

ON YOUR MARKS!

The Newsletter of the Mass. State Track Coaches Association

***Special Interest
Articles:***

- Minutes of the April meetings.
- Highlights of our Invitationals
- Clinic notes and participation stats from our many meets

Individual Highlights:

Relay Results and Team
Champions
E-Board meetings
Fall Schedule

Moonshots by Frank Mooney

Dear Coaches,

As we end this academic and competitive year it is time to reflect back on some very positive activities for our association. In the fall we had huge numbers join us at our cross-country meets. The highlight of the season was the **twilight invite** where the varsity athletes run under the lights and run some fantastic times. *That meet was so huge we had a traffic jam that was 8 miles long with parents wanting to get into the meet.* We also collected over \$1500 in donations for our scholarship and campership program. We just recently met with the people at the Barnstable Fairgrounds to eliminate some of the problems we had with the huge crowds and with an expectation more teams will want to run at this meet next fall. We will open another parking area, hire more people to handle traffic, we created a new bus route into the parking areas to help with the congestion and we will have more lights. All of this of course will cost a bit more for us to run this exciting meet.

In the winter we were lucky with the weather. We were able to run our meets on the scheduled days and again we had huge numbers attend our meets. The biggest crowds were at the Auerbach Frosh Soph Meet and the Relays. At times it seemed we never left Reggie for days on end. We had many outstanding performances during the winter. The most disappointing thing of the winter season is the small numbers of schools who take advantage of our **FREE "Do it" Clinic**. The upside of the small numbers is the extra attention the athletes received during the clinic.

The spring opened with a great clinic where we had the **largest crowd attend our Open meeting** and some very interesting ideas came out of that meeting. We separated our Coaches Invite this year and that worked out very well. We also went to a couple new sites for our meets and we thank those who hosted for us. The spring highlight is the Awards dinners and this year was a great affair.

The highlight of the whole year was the finishing off of our revisions of our by-laws. This huge undertaking changed the structure of our organization. We are now in the mist of our first general election for our EBoard ever. We will be also forming committees specific to each season. The attempt is to get more involved in the decision-making and get some new eyes on what we do and help us improve as an organization. **Thanks to all of those who have been members of our executive board or officers who are resigning this year, you helped us in so many ways. (continued on page 2)**

Moonshots

Thanks to all of you who come and support our meets, clinics, and awards night. Thanks to you who worked at one of our activities. We reached over **51,000 athletes** this year. We gave more money away to our athletes and coaches than ever before. We gave over \$24,000 out in camperships and scholarships. We donated to Reggie Lewis a new set of high jump pits and standards. We donated our regular donation of cups for the facility to use at our meets. This year we continued our annual canned food drive before thanksgiving and became involved in the Christmas in the City group at Christmas time and we donated to the Boston One Fund. Thanks to those who helped us with those donations to those great activities.

As we finish off the active competition season we wish you all a great summer to rest up your minds and body and hope you come back year with a renewed spirit and keep our sport alive!

Frank

Executive Board

Al Porter
 Art Iworsley
 Bill Jennings
 Bill Kane
 Bill O'Connor
 Bob L'Homme
 Bob Maguire
 Charlie O'Rourke
 Charlie Butterfield
 Chris Woods
 Dale Snyder
 Dick Atkinson
 Dwight Estey
 Frank Kelley
 Frank Mooney
 Geoff Hennessy
 Harry Allen
 Ian Butterfield
 Jack Lang Jr.
 Jim DeProfio
 Jim Hoar
 Jim Kalperis
 John Carroll
 John Monz
 Kevin Black
 Kevin Maloney
 Livvy Kates
 Lou Tozzi
 Lucia Carroll
 Mark Thornhill
 Michael Budd
 Mike Meagher
 Mike Glennon
 Pat McGee
 Peter Comeau
 Rick Kates
 Steve McChesney
 Kristen Hoar
 Steve Infascelli
 Nicole O'Neil

Division III Relay Meet by John Carroll

The D-3 Relays were held on Saturday April 29th at Pembroke H.S. Pembroke Coach Courtney Infascelli and members of the Pembroke Girls team sold Blue and Yellow ribbons in honor of the bombing victims from the Boston Marathon.

The MSTCA pledged \$5,000 to the Boston One Fund. The MSTCA challenged each Relay site to try to collectively match the \$5,000. Div 3 raised over \$1500 .

Combined with the other relay sites (Walpole, Andover, Abington) combined to raise \$5000 for a combined \$10,000 to the Boston One Fund.

Thirty-six teams competed at Pembroke. The boy's competition was very close right up to the final track events. Hingham (58 pts.) edged host Pembroke (44)

And 3rd place went to a revived Randolph (41.25) team. This was Hingham's 2nd consecutive year winning the relays

Hingham three first place finishes but it was their depth in all events that allowed them to pull away easily.

