

## MSTCA OUTDOOR TRACK AND FIELD FORMAT

### Mobility and Visually Impaired Events

#### 100 meter run and Shot Put

Other events can be looked into upon request to the MSTCA **Meet Director** a **week** before the **deadline** to enter. Please contact the **Meet Director** to provide information on the athletes disability as well as time and or distance for event or events you are looking to enter.

Student athletes who have disabilities who also meet all MIAA requirements for participation on their school track and field teams, may participate in MIAA and MSTCA adaptive events in three disciplines: wheelchair racing, para-ambulatory racing, and guided racing provided that the students athletes match the below description for the relevant discipline.

1. Student athletes competing in **wheelchair races** must have a permanent lower-body orthopedic or neuromuscular disability.
2. Student athletes competing in **para-ambulatory** events must have a permanent orthopedic, neuromuscular or other physical disability that substantively affects ambulation. Athletes who have **Cerebral Palsy, Dwarfism, lower limb amputations, upper limb amputations above the elbow, paralysis of one or both arms**, and similar impairments may compete in these events.
3. Student athletes competing in guided events must be **legally blind** with best-corrected vision in the better eye of 20/600 or less or a field of vision of less than 5%. Student-athletes who are legally blind with vision between 20/600 and 20/200 or with a field of vision between 5% and 20% will compete in open competition and may require logistical accommodations.

Each school is responsible for validation of the disability of student-athletes entered in adaptive events.