

M.S.T.C.A. Top 50

Event	Perf	Name	School	when	where
	100 - 11.5	Best: 10.36 Mike Morris, Ayer HS, Loucks, NY 1981			
B 100	:10.9	Vinnie Lee - 12	Walpole	31-Mar	at Framingham
B 100	:10.9	Mark Vetere - 10	Andover	7-Apr	at Andover
B 100	:11.1	Shane Faria - 12	Burlington	16-Apr	at Burlington
B 100	:11.1	Quinn Ryder - 11	Oliver Ames-N.Estn	26-Mar	at No. Easton
B 100	:11.1	Dracar Payton -	Fitchburg	x	x
B 100	:11.3	Devon Leichtman - 12	Lexington	7-Apr	at Lexington
B 100	:11.3	Dalton James -	Billerica Memorial	5-Jan	at Dracut
B 100	:11.3	John Dibitetto -	Central Cath. - Lawrence	8-Apr	at Haverhill
B 100	:11.3	Brian Desmond - 12	Norton	7-Apr	at Medfield
B 100	:11.3	Christopher Perry - 12	Dighton-Rehoboth	7-Apr	at Seekonk
B 100	:11.3	David Bean - 12	Weymouth	31-Mar	at Wellesley
B 100	:11.3 n	Alex Lee - 10	Walpole	7-Apr	at Walpole
B 100	:11.39	Phito Gondre - 10	New Bedford	5-Jan	at NDA, Hingham
B 100	:11.4	Andrew Revanales - 11	Sharon	2-Apr	at Sharon
B 100	:11.4	Tommy Brandt - 12	Natick	31-Mar	at Natick
B 100	:11.5 n	x Perina - x	Reading	16-Apr	at Burlington
B 100	:11.65 n	Enrique Brown - 10	BMC Durfee - Fall River	18-Apr	at NDA, Hingham

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200 - 23.2 :20.89n Jeff Smith, Silver Lake Reg., H.S. Natls., Raleigh, NC 2006

B 200	:22.4	Kamal Riley - 11	Charlestown	13-Apr	at White Stadium
B 200	:22.5	Sam Grad - 12	Westford Academy	15-Apr	at Newton
B 200	:22.5	Quinn Ryder - 11	Oliver Ames-N.Estn	26-Mar	at No. Easton
B 200	:22.6	Christopher McConnell - 11	Andover	15-Apr	Andover
B 200	:22.6	Darius Smith - 12	Silver Lake Reg.	7-Apr	at Hingham
B 200	:22.9	Paul Bonitto - 12	Bridgewater-Raynham	10-Apr	at Taunton
B 200	:22.9	Shane Faria - 12	Burlington	2-Apr	at Burlington
B 200	:23.0	Jermaine Smith -	Billerica Memorial	8-Apr	at Dracut
B 200	:23.1	Alex Lee - 10	Walpole	7-Apr	at Walpole
B 200	:23.1	David Bean - 12	Weymouth	31-Mar	at Wellesley
B 200	:23.2	John Dibetto -	Central Cath. - Lawrence	1-Apr	at Methuen
B 200	:23.2 n	Dana Lingberg -12	Hingham	7-Apr	at Hingham
B 200	:22.6	Cameron Ponte - 11	Gr. N.B. Voke Tech	16-Apr	at Seekonk

M.S.T.C.A. Top 50

400 - 52.5 Best: 46.98n Rodney King, Medford HS, 1984

B 400	:50.8	Richard Sanon - 12	Lexington	2-Apr	at Lexington
B 400	:51.0	Kyle Kilduff - 11	Mansfield	16-Apr	at Mansfield
B 400	:51.0	A. Smith - ?	North Attleboro	14-Apr	at North Attleboro
B 400	:51.2	Rob Martin - 12	Andover	15-Apr	at Lowell
B 400	:51.4	Shane Faria - x	Burlington	9-Apr	at Burlington
B 400	:51.8	Nick DelGuidice 12	Leominster	x	x
B 400	:51.9	Emerson Almeida - 12	Norton	7-Apr	at Medfield
B 400	:51.9	Jeff Pineda - 12	Shrewsbury	x	at Shrewsbury
B 400	:52.2	Michael Bates - 12	Canton	2-Apr	at Franklin
B 400	:52.5	Tyler Lewis - 12	Foxborough	2-Apr	at Stoughton
B 400	:52.5	Chris Szrom - 12	Mansfield	26-Mar	at Mansfield
B 400	:52.5	Yaovi Jondoh - 12	Charlestown	13-Apr	at White Stadium

Updates and corrections
to: trackjc@hotmail.com

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800 - 2:02.0 Best: 1:49.5 (yards) Billy Martin, Cath. Memorial, 1974

B 800	.1:59.04	Tyler Moules - 11	Billerica Memorial	18-Apr	Haverhill Inv.
B 800	.1:59.0	Nick Wade -12	North Attleboro	2-Apr	at No. Attleboro
B 800	.2:00.7	Andrew Sukeforth - 11	Middleboro	15-Apr	at Middleboro
B 800	.2:01.0	Anthony Frissora - 12	Shrewsbury	x	at Shrewsbury
B 800	.2:01.9	John Scanlon - 12	Dighton-Rehoboth	7-Apr	at Seekonk
B 800	.2:01.9	Steve KcKenna - 12	Lexington	2-Apr	at Lexington
B 800	.2:01.0	Ryan Hardiman - 12	Brookline	14-Apr	at Brookline

