

HARVARD UNIVERSITY TRACK & FIELD PRESENTS:

# LEARN BY DOING

COACHES CLINIC SERIES

JAN. 9TH: 1- 4PM:

🏃 SPEED DEVELOPEMENT & HURDLES  
(WILL INCLUDE MEDBALL DRILLS)

JAN. 15TH: 10AM - 1PM\*:

🏃 HIGH JUMP, POLE VAULT, LONG JUMP  
🏃 STARTING BLOCKS

\*STAY FOR HARVARD TEAM PRACTICE AFTER THE CLINIC

\$30 PER SESSION OR \$50 FOR BOTH

PLEASE CONTACT [MEETMGR@FAS.HARVARD.EDU](mailto:MEETMGR@FAS.HARVARD.EDU) OR  
617-495-2128 FOR RSVP OR  
FURTHER INFORMATION.

