



## 23<sup>rd</sup> Ted Dutkiewicz Memorial XC Invitational

Meet Corporate Sponsor: M-F Athletic

Place: East Longmeadow High School

Sanctioned by: MIAA

Sponsored by: East Longmeadow High School

Meet Director: Michael A. Budd

EMAIL: youralarmguy@aol.com

Date: September 15, 2018

Time: 9:00 am

### Order of Races

9:00 am	Boys Freshman/Sophomore Race – 2.14 mi
9:35 am	Girls Freshman/Sophomore Race – 2.14 mi
10:10 am	Boys Division 1 Varsity Race – 2.67 mi
10:45 am	Girls Division 1 Varsity Race – 2.67 mi
11:20 am	Boys Division 2 Varsity Race – 2.67 mi
11:55 am	Girls Division 2 Varsity Race – 2.67 mi

**\*\*Unlimited Entries in each race \*\***

Division 1 – MIAA WMass D1, EMass DIV 1,2,3, CMass D1

Division 2 – MIAA WMass D2, EMass DIV 4,5,6, CMass D2

Individual Awards: Medals to finishers 1-20 in each race.

Team Awards : Top 2 Teams in each of the Varsity races.

**Entry Fees:** \$15 per individual; Minimum entry fee per school: \$50.  
\$85 max per gender per school (**\$170 maximum per school if both b/g attend**)

All PO's, checks or single payment must be received prior to the meet. If nothing is received, then your team will not be allowed to compete. Make checks out to MSTCA and mail to:

MSTCA  
c/o Ted Dutkiewicz Invitational Entries  
956 Turnpike Road, Unit D  
Canton, MA 02021

POs can be sent electronically to:

mstca.billing@gmail.com

**MSTCA Tax ID # 04-3394224**

**ENTRY DEADLINE: Monday, September 10, 2018.** All entries are done on [www.directathletics.com](http://www.directathletics.com).

IF YOU ARE A NEW COACH, IT IS STRONGLY RECOMMENDED THAT YOU CREATE AN ACCOUNT BY AT LEAST 1 WEEK BEFORE YOU BEGIN TO ENTER YOUR TEAM.

### **LATE ENTRY POLICY**

**IF YOU MISS THE ENTRY DEADLINE, YOU MUST CONTACT THE MEET DIRECTOR TO ENTER**

September 11: Late entry fee is \$50 per single gender team

September 12: Late entry fee is \$100 per single gender team

After September 12, no entries will be accepted. Late fees must be paid before your team is allowed to compete

MSTCA Single Waiver: Each school must have their Principal and/or AD sign and accompany a team roster and must be submitted to Jim Hoar, 31 Campion Road, Yarmouthport, MA 02675 by September 12, 2018. See below or visit [www.mstca.org](http://www.mstca.org) for a copy of the waiver.

### **COACHES CHECKLIST**

- Entries due Monday, September 10, 2018
- MSTCA waiver due Wednesday, September 12, 2018
- PO/Check/Single Payment – September 13, 2018
- No grills, fires, or cooking is allowed on East Longmeadow High School grounds.
- All tents must be WEIGHTED & SECURED
- No Drones are allowed at any MSTCA events.
- The MSTCA is asking that each athlete please bring 1 canned good to this meet. A donation will be made to the local food bank in Ted's name. Please help support local families in need!**



## MSTCA SINGLE WAIVER FORM – FALL 2018

Please take the time to have this waiver form signed, attach your roster, and mail it in. Once you do that, your waiver responsibilities for the fall are completed!

I attest that all the athletes that will be participating from our school in the MSTCA fall meets are student athletes, in good standing, in our high school and are bona fide members of our team. Our school district recognizes that there are certain risks associated with participating in this sport and waives, releases, and holds harmless the MSTCA organization, its officers, sponsors and representatives, as well as the host community, from any injury that may be incurred by an athlete in the normal course of participation in these MSTCA events. *My school also agrees to have a PO or payment in the hands of MSTCA before any meet they compete in.*

### THIS IS NOT AN ENTRY FORM

School's Name \_\_\_\_\_

Boys Team \_\_\_\_\_ Girls Team \_\_\_\_\_ Both \_\_\_\_\_

Principal OR Athletic Director's Signature \_\_\_\_\_

School's Phone Number \_\_\_\_\_

Date \_\_\_\_\_

Please attach your cross country teams' rosters and mail everything to:

Jim Hoar  
31 Champion Road  
Yarmouthport, MA 02675

THIS MUST BE RECEIVED NO LATER THAN WEDNESDAY, SEPTEMBER 12, 2018



**MSTCA  
COACH'S EMERGENCY CONTACT FORM**

Please fill out and bring the day of the meet and turn it in before you pick up your meet packet. We need this form in case one of your athletes gets injured.

**SCHOOL NAME** \_\_\_\_\_

**COACH'S NAME** \_\_\_\_\_

**COACH'S CELL NUMBER** \_\_\_\_\_

**BOY'S TEAM** \_\_\_\_\_ **GIRL'S TEAM** \_\_\_\_\_ **BOTH** \_\_\_\_\_

Each school is responsible to have a rally point for their team in case of an emergency - including weather. Please make sure all of your student-athletes are aware of your plan. This form will be given to the Athletic Trainer in case of an injury to one of your student-athletes, and s/he will contact you.

In case of a medical situation that requires 911 to be accessed, the meet may be put on hold until the situation subsides by local public safety.

In case of inclement weather, all teams will evacuate under the direction of the Meet Director and/or Police to the closest facility or bus.