



MSTCA Boys State Decathlon
Monday, June 5 & Tuesday, June 6, 2017
@3:30pm

North: Burlington HS

North Director: Matt Carr
Email: carr@bpsk12.org
Cell: 781-439-8222

South: Bishop Feehan HS

South Director: Bob L'Homme
Email: rlhomme@bishopfeehan.com
Cell: 508-826-8365

Information:

1. Schools are allowed a maximum of 6 student-athletes
 - o A & B Teams must be declared prior to the start of Day 1 Competition.
 - o Failure to do so will result in NO TEAM SCORING
2. Dividing Line is the Mass Pike for North and South Teams
3. **Entries are due by June 3 via directathletics**
4. Payment Information
 - o Make Checks out to: MSTCA
 - o Cost: \$25 per student-athlete or \$70 for Team of Three
 - o Payment must be received by June 5, 2017 (day one of the competition)
 - o Mail all checks to Elaine Mooney, 60 Cynthia Road, Seekonk, MA 02771
 - o NO PURCHASE ORDERS WILL BE ACCEPTED FOR THIS MEET
 - o If you enter of Directathletics, you are responsible for the entry fees, regardless if you compete or not.
5. Each site will have an athletic trainer on site, please bring your own supplies for taping.
6. All measurements will be measured as metric.
7. Order of Events

Day 1

100 Meters
Long Jump
Shot Put or Discus
High Jump
400 Meters

Day 2

100 Meter Hurdles
Triple Jump
Javelin
Shot Put or Discus
1500 Meters

AWARDS

Top 3 Teams = Plaques
Top 5 Individuals = Plaques
Top 20 = T-Shirts

MSTCA SINGLE WAIVER FORM – SPRING 2017

Please take the time to have this waiver form signed, attach your roster, and mail it in. Once you do that, your waiver responsibilities for the spring are completed! **Failure to submit by the deadline will result in a warning. A second offense will result in a \$50.00 late fee.**

I attest that all the athletes that will be participating from our school in the MSTCA spring meets are student athletes, in good standing, in our high school and are bona fide members of our team. Our school district recognizes that there are certain risks associated with participating in this sport and waives releases and holds harmless the MSTCA organization, its officers, sponsors and representatives, as well as the host community, from any injury that may be incurred by an athlete in the normal course of participation in these MSTCA events. *My school also agrees to have a PO or payment in the hands of MSTCA before any meet they compete in.*

THIS IS NOT AN ENTRY FORM

Information for entering the following MSTCA-sponsored meets is found elsewhere on our web site.

- _____ MSTCA Individual Pentathlon
- _____ MSTCA Freshman/Sophomore Meet
- _____ MSTCA Coaches Boys and/or Girls Invitational
- _____ MSTCA State Relays
- _____ MSTCA Decathlon/Heptathlon

Principal/Athletic Director's Signature

Coach's Name (Please print legibly)

School Name

Coach's e-mail (Please print legibly)

School's Phone Number

Boys' Team ___ Girls' Team ___ Both ___

AD's e-mail _____

***Please attach your teams' rosters and mail to: ***

Jim Hoar

31 Campion Road

Yarmouth Port, MA 02675

MUST BE RECEIVED BY APRIL 15, 2017



SCHOOL: _____

Massachusetts State Track Coaches Association (MSTCA)

Massachusetts Interscholastic Athletic Association (MIAA)

OUTDOOR Track Coaches Emergency Contact Form

Girls Head Coach: _____ Cell # _____

Boys Head Coach: _____ Cell # _____

Assistant Coach: _____ Cell # _____

Assistant Coach: _____ Cell # _____

Assistant Coach: _____ Cell # _____

Each school is responsible to have a rally point for their team in case of any emergency exit, including weather. Please make sure all of your student-athletes are aware of your plan.

This form will be given to the Athletic Trainer in case of an injury to one of your student-athletes and they will contact the coach.

In case of a medical situation that requires 911 to be accessed, the Meet may be put on hold until the situation subsides by local public safety.

In case of inclement weather-all teams will evacuate under the direction of the Meet Director and or Police to the closest facility or bus.

Prior to the start of the Meet, each coaching staff must be represented at the coaches meeting - the Meet Director will review the site's emergency evacuation procedures.