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Mile - 4:36. Best: .4:02.07n Andy Powell, Oliver Ames HS, 1999

B Mile	.4:27.3	Patrick Grimes - 12	Mansfield	16-Apr	at Mansfield
B Mile	.4:30.5	Patrick McGowan - 11	Mansfield	16-Apr	at Mansfield
B Mile	.4:33.0	Anthony Salvucci -	Burlington	16-Apr	at Burlington
B Mile	.4:35.2	Will Ossoff - 10	Andover	15-Apr	at Lowell
B Mile	.4:35.4	John Murray -	Shrewsbury	x	at Shrewsbury
B Mile	.4:35.4 n	x Condon	Reading	16-Apr	at Burlington
B Mile	.4:36.0	Steve Sollowin - 12	Wellesley	31-Mar	at Needham

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2 Mile-10:05 Best: .8:50.82 Christ Barnicle, Newton North HS, Hartford Inv., CT 2004

B 2mile	.9:53.1	Dan Halimton - 12	Newton North	16-Apr	at Newton
B 2mile	.9:53.06	Tyler Sullivan - 10	Whitman-Hanson	18-Apr	at NDA, Hingham
B 2mile	.9:58.6	Steve Sollowin - 12	Wellesley	7-Apr	at Needham
B 2mile	.10:01.6	Anthony Salvucci	Burlington	2-Apr	at Burlington
B 2mile	.10:01.1	Michael Goldenberg - 11	Newton North	14-Apr	at Weymouth

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110H-16.0 Best: 13.8h Jeff Baker, Methuen HS, 1985

B 110H	:14.8	Yang Cho - 12	Newton South	14-Apr	at Westford
B 110H	:15.0	Tommy Brandt - 12	Natick	16-Apr	at Natick
B 110H	:15.1	x Wilson-Braun - x	Watertown	9-Apr	at Burlington
B 110H	:15.3	Chris Chu - 11	Andover	15-Apr	at Lowell
B 110H	:15.3	Sonny Hang -	Leominster	x	x
B 110H	:15.4	Davis VanOpdorp - 12	Winchester	2-Apr	at Burlington
B 110H	:15.5	Rodney Julien - 12	Stoughton	26-Mar	at Stoughton
B 110H	:15.6	Patrick Conklin - 12	Wellesley	7-Apr	at Wellesley
B 110h	:15.6 n	Andrew Pallotta - 11	Andover	15-Apr	at Lowell
B 110H	:15.7	Greg Boursiquot - 10	Stoughton	26-Mar	at Stoughton
B 110H	:15.7	Andrew Bailey - 12	Mansfield	7-Apr	at Mansfield
B 110H	:15.8	Chris Cameron - 12	Walpole	31-Mar	at Framingham
B 110H	:15.9	Malcolm Gurney - 12	Weymouth	31-Mar	at Wellesley
B 110H	:16.0	Matt Horan -	Billerica Memorial	8-Apr	at Dracut
B 110H	:16.0	Jason Bronw - 12	Bishop Feehan - Attl	7-Apr	at Weston

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400H-62.0 Best: 53.80 Dan Clark, Tewksbury HS, 1995

B 400H	:57.6	Peter Finigan - 12	Reading	16-Apr	at Burlington
B 400H	:58.0	Chris Cameron - 12	Walpole	16-Apr	at Walpole
B 400H	:58.2	Christian Bates - 11	Canton	14-Apr	at Foxborough
B 400H	:58.3	Chris Fowler - 12	Westford Academy	15-Apr	at Newton
B 400H	:58.4	Davis VanOpdorp - 12	Winchester	2-Apr	at Burlington
B 400H	:58.6	Greg Bourisquot - 11	Stoughton	26-Mar	at Stoughton
B 400H	:58.6	Ryan Doherty -	North Attleboro	14-Apr	at North Attleboro
B 400H	:58.6	Malcoln Gurney - 12	Weymouth	7-Apr	at Needham
B 400H	:58.7 n	x Tuttle - x	Reading	16-Apr	at Burlington
B 400H	:58.8	Corey Casarella - 12	Bishop Feehan-Attl	14-Apr	at Attleboro
B 400H	:59.1	Greg Medeiros - 12	Falmouth	15-Apr	at Falmouth
B 400H	:59.13	Lester Cabao-an - 19	Foxborough	18-Apr	at NDA, Hingham
B 400H	:59.49 n	Terrence Gibson - 10	Rockland	18-Apr	at NDA, Hingham
B 400H	:59.7	Mike Mailloux - 11	Northampton	8-Apr	at Northampton
B 400H	:59.9	Cameron Mitchell -	Wakefield	7-Apr	at Stoneham
B 400H	:60.1	Ryan Petrella - 10	Mansfield	7-Apr	at Mansfield
B 400H	:60.3 n	Greg Seifer - 12	Newton South	14-Apr	at Westford
B 400H	:60.4	Pat Egan - 12	Whitman-Hanson	7-Apr	at Whitman
B 400H	:60.5	Mike Sullivan -	Central Cath. - Lawrence	1-Apr	at Mewthuen
B 400H	:60.6	D. Myers - 11	Foxborough	26-Mar	at Foxborough
B 400H	:60.78 n	Nick Staley - 10	B.C. High - Dorc.	18-Apr	at NDA, Hingham
B 400H	:60.9	Vlad Francois - 11	North Attleboro	2-Apr	at No. Attleboro
B 400H	:60.9	Matt Hunter - 10	Lexington	2-Apr	at Lexington
B 400H	:61.0	Michael Krempin - 10	Oliver Ames-N.Estn	26-Mar	at No. Easton
B 400H	:61.0	Andre Medeiros -	Gr. N.B. Voke Tech	16-Apr	at Seekonk
B 400H	:61.26 n	Owen Gearty - 10	Norwood	18-Apr	at NDA, Hingham
B 400H	:61.26 n	Mike Romero - 10	Pembroke	18-Apr	at NDA, Hingham
B 400H	:61.5	Connor Thompson - 11	Hingham	8-Apr	at Kingston
B 400H	:61.7	Nial Luu - 12	Millbury	14-Apr	at Millbury
B 400H	:61.8	Kerrick Steverns - 12	Andover	15-May	at Lowell

