



4th Annual Warrior Invitational

Thursday April 18th, 2019

(rain date April 19th)

Hosted and Sponsored by: Foxboro High School
Sanctioned by MIAA for Massachusetts Member Schools

Location: Ahern Middle School

111 Mechanic Street

Foxboro, MA

Starting Time: 9:30AM – Pentathlon

11:00AM – Track Events (Boys first)

(100/110H, 100, 200, 400H, 400, 800, Mile, 2Mile,
4x100, 4x400, 4x800)

11:00AM – Javelin (G-B) / Discus (B-G) / Shot* (B-G)

*after Pent. SP

Pentathlon Limitations:

Three Athletes per gender, per school.

Pentathlon will be limited to the first 18 Athletes. A waitlist will be established, and we may choose to accept a maximum of 24.

Athlete Limitations:

Individual limit: 2-1 (2 track / 1 field, or 1 track / 2 field)

Pentathletes: limited to the Pentathlon only

There is no team limit in the Individual Events.

Each Relay is limited to two teams per gender per school.

Awards:

Pentathlon: Top 3

Track: Top 6 per event

(No team scores)

Entry Deadline:

Monday April 15th, 2018 (11:59PM) on Direct Athletics



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Entry Fee:

\$30 per Pentathlete

\$6.00 per Athlete per event

\$10 per relay

Max of \$200 per gender per school

Make Checks Payable and Mailed to:

Foxboro High School

c/o Rich Cormier, Athletic Director

120 South Street

Foxboro, MA 02035

Meet Questions can be directed to:

Joe Cusack: CusackJ@foxborough.k12.ma.us

Myles Eldridge: EldridgeM@foxborough.k12.ma.us

All Athletes must be accompanied by a coach.

There will be an athletic trainer on-site, please bring your own supplies for taping.

No team will be allowed to compete unless a check has been received by the start of the meet (unless other arrangements have been made).

Once you enter, you are responsible for the entry fees, regardless if the Athlete competes or not.



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Starting Times:

Pentathlon

9:30AM

100m Hurdles (Girls)

110m Hurdles (Boys)

Long Jump* (Girls)

High Jump* (Boys)

Shot Put* (Girls)

Long Jump* (Boys)

High Jump* (Girls)

Shot Put* (Boys)

800m (Girls)

1500m (Boys)

- *Measurements will be metric for jumping and throwing events

- ~30 minute break will be taken between events



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Starting Times:

Track Events

- Boys followed by Girls
- Seeded heats will be run last
- Pentathlon 800m and/or 1500m will interrupt running events as needed.

11:00AM

400m Hurdles – Finals
One-Mile Run – Finals
110Hurdles / 100Hurdles – Finals
100m - Finals
800m Run – Finals
400m Dash – Finals
200m Dash - Finals
Two-Mile Run – Finals
4x100m Relay - Finals
4x800m Relay – Finals
4x400m Relay - Finals

11:00AM

Javelin (Girls/Boys) – Discus (Boys/Girls) - **Shot Put
(Boys/Girls)

- Top 7 advance to a Final (3 throws)

**Long Jump (Boys/Girls) – **Triple Jump (Girls/Boys) –
**High Jump (Girls/Boys)

- Top 7 (LJ, TJ) advance to a Final (3 jumps)

- All legal throws will be measured, no minimum distance.

**Shot put, long jump, triple jump, and high jump will be held after those Pentathlon events are over.



Warrior Invitational Meet Records (Boys)

Warrior Invitational Meet Records				
Boys				
100m	Darius Leclair	Brockton HS	11.74	2018
200m	David Bell	Stoughton HS	24.20	2018
400m	James Condon	Marshfield HS	52.87	2018
	Muhammed Sambo	Canton HS	52.6(h)	2017
800m	Mike Maglio	Marshfield HS	2:04.62	2018
Mile	Joseph Joyce	Marshfield HS	4:44.48	2018
2Mile	John Churchill	Medfield HS	10:23.50	2018
110m / 100m Hurdles	David Peters	Stoughton HS	16.48	2018
400m Hurdles	Noah Garfield	Medfield HS	1:03.88	2018
4x100 Relay		Canton HS	46.60	2018
4x400 Relay		Marshfield HS	3:39.29	2018
4x800 Relay		Marshfield HS	8:55.82	2018
Long Jump	John McNeil	Medfield HS	20' 6.5"	2018
Triple Jump	Noah Garfield	Medfield HS	39' 6.75"	2018
High Jump	Cordel Smith	Canton HS	6' 1.5"	2018
Shot Put	Jason Joseph	Stoughton HS	42' 7"	2018
Discus	Jamie James	Lynn Technical HS	111' 6"	2018
Javelin	Harry Smith	Old Rochester Regional	158' 0"	2017
Pentathlon	Danny Renwick	Old Rochester Regional	3586	2017
Pent. - 110H / 100H	Danny Renwick	Old Rochester Regional	14.6h	2017
Pent. - High Jump	Danny Renwick	Old Rochester Regional	2.02m (6' 7.5")	2017
Pent. - Long Jump	Danny Renwick	Old Rochester Regional	6.41m (21' 0.5")	2017
Pent. - Shot Put	Danny Renwick	Old Rochester Regional	11.64m (38' 2.25")	2017
Pent. - 1500m / 800m	Danny Renwick	Old Rochester Regional	4:47.6h	2017



Warrior Invitational Meet Records (Girls)

Warrior Invitational Meet Records				
Girls				
100m	Martine Simon	Chelsea HS	13.19	2018
200m	Jahphiah Gilliard	West Roxbury HS	26.66	2018
400m	Jahphiah Gilliard	West Roxbury HS	59.07	2018
800m	Caroline Johannes	Hingham HS	2:25.38	2018
Mile	Isabelle Giordano	Hopkinton HS	5:27.9h	2017
2Mile	Chloe Pennachio	Canton HS	13:26.14	2018
110m / 100m Hurdles	Zoe Smith	Old Rochester Regional	16.33	2016
400m Hurdles	Mackenzie Condon	Martha's Vineyard	1:09.63	2018
4x100 Relay		Canton HS	53.51	2016
4x400 Relay		Hopkinton HS	4:10.6h	2017
4x800 Relay		Hopkinton HS	10:34.2h	2017
Long Jump	Mackenzie Condon	Martha's Vineyard	16' 3"	2018
Triple Jump	Claire Belisle	Canton HS	28' 8.5"	2018
High Jump	Stephanie Simon	Chelsea HS	5' 0"	2018
Shot Put	Jenna Piatelli	Coyle & Cassidy	37' 5"	2018
Discus	Jenna Piatelli	Coyle & Cassidy	89' 3"	2018
Javelin	Madisen Martin	Old Rochester Regional	108' 0"	2017
Pentathlon	Jada Johnson	Sharon HS	2994	2018
Pent. - 110H / 100H	Jada Johnson	Old Rochester Regional	15.84	2018
Pent. - High Jump	Jada Johnson	Sharon HS	1.62m (5' 4")	2018
Pent. - Long Jump	Jada Johnson	Sharon HS	4.98m (16' 4")	2018
Pent. - Shot Put	Jada Johnson	Sharon HS	8.53m (28' 0")	2018
Pent. - 1500m / 800m	Rebecca Lally	Stoughton HS	2:44.32	2018