

22ND ANNUAL MARATHON SPORTS RT.228 TRACK & FIELD INVITATIONAL

Saturday, April 23, 2016

@Newton South HS

NDA is under construction-NDA is grateful for Newton South & Coach Steve McChensey willingness to keep the meet going while NDA rebuilds its track & field facility.

Sanctioned by MIAA

Athlete Limitations

2 Running, 1 Field or 2 Field , 1 Running Events

Awards: Top 6

Entry Fees: \$12 per event/\$20 per relay or \$225 maximum per single sex team i.e

1 Boys/1 Girls team=\$450 make Checks payable to: Notre Dame Academy

All entries/fees must be received by Tuesday , April 19, 2016

Mail to: NDA attn.: Athletics 1073 Main St Hingham, MA 02043

All entry fees must be received or teams will not be allowed to compete.

NDA will not accept purchase orders. NDA Tax ID 04-2143551

Saturday, April 23 Order of Events –All Events are Freshman-Sophomore Events

Field Events 10:00am start

**BOYS LONG JUMP, THEN GIRLS TO FOLLOW-7 TO FINALS -2 MAX PER SCHOOL
GIRLS TRIPLE JUMP, THEN BOYS TO FOLLOW-7 TO FINALS- 2 MAX PER SCHOOL
BOYS DISCUS, THEN GIRLS TO FOLLOW-7 TO FINALS
GIRLS “ ERIN DARLING MEMORIAL” SHOT PUT, BOYS TO FOLLOW- 7 TO FINALS
BOYS HIGH JUMP [5’3”]THEN GIRLS TO FOLLOW[4’5”]
GIRLS JAVELIN, THEN BOYS TO FOLLOW-7 TO FINALS
POLE VAULT –GIRLS & BOYS TOGETHER OPENING HEIGHT 6’00”**

Running Events 10:30 am Start

400 M Hurdles, Girls- Boys

“Laura Guidoboni Memorial” 2 mile G-B

100 Meter Trials G-B

100 M Hurdles Trials/110 m Hurdles Trial G-B

“Colleen Clancy Memorial” 1 mile G-B

400 meters G-B

800 Meters G-B

200 Meters G-B Finals

110 M Hurdles-Finals

100 M Hurdles-Finals

100 M Finals G-B

4 x 100 M Relay G-B

4 x 400 M Relay G-B