

# M.S.T.C.A. Heptathlon

**DATE:** Monday, June 4<sup>th</sup>, and Tuesday, June 5<sup>th</sup>, 2007  
**SITES:** Reading HS (North) - Notre Dame HS (South)  
**TIME:** 3:30 p.m. each day

**Open to all Massachusetts high school girls. Limited to six (6) per school.**

**ENTRY FEE:** \$15 per athlete. Make checks payable to: Mass State Track Coaches Association. Check must accompany entry!  
No exceptions! We need all checks by meet date!

**AWARDS:** Awards will be presented to the top 15 individuals - (t-shirts)  
Top 5 individuals - (plaque)  
Top 3-woman team - (plaque and t-shirt)  
Runner-up team - (shirts)  
Top individuals in each event not in Top 2 teams will get t-shirt

**SCORING:** National Federation Rules and I.A.A.F. scoring tab

**Mail entries to:**

**North:** Ken Feit  
23 Piper Rd  
Acton, MA 01720  
978-263-2747 (H)  
781-944-8200 (W)

**South:** Rick Kates  
P.O. Box 41  
Pembroke, MA 02359  
781-293-3034 (H)

**Deadline:** June 1, 2007

<b><u>Events:</u></b>	<b><u>Monday</u></b> 100 Meter Hurdles Shot Put High Jump * 200 Meter Dash	<b><u>Tuesday</u></b> Long Jump * Javelin 800 Meter Run
-----------------------	--	--

\* If numbers are high B teams will do the long jump on the first day and high jump on the second day.

\*\*\*\*\*

School Name \_\_\_\_\_ School Phone \_\_\_\_\_

Coach's Name \_\_\_\_\_ Home Phone \_\_\_\_\_

A.D. Signature \_\_\_\_\_

\*\*\*\*\*

List of competitors please circle if they are on the A or B teams

1. \_\_\_\_\_ A B must declare before meet!!!!
2. \_\_\_\_\_ A B
3. \_\_\_\_\_ A B
4. \_\_\_\_\_ A B
5. \_\_\_\_\_ A B
6. \_\_\_\_\_ A B

**Tax ID Number:** 04-3394224 - To reduce the total length of the competition, the entrants will be divided into groups and each group will contest the events in a different order. The group assignments will be distributed upon arrival at the competition site.