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B 400H	:61.8	x. Moan - x	Watertown	9-Apr	at Burlington
B 400H	:61.9 n	Vince Henry - 11	Middleboro	8-Apr	at
B 400H	:62.0	Matt Horan -	Billerica Memorial	1-Apr	at Chelmsford

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4x100-45.5 Best: 41.3 (yards) Ayer HS [Connor, x, J.Morris,M.Morris], Loucks, NY 1981

B 4x100	:44.5	Central Catholic - Lawrtence	8-Apr	at Haverhill
B 4x100	:44.6	Mansfield	16-Apr	at Mansfield
B 4x100	:44.9	Andover	15-Apr	at Lowell
B 4x100	:45.0	Reading	16-Apr	at Burlington
B 4x100	:45.1	Middleborough	14-Apr	at Middleborough
B 4x100	:45.5	Walpole	31-Mar	at Marshfield
B 4x100	:45.5	Silver Lake Regional	7-Apr	at Kingston
B 4x100	:45.86	New Bedford F/S	18-Apr	at NDA, Hingham

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4x400 3:35.0 Best: 3:18.55 Brockton HS [MacKinnon, Neves, Cooney, Sullivan] 1979

B 4x4	.3:31.8	Mansfield	14-Apr	at Mansfield
B 4x4	.3:34.4	Lexington	2-Apr	at Lexington
B 4x4	.3:35.4	Pembroke	14-Apr	at Pembroke
B 4x4	.3:36.3	Gr. N.B. Voke Tech	16-Apr	at Seekonk

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4x800 9:00.0 Best: 7:44.54 Brockton HS [Gomes, Montrand, Morales, Gill] State, 2007

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H.J. - 6'00" Best" 7' 02.25" Greg Gonsalves, Falmouth HS, Loucks, NY 1980

B HJ	6' 07"	Noel James - 12	Whitman-Hanson	7-Apr	at Whitman
B HJ	6' 06.25"	Corey Fairfield - 11	Dover-Sherborn	14-Apr	at Dover-Sherborn
B HJ	6' 05"	Michael Bates - 12	Canton	26-Mar	at Franklin
B HJ	6' 05"	Matt Guarente - 12	Saugus	1-Apr	at Saugus
B HJ	6' 04"	Cory Mitchell - 11	Gr. N.B. Voke Teck	18-Apr	at SCC Relays
B HJ	6' 02"	Brandon Higgins -11	Bourne	8-Apr	at Bourne
B HJ	6' 02"	Patrick Conklin - 12	Wellesley	7-Apr	at Wellesley
B HJ	6' 02"	Mike Blair - 12	Wellesley	31-Mar	at Wellesley
B HJ	6' 02"	Paul Davis - 12	Mansfield	14-Apr	at Mansfield
B HJ	6' 02"	Jason Guarante - 12	Saugus	1-Apr	at Saugus
B HJ	6' 02"	Nick Staley - 10	B.C. High, Dorc.	18-Apr	at NDA, Hingham
B HJ	6' 00"	Bobby Fitzgibbon - 12	Walpole	7-Apr	at Walpole
B HJ	6' 00"	Connor Sullivan - 10	Oliver Ames-N.Estn	26-Mar	at No. Easton
B HJ	6' 00"	Noah Marceau -	Fitchburg	x	x
B HJ	6' 00"	Armando Bucciarelli - 12	Central Cath. - Lawrence	8-Apr	at Haverhill
B HJ	6' 00"	Riyad Bencheikh - 12	Woburn	16-Apr	at Woburn
B HJ	6' 00"	Alex Berry - 12	Hudson	14-Apr	at Hudson
B HJ	6' 00"	Sam Yoder - x	Bishop Feehan - Attl	18-Apr	at NDA, Hingham

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LJ-20' 05" Best: 24' 10" Eric Scammons, So. Hadley HS, 1992

