2018 MSTCA Indoor Track Committee – Postseason meeting
3/30/18

(Attendance: Zach Creeden – Chair, James Fletcher - Secretary, Dennis Sheppard, Bill Tilden, Paul Trovato, Phil Gingras. Tim Cimeno and Rick Kates present as non-members).

Agenda:

Reviewing the Season:

Winter Festival-
- Committee read notes from Meet Director.
- Biggest change needed is Long Jump.
- Committee unanimously votes to suggest changing the Long Jump Standards to 18ft and 17ft for Boys Large School and Boys Small School, respectively, and to 14ft and 13ft for Girls Large School and Girls Small School, respectively.
- We will revisit 2 jumpers versus 3 jumps for this meet in our pre-season meeting, depending on the number of available pits.
- Committee suggests no other changes in the meet or standards

Holiday Challenge-
- Committee unanimously votes to suggest no changes in the meet or standards

Team Pentathlon-
- Committee unanimously votes to suggest meet is continued to be held on the morning of the Speed Classic

Freshman/Sophomore Meet-
- Committee read notes from Meet Director.
- Committee unanimously votes to suggest no changes in individual Small School Meet Standards
- Committee unanimously votes to suggest the following changes in standards for the Large School Meet (marks are presented girls/boys):
  o 300m: 48.5/42.5
  o 600m: 2:00/1:40
  o 1000m: 3:45/3:05
  o Mile: 6:10/5:20
  o 2 mile: 13:30/12:00
  o High Jump: 4’6/5’0
  o Long Jump: 13’10/16’0
  o Shot Put: 21’/30’
- Committee unanimously votes to suggest creating relay standards for both meets, based on coaches’ estimates. Those standards would be (girls/boys):
  o 4x200m Large: 2:00/1:48
  o 4x400m Large: 4:50/4:10
State Relays-
- Committee read notes from Meet Director.
- Committee unanimously votes to suggest no changes in the meet or standards

Addendum: Meet is discussed later in meeting, and some changes are talked about/suggested

State Coaches-
- Committee read notes from Meet Director.
- Committee unanimously votes to suggest Large School High Jump Standards be (girls/boys):
  - 4’7/5’6
- Committee unanimously votes to suggest the following changes to the Small School Standards (boys):
  - High Jump to 5’6
  - 4x400m to 3:48
  - 4x800m to 8:55

Last Chance to Qualify-
- Committee had a discussion as to the name and purpose of this meet, but no action was taken.

**Coach of the Year Nominations:**
(Winners are underlined)

- Girls EMass
  - Kristen Polizotto, Stoneham
  - Paul Trovato, Franklin
  - Frank Barbuto, Dedham
  - Sotirios Pintzopoulos
    - There was a tie on initial vote between Trovato and Pintzopolous, and a revote was in favor of Trovato by a vote of 4-2.

- Boys EMass
  - John Fidalgo, Brockton

- Girls CMass
  - Mike O’Malley, Wachusett

- Boys CMass
  - Chris Donovan, Ayer-Shirley
  - Anthony Findlay, Murdock – ineligible, not an MSTCA member

- Girls WMass
  - Nick Davis, South Hadley

- Boys WMass
  - Matt Sullivan, East Longmeadow
Assistant Coach of the Year:
- Kate Beksha, Franklin
- Alan Conway, Sharon
- Chris Keane, Woburn

Athlete of the Year:
- Girls’ nominations, as sent out in email, were fine.
- Boys nominations needed to be changed to reflect MSTCA membership of coaches. The three nominations were:
  - Ryan Oosting, Arlington
  - Phillips Magre, Somerville
  - Aiden Felty, Innovation Academy

Misc. Notes/Remarks/Discussions:
- Committee unanimously votes to suggest MSTCA awards 2 Team plaques (winner and runners-up) at the Pentathlon instead of just one
- Committee discussed a variety of possible schedule changes, and unanimously votes to suggest the following potential schedule of meets:
  - First weekend of January: State Relays – one on Friday, two on Saturday, two on Sunday
  - Second weekend of January: Freshman/Sophomore meets
  - Third weekend of January: Open for large “Yale-type” weekend meet, as suggested by Tim Cimeno (present, but non-member)
  - Fourth weekend of January: State Coaches
  - First weekend of February: Last Chance Meet

- Committee read suggestions from Scott Ouelette of Lowell, but tabled any discussion while acknowledging some proposed adjustments had been suggested earlier in the meeting.
- Committee floated ideas about different ways to split our two-day meets, and unanimously votes to suggest the EBoard revisits the way we cap/split meets for the 2019-2020 season.
- Committee briefly discussed differing ideas on entry fees, but tabled any further discussion or action.

Looking Ahead:
- Committee reviewed and discussed changes for 2018-2019 season as passed by EBoard:
  - Entry deadlines will be changed from Sunday’s to Monday’s
  - Teams will bring their own batons, but batons will be available for purchase
- Principals and Athletic Directors will be granted admission with a valid school ID
- Committee expressed concern about FAT only “issue” for upcoming indoor season (and other seasons) but process was more clearly explained by Rick Kates. Concern about a balance of opportunity at FAT “equipped” facilities was also mentioned but not discussed.
- Committee discussed meet directors and unanimously votes to suggest that there is a different meet director, per meet, per day, in order to get more MSTCA member involvement and relieve the burden on those who find themselves directing multiple meets.
- Committee discussed incidents where entry guidelines were not clear as to whether marks could be projected or actual. The Committee unanimously votes to suggest that all entry guidelines have a clause that requires actual marks from that season be used for entry, but also an allowance for a coach to contact the meet director if there is a special circumstance (i.e. illness, injury) and the coach needs to use a projected or previously achieved mark.