

2009 Relay Entry Form - **GIRLS**

School Name: _____ Class _____

James Kalperis Relays - Robert McIntyre Track at Reggie Lewis Center, Roxbury, MA

NOTE THE NEW DATES FOR THE MEETS - TWO WEEKENDS

Saturday, Jan. 17 - Div. I (9:30 AM) Sunday, Jan. 18 - Div. IV (9:30 AM)

Saturday, Jan. 24 - Div. III (9:30 AM) Sunday, Jan. 25 - Div. II (9:30 AM)

Please check the events that your team will enter

'B' teams allowed in all events except 4x800, DM and Field Events - see NOTE on 'B' relays on instruction page.

_____ 4 x 800 Meter Relay

_____ Sprint Medley Relay (800 - 200 - 200 - 400)

_____ 4 x 50 Shuttle Hurdles Relay

_____ 4 x 50 Dash Relay

_____ 4 x 200 Meter Relay

_____ 4 x 400 Meter Relay

_____ Distance Medley (1,200 - 400 - 800 - 1,600)

_____ Shot Put Relay (3 throwers)

_____ High Jump Relay (3 jumpers)

_____ Long Jump Relay (3 jumpers)

_____ Sprint Medley 'B'

_____ Hurdle 'B'

_____ Dash 'B'

_____ 4 x 200 'B'

_____ 4 x 400 'B'

ENTRY FEE IS \$10. PER 'A' RELAY TEAM AND \$15 PER 'B' TEAM - NO MAXIMUM FEE.

Make checks payable to: Mass. State Relays.

MSTCA Tax I.D. #04-3394224

Entry forms must be received by Wednesday, January 7, 2009

Return entry form
and fee to:

John J. Carroll, Jr., Relays Director
47 Dove Cottage Road
Falmouth, MA 02540

I attest that the athletes representing my high school are in good standing. Our school district recognizes there might be risks in this sport and waive, release and hold harmless the Mass. State Track Coaches Assn., its officers, and representatives for any injury that may be incurred by our athletes in the normal course of participation in this event. If NO check, purchase order, or purchase order number is included with the entry, the entry will be rejected and returned. If you enter teams you must pay, whether you compete or not.

BOYS AND GIRLS TEAMS WILL COMPETE IN THE SAME CLASS IN THE MEET.

Please print clearly and carefully.

Coach's Name _____

Home Address _____

ZIP _____

Phone (H) _____ (S) _____

Coach's e-mail _____

Principal's or A.D.'s Signature _____

Relay entered _____ x \$10.00 = \$ _____ / 'B' teams _____ x \$15.00 = _____ Pd _____ Date _____

Please check here if your town needs an invoice from us in order for the MSTCA to be paid for the meet.

_____ Yes, we need to be invoiced.