B LJ	21' 07"	Kyle Reid - 12	Bridgewater-Raynham	10-Apr	at Taunton
B LJ	21' 02.5"	Quinn Ryder - 11	Oliver Ames-N.Estn	2-Apr	at No. Easton
B LJ	21' 00"	Shane Faria - 12	Burlington	16-Apr	at Burlington
B LJ	21' 00"	Jay Moore - 12	Natick	31-Mar	at Natick
B LJ	20' 10.5"	Darius Smith - 12	Silver Lake Reg-Kingston	14-Apr	at Kingston
B LJ	20' 10"	Brian Kiley - 11	Newton North	14-Apr	at Weymouth
B LJ	20' 09"	Cory Mitchell - 12	Gr. N.B. Voke Tech	16-Apr	at Seekonk
B LJ	20' 08.5"	Brian Espinosa - 11	Dighton-Rehoboth	7-Apr	at Seekonk
B LJ	20' 08.5"	Dracar Payton -	Fitchburg	x	x
B LJ	20' 06"	Barry Reoppel - 11	D-Y	6-Apr	at So. Yarmouth
B LJ	20' 06"	Photo Gondre - 10	New Bedford	18-Apr	at NDA, Hingham

Updates and corrections
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TJ - 41' 06" Best: 50' 01.5" Neal Connor, Ayers HS, Loucks, NY 1981

B TJ	42' 05.5"	Mike Miranda - 11	Randolph	31-Mar	at Kingston
B TJ	42' 05"	Noel James - 12	Whitman-Hanson	14-Apr	at Whitman
B TJ	42' 04"	Chris Chu - 11	Andover	15-Apr	at Lowell
B TJ	42' 02.5:	Christ Fowler - 11	Westford Academy	15-Apr	at Newton
B TJ	42' 00.5"	Nick Wolcott - 11	Framingham	14-Apr	at Needham
B TJ	41' 10"	Jack Barry	Wachusett Reg.	x	x
B TJ	41' 07.5" n	Darius Smith - 12	Silver Lake Reg	31-Mar	at Kingston
B TJ	41' 07"	Riyad Bencheikh - 12	Woburn	16-Apr	at Woburn
B TJ	41' 07"	Enrique Brown - 10	BMC Durfee - Fall River	18-Apr	at NDA, Hingham

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PV - 11' 00" Best: 15' 05" Wesley Shaw, St. John's - Shrewsbury, 1998

B PV	14' 00"	Mark Vetere - 11	Andover	2-Apr	at Andover
B PV	12' 06"	Patryk Backiel - 10	New Bedford	18-Apr	at NDA, Hingham
B PV	12' 00"	Eddie Gordon -	Shrewsbury	x	at Shrewsbury
B PV	12' 00"	Adam Vetere - 11	Andover	2-Apr	at Andover
B PV	13' 00"	Tom Gauger - 12	Billerica Memorial	15-Apr	at Billerica
B PV	11' 00"	Jimmy Nguyen -	Central Cath. - Lawrence	1-Apr	at Lawrence

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SP - 46' 00" Best: 67' 10.75" Jeff Chakouian, Seekonk HS, 2001

B SP	58' 02"	Sam Bombaugh - 11	Falmouth	14-Apr	at Falmouth
B SP	53' 05"	Dan Glavin - 12	Mansfield	16-Apr	at Mansfield
B SP	53' 02"	James Muirhead - 12	Middleboro	7-Apr	at Hingham
B SP	52' 08"	Andrew Piscitelli - 12	Millbury	5-Jan	at Millbury
B SP	49' 07"	Ryan Murphy - 12	Burlington	16-Apr	at Burlington
B SP	49' 06"	Patrick Creahan - 12	Hingham	8-Apr	at Hingham
B SP	49' 02.25"	Don Caouette - 10	Attleboro	7-Apr	at NDA-Hingham
B SP	48' 09"	Steve Cawley - 12	Dedham	7-Apr	at Dedham
B SP	48' 07"	Chris Cole -	Shrewsbury	x	at Shrewsbury
B SP	48' 01	Christ Fong - 12	Mansfield	16-Apr	at Mansfield
B SP	48' 00"	Zachery Borrelli -	Central Cath. - Lawrence	8-Apr	at Haverhill
B SP	47' 07""	Phil Kiy - 12	Norwood	31-Mar	at Walpole
B SP	46' 11"	Sam Stone - 12	Wellesley	31-Mar	at Wellesley
B SP	46' 10"	Devin O'Neil - 12	Braintree	31-Mar	at Braintree
B SP	46' 00.5"	Keric Kelly - 12	Billerica Memorial	15-Apr	at Billerica

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DIS - 120' Best: 186' 03" Derek Anderson HS ?????, 2001