The girl's completion was pretty much the same with Hingham made it a clean sweep for the Harbormen winning for the 2nd consecutive year. Hingham (80 pts) cruised to the win with Hopkinton (48) and Pembroke (46) finishing 2nd and 3rd respectively.

HIGHLIGHTS OF THE E-BOARD MEETING 4/22/2013

MSTCA E-Board Meeting Notes

Present: Frank Mooney, Jim Hoar, Charlie Butterfield, Ian Butterfield, John Carroll, Lucia Carroll, Peter Comeau, Dwight Estey, Mike Glennon, Kristen Hoar, Geoff Hennessey, Steve Infascelli, Bill Jennings, Rick Kates, Nicole O'Neil, Bill O'Connor, Charlie O'Rourke, Al Porter, Dale Snyder, Lou Tozzi, Henry Allen, Scott Ouellette

- 1.) Review of Minutes from the March Meeting:
 - Brief review of past meeting minutes with no discussion necessary
 - Frank makes a **motion** to accept Meeting Minutes from 1/21, 2nd, Unanimous
 - Frank makes a **motion** to accept Meeting Minutes from 3/16, 2nd, Unanimous
- 2.) Appointment of New Secretary:
 - Nominations: Mike Glennon, Nicole O'Neil, and Kristen Hoar
 - Secretary's Logbook: Must be maintained for 5 years with copies retained by 2 members in addition to the Secretary. (Frank, Mike Glennon, and the secretary)
- 3.) XC Clinic for Fall 2013:
 - Mike spoke/suggested getting bigger name clinicians and finding ways of increasing coach attendance.
- 4.) Clinic Review:
 - Frank gave his review and distributed the accounting information (handout #1)
 - Frank brought up that next year is the 40th Clinic to be given and asked for ideas to make it special to be sent to Mark Thornhill
- 5.) New Balance Meeting:
 - Frank has been in contact with New Balance to set up a meeting to discuss further involvement since the 3 yr contract is up. Also to be discussed is the future New Balance Track Facility and how this will affect the MSTCA and our schedule.
- 6.) XC meet at Gardner Municipal Golf Course:
 - Rick reported they are preparing a 5K State Meet course
 - Looking to run a meet there to prep for the State Meet
 - Scott suggested running a smaller scale Varsity only meet in the afternoon to accommodate the a.m. golfers
- 7.) MIAA District Elections:
 - 17 nominations have been received for E-Board, 15 for the XC Committee
 - Directory distributed for reference (Handout #2)
 - Nominations/Applications must be received by May 6th.
 - General Membership will vote (per district) for E-Board members
 - E-Board will decide the Committees (not structured based on demographics)
 - The June vote will determine the new E-Board
 - Frank sincerely reminded members to read through the new By-Laws
- 8.) Review of the By-Laws Final Package:
 - 2 amendments proposed to Sections 2.03 and 1.07 (Handout # 3) per suggestion of Dom Finelli
 - Discussion of purpose
 - Frank made **motion** to accept the amendment to 2.03 to require retired coaches on the E-Board to have a minimum of 15 years coaching experience in an MIAA High School, 2nd, Unanimous
 - Frank made **motion** to accept amendment 1.01, 2nd, Unanimous
 - Frank asked that a "Guest Membership" option be added to the membership application form on the website
 - Distribution of time frame/dates for elections (handout #4)
 - Discussion of By-Laws concerns; clarified by Rick

-Reminder to Meet Directors to address the nomination deadlines at the coaches meetings at the Relays this coming weekend.
- 9.) Freshman Sophomore Meet Committee:
 - Committee formed to look at and set up standards for the F/S meets: Lou Tozzi (chair), Peter Comeau, Geoff Hennessey, and John Carroll
 - Voted Unanimous

“Our members are protected with insurance provided by the National Federation of State High School Associations.”

