2-MIAA EMASS DIV 4,5,6, CMASS D2, WMASS D2

TIME LIMITS-We will not time athletes who can not meet the following standards for that race-the chute will be closed. These limits are established/reviewed by the MSTCA XC Committee each year.

Varsity Boys: 22 Minutes

JV Boys: 25 Minutes

Freshman Boys: 16 Minutes

Varsity Girls: 26 Minutes

JV Girls: 28 Minutes

Freshman Girls: 18 Minutes

Awards: Individual medals 1-25 in each race.

Team Awards : Varsity Races Only-Top 3 teams

Entry Limits

Varsity: Every team may run up to 10 maximum runners for all Varsity Races

No need to declare prior, any team with more than 10 runners in a varsity race will be disqualified.

Freshman & Junior Varsity races are unlimited but should be able to meet the time limit standard.

Entry Fees: \$15 per athlete entered. Minimum entry fee per school \$50.

\$150 max per sex/per school (\$250 maximum per school if both b/g attend)

All PO's, checks or single payment must be received prior to the meet-if not received-your team will not be allowed to compete.

MSTCA Tax ID 04-3394224

Make checks out to MSTCA and mail to: [DUE SEPTEMBER 29, 2016]

Mrs. Elaine Mooney

60 Cynthia Rd

Seekonk, MA 02771

MSTCA Tax ID # 04-3394224

ENTRY DEADLINE: Monday , September 26, 2016. All entries are done on www.directathletics.com.

IF YOU ARE A NEW COACH IT IS STRONGLY RECOMMENDED THAT YOU CREATE AN ACCOUNT BY AT LEAST 1 WEEK BEFORE YOU BEGIN TO ENTER YOUR TEAM.

LATE ENTRY POLICY:

YOU MUST CONTACT THE MEET DIRECTOR TO ENTER

Sept. 27 late entry fee is \$100 per team

Sept. 28 late entry fee is \$150 per team

After Sept 28, no entries will be accepted. Late fees must be paid before your team is allowed to compete

MSTCA Single Waiver: Each school must have their Principal/ and or A sign and accompany a team roster and must be submitted to Jim Hoar 31 Campion Rd. Yarmouthport, MA 02675 by Sept 21, 2016

See www.mstca.org for a copy of the waiver

COACHES CHECKLIST

- Entries due Monday, September 26, 2016
- MSTCA waiver due Sept 21 to Jim Hoar –refer to www.mstca.org
- PO/Check/Single Payment –Sept 29 to Elaine Mooney
- No grills, fires, cooking is allowed at Wrentham grounds
- No dogs, animals are allowed on the grounds
- Coach must keep their athletes from running through the between the building where patients reside.
- Remind your spectators that there is a \$5 parking fee per carload.
- All tents must be WEIGHTED & SECURED
- NO DRONES are allowed at any MSTCA events.