B DIS	154' 09"	Mike DiFrancesco - 12	Burlington	16-Apr	at Burlington
B DIS	153' 09"	Dan Glavin - 12	Mansfield	16-Apr	at Mansfield
B DIS	144' 03" n	Adam Cavalier - x	Burlington	16-Apr	at Burlington
B DIS	142' 04"	Bobby Grazter -	Pembroke	14-Apr	at Pembroke
B DIS	140' 06"	Pat Creahan - 12	Hingham	8-Apr	at Kingston
B DIS	139' 04"	Nick Rockwell - 12	Norwood	16-Apr	at Walpole
B DIS	138' 04"	Sam Bombaugh - 11	Falmouth	14-Apr	at Falmouth
B DIS	135' 09" n	x Callahan - x	Reading	16-Apr	at Burlington
B DIS	135' 05"	Steve Cawley - 12	Dedham	7-Apr	at Dedham
B DIS	133' 00"	James Muirhead - 12	Middleboro	8-Apr	at Hingham
B DIS	131' 02"	Joshua Wakefield - 12	Dighton-Rehoboth	7-Apr	at Seekonk
B DIS	131' 02"	Sebastian Bilensschuk - 12	Mansfield	16-Apr	at Mansfield
B DIS	129' 06"	Chris Cole - 12	Dartmouth	x	x
B DIS	129' 02"	Wil Forbes - 12	Whitman-Hanson	31-Mar	at Whitman
B DIS	129' 02"	Conor Ebbs - 11	Newton North	1-Apr	at Newton
B DIS	128' 10"	Andrew Piscitelli - 12	Millbury	14-Apr	at Millbury
B DIS	127' 10"	Declan Wirzburger - 10	Whitman-Hanson	18-Apr	at NDA, Hingham
B DIS	127' 02" n	Cody Giampa - 12	Millbury	14-Apr	at Millbury
B DIS	126' 06"	Pat McIver - 12	Hanover	3-Apr	at Pembroke
B DIS	126' 01"	Keric Kelly - 12	Billerica Memorial	15-Apr	at Billerica
B DIS	125' 10"	Ernest Guy - 10	Foxborough	18-Apr	at NDA, Hingham
B DIS	125' 00"	Chris Cole -	Shrewsbury	x	at Shrewsbury
B DIS	124' 05"	Ryan Murphy - 12	Burlington	9-Apr	at Burlington
B DIS	124' 01"	Ryan O'Grady - 11	Billerica Memorial	18-Apr	Haverhill Inv.
B DIS	123' 01"	Michael Garcia -	Central Cath.-Lawrence	8-Apr	at Haverhill

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B JAV - 155' Best: 191'04" Nick Farnsworth, Wilmington HS, 2007

B JAV	185' 02"	Ben Lincoln - 12	Hingham	8-Apr	at Kingston
B JAV	178' 10"	Tom Effler - 12	Bishop Feehan-Attl.	14-Apr	at Attleboro
B JAV	170' 02"	Paul Davis - 12	Mansfield	14-Apr	at Mansfield
B JAV	170' 00"	Brandon Britt -	Leominster	x	xx
B JAV	169' 03"	Scott McCummings - 11	Natick	7-Apr	at Natick
B JAV	169' 01"	Spencer Kabakjian - 11	Falmouth	6-Apr	at Falmouth
B JAV	166' 04"	Mike DiFrancesco - 12	Burlington	2-Apr	at Burlington
B JAV	166' 00"	Devon O'Neill - 12	Braintree	16-Apr	at Walpole
B JAV	163' 00"	Matt Johnson - 11	Hanover	7-Apr	at Pembroke
B JAV	161' 04"	Andrew Bailey - 12	Mansfield	14-Apr	at Mansfield
B JAV	160' 01"	Morgan Brandso -12	Dartmouth	x	x
B JAV	159' 03"	Jon Bettoncourt - 12	Middleborough	15-Apr	at Scituate
B JAV	158' 03"	Noel James - 12	Whitman-Hanson	7-Apr	at Whitman
B JAV	157' 11"	Andrew Buckley -	Central Cath. - Lawrence	8-Apr	at Haverhill
B JAV	156' 06"	Jose Pena -	Central Cath. - Lawrence	1-Apr	at Lawrence

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100 - 12.8 Best: 11.70 Melody Johnson, No. Attleborough HS, 1986

G 100	:12.5	Olivia Dyson - 12	Reading	8-Apr	at Reading
G 100	:12.5	Molly O'Dea - 11	Hingham	8-Apr	at Kingston
G 100	:12.5	Alexa Murray - 11	Oliver Ames	7-Apr	at Mansfield
G 100	:12.7	x. Mancini	Burlington	9-Apr	at Watertown
G 100	:12.7 n	Cassandra Ryding - 12	Westford Academy	15-Apr	at Westford
G 100	:12.8	Cory Ryan - 10	Norwood	31-Mar	at Braintree
G 100	:12.8	Kayla Baldwin - 11	Andover	15-Apr	at Andover
G 100	:12.80	Tayla Allen - 10	Westwood	18-Apr	at NDA, Hingham
G 100	:12.82 n	Miriam Mboya - 10	New Leadership - Sprd	14-Apr	at NDA, Hingham

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		200 - 26.6	Best: 24.6 Guiney, Needham 1970; White Shrewsbury 1983, Wernick, Northampton 2006			
G 200	:26.1	Emily Broyles - 10	Mansfield	7-Apr	at Mansfield	
G 200	26.3	Cory Ryan - 10	Norwood	14-Apr	at Walpole	
G 200	:26.3	Molly McGarth - 11	Wakefield	2-Apr	at Wakefield	
G 200	:26.3	Chelsea Cheek - 12	Reading	15-Apr	at Reading	
G 200	:26.4	Shannon Cunningham - 12	Foxborough	26-Mar	at Foxborough	
G 200	:26.4	Natalia Paine - 11	Northampton	14-Apr	at Palmer	
G 200	:26.5	x. McCarthy - 12	Brulington	9-Apr	at Watertown	
G 200	:26.6 n	Alexa Murray - 11	Oliver Ames	7-Apr	at Mansfield	
G 200	:26.25	Becky Stoye - 10	Pembroke	18-Apr	at NDA, Hingham	