- 10.) Indoor Relays Dates/Schedule
 - Distribution of 2013-2014 Indoor Schedule (handout #5) and the meet rotation schedule for up to 2016-2017 (handout #6)
 - Discussion of a Fri night meet versus a double meet
 - Rick made a **motion** to hold the D5 Indoor Relays on the Friday (Jan 10, 2014) and keep the rotation over the years synonymous with that of the MIAA, 2nd, Unanimous
- 11.) Shuttle Hurdles:
 - Rick suggested that the State Relays make the switch from 50yd SH to 55m SH to allow teams to qualify for the National meet.
 - Discussion ensued debating whether RLC has enough space on the infield to safely make the change
 - It was decided to do some exact measuring and to table the idea for June.
- 12.) Awards Night:
 - Lou Tozzi updated the board on the status of this year's Awards Night
 - Lou thanked Dwight Estey for all his hard work on the nominations and ballots in Lou's absence.
 - Award recipients have been notified and their names updated on the website
 - Non-recipients have also been notified and HOF nominees informed that their nomination would stand for next year.
 - Dom Finelli was presented a complimentary ticket for all his work with the By-Laws
 - Distinguished Service Award: nominees by the board were suggested
 - Rick made a **motion** to recognize Colin Peddie of Marathon Sports for all his effort and support as a sponsor, 2nd, Unanimous
- 13.) Adversity Awards:
 - Jim Hoar handed out the profiles of the Adversity Award nominees (handout #7) and reported that 9 individuals were nominated and asked permission to award all 9
 - Mike Glennon made a motion to award all 9 nominees with the Frank Kelley Adversity Award, 2nd, Unanimous
- 14.) Outdoor Relays:
 - Boston's One Fund donation for Marathon Bombing victims; Frank is asking all coaches to ask \$1/athlete to donate. He would like to match whatever is raised with a donation from MSTCA.
 - Frank made a **motion** to challenge athletes and coaches to raise \$5,000 which the MSTCA will match totaling a \$10,000 donation to the Boston One Fund, 2nd, Unanimous
 - Additionally, it has been cleared by the MTFOA for all athletes to wear a ribbon in memory/respect to the Marathon Bombing victims. Ribbons were made by the Pembroke girl's team.
 - Waiver/fees reminder; if a coach does not have it, his/her team does not compete
- 15.) Multi-Event Proposal:
 - Rick reported that the proposal for an MIAA State Level Multi-event meet has been tabled to the July MIAA meeting
 - The outlook is favorable and could be in place by 2015-2016 season
 - Any ideas/suggestions should be sent to Rick

Meeting adjourned 8:45 p.m. Next meeting June 12th Dinner Meeting at Not Your Average Joe's, Dedham
Respectfully submitted by Nicole O'Neil 4/23/2013

Contacts for Fall Cross-Country

Cross Country Clinic – Mike Glennon, Steve Infascelli

Frank Kelley Baystate Invitational @ Wrentham – Kristen Hoar

Bob McIntyre Twilight Cross Country Meet @ Barnstable Fair Grounds – Jim Hoar

MSTCA Coaches Invitational @ Wrentham – Rick Kates

MIAA Divisional Meets – Mike Meagher (Emass), Peter McCauliff (CMass) Tom Stewart (WMass)

MSTCA Relays thank you to all the teams that participated in our annual relay meet. We had some really close meets with the final winners determined by the last event.

Congratulations to the following teams that won their respective divisional meets.

Division 1 **Lowell Boys Newton North Girls**

Division 2 **North Andover Boys Central Catholic Girls**

Division 3 **Hingham Boys Hingham Girls**

Division 4 **Weston Boys Weston Girls**

MSTCA**Boston One Fund Fund Raiser**.....with some funds still being counted at this time we wanted to thank all the coaches, athletes, spectators who donated to this important fund. The EBoard voted to donate \$5,000 from our t-shirt account and challenged all the four sites to try to match it. With close to accurate figures we raised just over \$5,000 at the four sites. That will mean we will be sending a contribution of \$10,000 from all of you to this fund this week. We thank you!!!

Money raised:

Division 1 \$1600

Division 2 \$785

Division 3 \$1500

Division 4 \$1114

Total \$4999 with two sites count not totally official yet.....Awesome

“Last year the MSTCA gave away over \$18,000 in scholarships and camperships funded from our T-shirt sales

2013 FALL SCHEDULE

The Newsletter of the Mass. State Track Coaches Association

60 Cynthia Rd.
Seekonk MA 02774

E-MAIL:
Henndog89@
netscape.net

We're on the Web!

See us at:
www.mstca.org

Sat., Sept. 7 7th Annual Vineyard XC Invitational (Joe Schroeder)

Sun., Sept. 8 Cross Country Clinic @ Reggie Lewis Center

Sat., Sept. 28 Frank Kelley Invitational @ Wrentham

Sat., Oct. 19 Bob McIntyre Twilight Invitational @ Barnstable

Sat., Nov. 2 Mass. Middle School State Champs (USAFT-NE)

Sat., Nov. 2 MSTCA Coaches Invitational @ Wrentham

Sat., Nov. 9 MIAA Divisionals

Sat., Nov. 16 MIAA All-State @ Gardner Golf Course

**PLEASE CHECK THE WEBSITE FOR SCHEDULES, CONTACTS,
BREAKING NEWS AND CAMPERSHIP/SCHOLARSHIP WINNERS
THANKS Frank & Geoff**



60 Cynthia Rd.
Seekonk MA 02774

