

21ST ANNUAL NEW BALANCE-MARATHON SPORTS RT.228 TRACK & FIELD INVITATIONAL

Friday, April 24 & Saturday, April 25, 2015

Notre Dame Academy

1073 Main Street

Hingham, MA 02043

Sanctioned by MIAA

Athlete Limitations Friday- Any 3 events

Saturday- 2 Running, 1 Field or 2 Field , 1 Running Events

Awards: Top 6

Entry Fees: \$12 per event/\$20 per relay or \$225 maximum per single sex team i.e

1 Boys/1 Girls team=\$450 make Checks payable to: Notre Dame Academy

All entries/fees must be received by Monday, April 20, 2015

All entry fees must be received or teams will not be allowed to compete.

NDA will not accept purchase orders. NDA Tax ID 04-2143551

Friday is open to all grades -for all levels -for all athletes

Friday, April 24 -1pm –Check in noon

1pm Shuttle Hurdle Relay-Boys, then Girls

1:30pm Sprint Medley Relay Boys, then Girls 200-200-400-800

2:15 pm Swedish Relay 100-200-300-400 Girls, then Boys

2:45 pm Distance Medley Relay 1200-400-800-1600 Girls, then Boys

Saturday, April 25 Order of Events –All Events are Freshman-Sophomore Events

Field Events 9:30am Start

**BOYS LONG JUMP, THEN GIRLS TO FOLLOW-7 TO FINALS -2 MAX PER SCHOOL
GIRLS TRIPLE JUMP, THEN BOYS TO FOLLOW-7 TO FINALS- 2 MAX PER SCHOOL
BOYS DISCUS, THEN GIRLS TO FOLLOW-7 TO FINALS
GIRLS “ ERIN DARLING MEMORIAL” SHOT PUT, BOYS TO FOLLOW- 7 TO FINALS
BOYS HIGH JUMP [5’3”]THEN GIRLS TO FOLLOW[4’5”]
GIRLS JAVELIN, THEN BOYS TO FOLLOW-7 TO FINALS
POLE VAULT –GIRLS & BOYS TOGETHER OPENING HEIGHT 6’00”**

Running Events 9:30am Start

400 M Hurdles, Girls- Boys

“Laura Guidoboni Memorial” 2 mile G-B

100 Meter Trials G-B

100 M Hurdles Trials/110 m Hurdles Trial G-B

“Colleen Clancy Memorial” 1 mile G-B

400 meters G-B

800 Meters G-B

200 Meters G-B Finals

110 M Hurdles-Finals

100 M Hurdles-Finals

100 M Finals G-B

4 x 100 M Relay G-B

4 x 400 M Relay G-B