M.S.T.C.A. Top 50

400 - 60.5 Best: 53.09n Christine Mullen, Seekonk HS, US Jr. Natls, Los Angeles, CA 1977

G 400	:58.5	Emily Broyles - 10	Mansfield	26-Mar	Mansfield
G 400	:59.8	Kendal Knous - 09	Franklin	2-Apr	at Franklin
G 400	:59.98	Natalia Paine - 11	Northampton	7-Apr	at Northampton
G 400	:60.0	C. Hammond - 12	Lexington	16-Apr	at Lexington
G 400	:60.04	Liz McManus	Notre Dame-Hing	7-Apr	at Hingham
G 400	:60.2	Shannon Cunningham - 12	Foxborough	2-Apr	at Foxborough
G 400	:60.3	Michelle Jenssen - 12	Mansfield	7-Apr	at Mansfield
G 400	:60.53	Julie Nee - 10	Duxbury	18-Apr	at NDA, Hingham
G 400	:60.5	K. Merlino - x	Burlington	15-Apr	at Reading
G 400	:60.6	Karen Nallen - 12	Westford Academy	15-Apr	at Westford
G 400	:61.0 n	Danielle Pensack - 12	Newton South	15-Apr	at Westford

M.S.T.C.A. Top 50

800 - 2:21.0 Best: 2:03.88n Johanna Forman, Falmouth HS, King Games, Kingston, Jam. 1977.

G 800	.2:16.41	Kathy O'Keefe - 10	Newton South	18-Apr	at NDA-Hingham
G 800	.2:17.94 n	Courtney Neves - 10	New Bedord	18-Apr	at NDA-Hingham
G 800	.2:20.2	Jen Thomas - 12	Bishop Feehan-Attl	7-Apr	at NDA-Hingham

M.S.T.C.A. Top 50

Mile - 5:24.0 Best: 4:37.23 Arianna Lambie, Bromfield School, State 2003

G Mile	.5:08.2	Bridget Dahlberg - 12	Newton South	16-Apr	at Westford
G Mile	.5:10.6 n	Melanie Fineman - 11	Newton South	16-Apr	at Westford
G Mile	.5:15.0	Camille Murphy - 12	Framingham	14-Apr	at Needham
G Mile	.5:19.28	Annaliese Vander Baan - 10	Whitinsville Christian	18-Apr	at NDA, Hingham
G Mile	.5:22.0	Shauna McNiff - 12	Hingham	14-Apr	at Hingham
G Mile	.5:24.89 n	Viviana Hanley - 10	Bishop Feehan - Attl	5-Jan	at NDA, Hingham

M.S.T.C.A. Top 50

2 Mile-11:50 Best: 10:11.9 Arianna Lambie, Bromfield School, dual, 2007

G 2Mile	.11:01.5	Kelsey Karys - 12	Newton South	15-Apr	at Westford
G 2Mile	.11:02.4	Camille Murphy - 12	Framingham	31-Mar	at Framingham
G 2Mile	.11:26.2	Madeline Reed - 11	Newton South	15-Apr	at Newton
G 2Mile	.11:26.3 n	Melanie Fineman - 11	Newton South	15-Apr	at Westford
G 2Mile	.11:29.35	Anisa Arsenault - 11	Bishop Feehan-Attl	7-Apr	at NDA, Hingham
G 2Mile	.11:36.41	Katie Barrett - 12	Bishop Feehan-Attl	7-Apr	at NDA, Hingham
G 2Mile	.11:38.92	Hannah White - 10	Notre Dame - Hingham	18-Apr	at NDA, Hingham
G 2Mile	.11:43.6	Rosie Keogh - 12	Holliston	9-Apr	at Hopkinton
G 2Mile	.11:50.67 n	Katie Powers - 10	Card. Spellman - Brock	18-Apr	at NDA, Hingham
G 2Mile	.11:53.0	Sarah Bowhill - 10	Framingham	14-Apr	at Needham
G 2Mile	.11:56.0	Shauna McNiff - 12	Hingham	31-Mar	at Hingham

M.S.T.C.A. Top 50

100H - 16.5 Best: 14.07 Anne Jennings, Falmouth HS, NE Champs, NH 1980

G 100H	:14.9	Meghan Ferreria - 12	Mansfield	7-Apr	at Mansfield
G 100H	:15.2	Cassandra Ryding - 12	Westford Academy	14-Apr	at Westford
G 100H	:15.5	Christy Deininger - 11	North Attleboro	2-Apr	at No. Attleboro
G 100H	:15.7	Katie Bernazzanni - 12	Norwood	Apr-09	at Norwood
G 100H	:15.8	Erica Hawley - Jr	Walpole	31-Mar	at Framingham
G 100H	:15.9	Mereidth Burbank - 11	Barnstable	15-Apr	at Bridgewater
G 100H	:15.9	Maggie Flemming - 12	Lincoln-Sudbury	8-Apr	at Lincoln
G 100H	:16.1	Julie Mirochnick - 12	Hingham	31-Mar	at Hingham
G 100H	:16.2	Ally Crooke - 11	Lexington	16-Apr	at Lexington
G 100H	:16.3	Kelly McCabe - 12	Mansfield	Apr-09	at Mansfield
G 100H	:16.4	Marissa Bynoe - 11	Holliston	Apr-09	at Holliston
G 100H	:16.4 n	Lauren Arcement - 11	Hingham	Mar-09	at Hingham
G 100H	:16.5	Moria Cronin - 10	Andover	Apr-09	at Andover
G 100H	:16.99	Courtney Green - 10	Wellesley	Apr-09	at NDA, Hingham

