

AUERBACH FRESHMAN-SOPHOMORE CHAMPIONSHIP TRACK MEET

Robert McIntyre Track at Reggie Lewis Track and Athletic Center, Roxbury, MA

Saturday, January 3, 2009 – 9:30 a.m. – Small Schools
Sunday, January 4, 2009 – 10:00 a.m. – LARGE Schools

Sponsored by: North Quincy H.S.
Event Manager: Louis Tozzi

Sanctioned by: M.I.A.A.

EVENTS

55 Meter Dash	1000 Meter Run	High Jump
55 Meter Hurdles	One Mile Run	Shot Put
300 Meter Dash	Two Mile Run	Long Jump
600 Meter Run	4 x 400 Meter Relay - A teams only	

Entry Information

1. M.I.A.A. and National Federation rules and guidelines will be in effect for this meet. **UNIFORM AND JEWELRY RULES WILL BE ENFORCED.** The one-false-start rule will be in effect.
2. **ENROLLMENT: LARGE SCHOOLS – teams in M.I.A.A. Indoor State Meet Classes A & B**
SMALL SCHOOLS - teams in M.I.A.A. Indoor State Meet Classes C & D
This meet is only for athletes enrolled as FRESHMEN or SOPHOMORES in high school.
3. A school may enter **TWO ATHLETES** per event with no qualifying standard. An athlete may compete in one running, one field, one relay event.
4. Awards: Medals will be awarded to the top six placers in each event, including the relays. There is no team award. There will be a trackside award ceremony as soon as the results are available. Make sure your athletes are present for their event ceremony.
5. The Reggie Lewis Track is a fast 200-meter Mondo Super-X banked surface. **Only ¼” or 1/8” PYRAMID or CHRISTMAS TREE spikes allowed on the track. Anyone using longer spike or other style spike will be disqualified immediately for the remainder of the meet. THE REGGIE LEWIS CENTER HAS A WOODEN FLOOR IN THE GYM. PLEASE NO SPIKES IN THE GYM!**
6. No switching of events will be allowed. Athletes must compete in the events in which they are entered. No school will be allowed to compete in the division that does not match their enrollment. Boys and Girls compete in the same division. No exceptions.
7. You **MUST** enter on-line using www.DirectAthletics.com. Please read the directions below and then go to the web site and follow the instructions for the entry process for the meet.

ON-LINE ENTRIES MUST BE COMPLETED BY FRIDAY, DECEMBER 26th, 2008.

When you complete the on-line entry process you will get an “e-mail confirmation of your entered athletes”. The M.S.T.C.A. must receive a copy of the e-mail confirmation, signed by your Principal and/or your A.D., to certify that the athletes you've entered fulfill the eligibility guidelines of the M.I.A.A. and are bona-fide members of your track team.

You need to send a photocopy of the entry confirmation e-mail from Direct Athletics, SIGNED BY YOUR PRINCIPAL or ATHLETIC DIRECTOR to the meet director:

Louis Tozzi,
26 Hayes Way,
Marshfield, MA 02050.

This signed entry confirmation must be in the hands of the meet director by Wednesday, December 31, 2008. PAYMENT IN THE FORM OF A CHECK OR A PURCHASE ORDER MUST BE INCLUDED.

Failure to have the signed confirmation in the hands of the meet director by Wednesday, Dec. 31, 2008, will result in your school having to pay a \$100 late entry fee before you can pick up your team packet at the meet. If you decide to send the confirmation and check or P.O. by Express Mail, sign the signature waiver. This way the letter will be left at the address rather than have the meet director go to the post office to sign for it.

8. **ENTRY FEE:** \$75.00 per school team (separate boys and girls fees) \$150 max per school, or \$5.00 per athlete and \$12.00 per relay team, whichever is less. Your purchase order or check MUST accompany your entry confirmation that you send to the meet director. Once a school submits an entry for the meet, the school is responsible for payment of that entry fee, whether or not the team attends. MSTCA ID # 04-3394224
9. **RESULTS:** Bring a self-addressed stamped #10 envelope and \$1.00 per team and leave it at the computer table and you will receive results of the meet and your “team performance list” to be used for state certification. Envelopes will also be available for \$2.00 at the computer table. Results will be posted on www.mstca.org, the MSTCA web site, by Jan. 5, 2009.
10. Any decision to cancel the meet because of inclement weather will be made by 6:30 a.m. on meet day. There is no make-up date. If weather is inclement you may call one of the following to check:

Reggie Lewis Center	617-541-3535	Louis Tozzi	781-837-5185 or 617-947-1031
Charlie Butterfield	508-886-6015	John Carroll	508-737-7874
Frank Mooney	508-336-8291	Charlie O’Rourke	617-787-1198
11. The Auerbach Foundation has joined us again this year to help defray the cost of the meet. We suggest you send a letter of thanks to them for their financial help. Your letter should be sent to: Mr. Stuart Grossman, Auerbach Foundation, 101 Arch Street, Boston, MA 02110.

TEAMS ENTERED WILL BE POSTED ON THE MSTCA WEB SITE BY WED., DEC. 31st
TEAMS WHO HAVE NOT ENTERED AS DIRECTED ABOVE WILL NOT BE ALLOWED TO COMPETE.
If a team arrives at the meet and they are not entered, they will not be allowed to participate.

