

13th Annual Last Chance to Qualify Invitational 5/20/17

Sponsored by Marathon Sports/Saucony

At Notre Dame Academy-Hingham

Sponsored By: Notre Dame Academy Sanctioned by MIAA-Mass Schools Only

Athlete Limitations: Any 3 events, schools may enter multiple relays-No limit

Awards: Top 6

Entry Fees: \$15 per event/\$25 per relay or \$175 max per single sex team, i.e. 1 boys team/1 girls team:
Total max \$350 Checks payable & mail to: Notre Dame Academy 1073 Main St Hingham, MA 02043

Field Events: 9:30 am Start

Girls Long Jump, then Boys-7 to Finals

Boys Triple Jump, then Girls Long Jump-7 to Finals

Girls Discus, then Boys -7 to Finals

Boys Shot Put, then Girls-7 to Finals

Boys Javelin, then Girls – 7 to Finals

Pole Vault 6'06" Girls, then Boys 9'06"

Running Events: Fastest to Slowest Boys, then Girls

10:00am 2 Mile

400 M Hurdles

200 Meter Trials- 8 fastest to Finals

One Mile

100/110 Hurdles Trials-8 Fastest to Finals

100 M Trials-8Fastest to Finals

400 M

200 M-Finals

800 M

110 M Hurdles-Finals

100 M Hurdles-Finals

100 M –Finals

4 x 800 M Relay

4 x 100 M Relay

4 x 400 M Relay

Questions: Contact Meet Director: Rick Kates at: rkates@ndahingham.com