M.S.T.C.A. Top 50

400H - 72.0 Best: 59.95n Nancy Robinson, Falmouth HS, US Jr. Natls, Los Angeles, CA 1997

G 400H	:66.6	Victoria. Perez - x	Reading	15-Apr	at Reading
G 400H	:67.2	Molly McGarth - 11	Wakefield	16-Apr	at Belmont
G 400H	:67.4	Michelle Jenssen - 12	Mansfield	16-Apr	at Mansfield
G 400H	:67.5	Molly Hurkett - 12	Woburn	2-Apr	at Stoneham
G 400H	:67.7 n	K. Merlino - 12	Burlington	15-Apr	at Reading
G 400H	:68.1	Signe Hardigan - 11	D-Y	6-Apr	at Marshfield
G 400H	:68.5	Jessica Salley - 10	Andover	15-Apr	at Andover
G 400H	:68.6 n	J. Carter - x	Belmont	16-Apr	at Belmont
G 400H	:68.9 n	Sarah Burke - 12	D-Y	7-Apr	at Marshfield
G 400H	:69.0	Nicole Hanson - 11	Dighton-Rehoboth	7-Apr	at Seekonk
G 400H	:69.16	Ericka Shay - 10	Waltham	18-Apr	at NDA-Hingham
G 400H	:69.8	Stephanie Salem - 12	Lexington	16-Apr	at Lexington
G 400H	:70.0 n	Lauren Manfra - 10	Stoneham	7-Apr	at Stoneham
G 400H	:70.01	Ellen Callahan - 12	Notre Dame-Hing	7-Apr	at NDA-Hingham
G 400H	:70.1	Bridgid Koenen - 12	Hingham	31-Mar	at Hingham
G 400H	:70.7	Megan Underhill - 12	Norwood	7-Apr	at Wellesley
G 400H	:70.9	Amanda Cangiano -	North Attleboro	2-Apr	at Franklin
G 400H	:70.94	Phoele Hopkins - 10	Northampton	7-Apr	at Northampton
G 400H	:71.0 n	Alyssa Lumbert - 10	Hingham	31-Mar	at Hingham
G 400H	:71.1	Nicole Genard - 09	Somerville	7-Apr	at Somerville
G 400H	:71.2 n	Kathleen Ryan - 12	Franklin	2-Apr	at Franklin
G 400H	:71.3 n	Virginia Perez - x	Reading	15-Apr	at Reading
G 400H	:71.3 n	Kendall Knous - 09	Franklin	2-Apr	at Franklin
G 400H	:71.5 n	Jill Trant -	Wakefield	7-Apr	at Stoneham
G 400H	:71.6	Michelle Sirois - 11	Oliver Ames-N Estn	2-Apr	at Canton

Updates and corrections
to: trackjc@hotmail.com

M.S.T.C.A. Top 50

4/21/09

4x100 51.0 Best: 48.26 Andover HS [DiTroia, Knapp, Muccio, Singleston} State, 2007

G 4x1 :50.0 Newton South

16-Apr at Westford

G 4x1 :51.0 Mansfield

14-Apr at Mansfield

Updates and corrections
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M.S.T.C.A. Top 50

4/21/09

4x400 4:13.0 Best: 3:52.6n Falmouth HS [Gifford, Robinson, Forman, Buguey] OIC Relays, BU 1977
G 4x4 .4:14.2 Newton South 16-Apr at Westford

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M.S.T.C.A. Top 50

4/21/09

4x800 10:00 Best: 9:05.11n Lincoln-Sudbury Reg [Jamieson, Binder, Arthur, Mepham], Natls, Ral, NC 2007

Updates and corrections
to: trackjc@hotmail.com

M.S.T.C.A. Top 50

4/21/09

SP - 34' **Best: 44' 09" Heather Oldham, Woburn HS, 1998**

G SP	43' 09"	Emmaline Berg - 12	Holliston	16-Apr	at Dover
G SP	41' 09"	Kelly McCabe -12	Mansfield	16-Apr	at Mansfield
G SP	38' 11"	Jessica Eason - 11	Mansfield	14-Apr	at Mansfield
G SP	38' 07"	Ashley Noons - 12	Dighton-Rehoboth	7-Apr	at Seekonk
G SP	38' 07"	Kristen Orrell - 12	Millbury	14-Apr	at Millbury
G SP	38' 05"	Sanya Foster - 11	New Leadership-Spf	28-Mar	Brooklyn, NY
G SP	38' 04.25"	Nalis Mbianda - 12	Newton South	15-Apr	at Westford
G SP	34' 06"	Jessica Masse - 11	Somerville	7-Apr	at Somerville

Updates and corrections
to: trackjc@hotmail.com

M.S.T.C.A. Top 50

4/21/09

DIS - 100' Best: 157' 05" Pia Iacova, Brockton HS, Falmouth Inv., 1979						
G DIS	124' 02"	Kelly Allen - 12	Norton	9-Apr		at Norton
G DIS	116' 10"	Emmaline Berg - 12	Holliston	16-Apr		at Dover
G DIS	113' 02"	Ashley Noons - 12	Dighton-Rehoboth	7-Apr		at Seekonk
G DIS	112' 07"	Adrienne Thornton - 09	JD O'Bryant - Boston	18-Apr		at NDA, Hingham
G DIS	110' 10"	Katie Kelleher - 11	King Philip Reg.	2-Apr		at Wrentham
G DIS	104' 10"	Sanya Foster - 11	New Leadership-Spf	28-Mar		at Brooklyn, NY
G DIS	104' 07"	Kirsten Orrell - 12	Millbury	14-Apr		at Millbury

Updates and corrections
to: trackjc@hotmail.com

M.S.T.C.A. Top 50

4/21/09

JAV 110' Best: 160' 08" Eileen Creehan, N. Quincy HS., 1984						
G JAV	128' 07"	Rachael Bourque - 12	Triton Reg.-Byfield	16-Apr		at North Andover
G JAV	111' 07"	Micaila Olson - 09	Whitinsville Christian	14-Apr		at Whitinsville
G JAV	111' 06"	Kristan Papirtio - 10	Walpole	14-Apr		at Walpole
G JAV	110' 11"	x. Connors - 12	Watertwon	9-Apr		at Watertown
G JAV	109' 07"	x. Morneweck - x	Burlington	9-Apr		at Watertown

M.S.T.C.A. Top 50

HJ - 5' 01" Best: 6' 01" Heather Francis, Dartmouth HS, 1996

G HJ	5' 05"	Lucille Cancre - 12	Lexington	16-Apr	at Lexington
G HJ	5' 04"	Hanna Muir - 11	Wellesley	31-Mar	at Weymouth
G HJ	5' 04"	Jessica Salley - 10	Andover	15-Apr	at Andover
G HJ	5' 04"	Laura Weeks - 12	Oliver Ames-N.Estn	7-Apr	at Mansfield
G HJ	5' 03"	Molly McGarth - 11	Wakefield	2-Apr	at Wakefield
G HJ	5' 03"	x O'Brien -	Stoneham	7-Apr	at Stoneham
G HJ	5' 03"	Alish Hanley - 12	Westford Academy	15-Apr	at Westford
G HJ	5' 03"	Kristen McDonagh - 10	Mansfield	14-Apr	at Mansfield
G HJ	5' 02"	Mollie Lane - 11	Hanover	3-Apr	at Pembroke
G HJ	5' 02"	Kristine Bunker - 11	Falmouth	6-Apr	at Nauset
G HJ	5' 02"	Maggie Flemming - 12	Lincoln-Sudbury	8-Apr	at Lincoln
G HJ	5' 02"	Alannah Driscoll-Sbar -	Northampton	14-Apr	at Palmer
G HJ	5' 02"	A. Horne - x	Oliver Ames-N.Estn	7-Apr	at Mansfield
G HJ	5' 02"	Erica Hawley - 11	Walpole	31-Mar	at Walpole
G HJ	5' 02' n	Moira Cronin - 10	Andover	15-Apr	at Andover
G HJ	5' 01"	Molly Hurkett - 12	Woburn	2-Apr	at Stoneham
G HJ	5' 01"	Sara Crawford - 11	Rockland	9-Apr	at Duxbury
G HJ	5' 01" n	Olivia Dyson - 12	Reading	2-Apr	at Wakefield
G HJ	5' 00"	Kaitlin Dreyer - 10	Ashland	18-Apr	at NDA, Hingham

Updates and corrections
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M.S.T.C.A. Top 50

4/21/09

LJ - 16' 09" Best: 20' 11.75" Arantxa King, Medford HS, 2005

G LJ	19' 06"	Deanne Lathem - 11	Triton Reg. - Byfield	16-Apr	at North Andover
G LJ	17' 11"	Ally Crooke - 11	Lexington	7-Apr	at Lexington
G LJ	17' 07"	Nicole Genard - 09	Somerville	31-Mar	at Somerville
G LJ	17' 07"	Nicole Gilbert - 10	Hanover	3-Apr	at Pembroke
G LJ	17' 05"	Becky Stoye - 10	Pembroke	3-Apr	at Pembroke
G LJ	17' 00.5"	Chelsea Cheek - 12	Reading	15-Apr	at Reading
G LJ	17' 02"	Berkeley Hall- 11	Pembroke	14-Apr	at Pembroke

Updates and corrections
to: trackjc@hotmail.com

M.S.T.C.A. Top 50

4/21/09

	TJ - 35'	Best: 42' 00" Arantxa King, Medford HS, State, 2005			
G TJ	40' 04"	Deanna Latham - 12	Triton Reg. - Byfield	16-Apr	at North Andover
G TJ	36' 09.5"	Ezra Banks - 11	Newton South	15-Apr	at Westford
G TJ	35' 05.5"	Michelle Jenssen - 12	Mansfield	7-Apr	at Mansfield
G TJ	35' 01"	Nicole Gilbert - 10	Hanover	3-Apr	at Pembroke

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to: trackjc@hotmail.com

M.S.T.C.A. Top 50

4/21/09

G PV	PV - 9' 9' 00"	Best: 13' 00.25" Cora Visnick - 11	Samantha Shepard, Weston HS, HS Natls, Raleigh, NC 2002 Newton South	14-Apr	at Westford
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