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55 Meter Dash (6.78) State Record: 6.38 Johann Jack, Lexington HS, 1993 and Antone McCatty, Wellesley, 1996

1	6.34	Chris McConnell	2010	Andover 1	All State Meet 02/27/2009 (1)
2	6.57	Matthew Johnson	2009	Hopkinton 3	MIAA D3 02/20/2009 (2)
3	6.57	Kyle LeBlanc	2010	Newburyport 4	New England Champs 03/06/2009 (3)
4	6.58	Quinn Ryder	2010	Oliver Ames 3	All State Meet 02/27/2009 (2)
5	6.59	Phito Gondre	2011	New Bedford 1	All State Meet 02/27/2009 (3)
6	6.60	Josh Adams	2009	Methuen 1	State Div 1 Championship 02/21/2009 (2)
7	6.63	Frances Nova	2010	Lawrence 1	MSTCA Invitational 01/31/2009 (1)
8	6.64	Sam Grad	2009	Westford Academy 2	Div2 State Champs 02/22/2009 (1)
9	6.64	Dana Lindberg	2010	Hingham 3	MIAA D3 02/20/2009 (3)
10	6.65	Matt Gaudet	2009	Dighton-Rehoboth 3	MSTCA Invitational 01/31/2009 (2)
11	6.66	Demar Barneby	2009	Barnstable 2	Old Colony League 01/23/2009 (1)
12	6.67	Kevin Johnston	2009	Amesbury 3	MIAA D3 02/20/2009 (4)
13	6.68	Diego Ravix	2011	Brockton 1	State Div 1 Championship 02/21/2009 (3)
14	6.69	Brenton Chapski	2009	King Philip 2	Hock Championship 02/14/2009 (2)
15	6.69	Matt Sliwkowski	2010	Lincoln-Sudbury 1	DualCounty Champs 02/14/2009 (2)
16	6.70	Craig Langes	2011	Woburn 2	Div2 State Champs 02/22/2009 (2)
17	6.71	Jeremy Cweika	2010	Chicoppee 3	All State Meet 02/27/2009 (10)
18	6.71	Tim Regan	2010	Sandwich 2	Div2 State Champs 02/22/2009 (3)
19	6.72	Tom Eldridge	2011	Concord-Carlisle 2	DualCounty Champs 02/14/2009 (3)
20	6.73	Domenic Corey	2009	Fairhaven 4	MSTCA Elite Meet 02/01/2009 (4)
21	6.73	George Louis	2011	Peabody 1	NEC Championships 02/05/2009 (1)
22	6.73	Dracar Payton	2009	Fitchburg 1	MidWach League Meet 02/07/2009 (1)
23	6.74	Chris Brennan	2009	King Philip 2	Hock Championship 02/14/2009 (3)
24	6.75	Ben Kiley	2011	Newton North 1	Bay State League Meet 02/11/2009 (1)
25	6.75	David Bean	2009	Weymouth 1	Bay State League Meet 02/11/2009 (2)
26	6.75	Xavier Ortiz	2010	Everett 1	GreaterBoston League 02/14/2009 (1)
27	6.76	Tommy Brandt	2009	Natick 2	Bay State #2 12/18/2008 (1)
28	6.76	Christopher Beranger	2009	Winthrop 4	MSTCA Invitational 01/31/2009 (3)
29	6.76	Arthur Reynolds	2009	Holyoke 2	PVIACConference 02/13/2009 (2)
30	6.76	Alex Gilbert	2009	Northampton 3	PVIACConference 02/13/2009 (3)
31	6.76	Loi Huynh	2010	Randolph 3	MIAA D3 02/20/2009 (6)
32	6.77	Jeremy Buckland	2009	Athol 4	PVIAC Meet #5 01/23/2009 (1)
33	6.77	Tim Hill	2009	East Bridgewater 4	Eastern Atlantic Conference Meet 01/26/2009 (1)
34	6.77	Andrew Revanales	2010	Sharon 2	Div2 State Champs 02/22/2009 (5)
35	6.77	Brady Shorey	2011	North Attleboro 2	Div2 State Champs 02/22/2009 (7)
36	6.78	Dominique Dennis	2009	Foxboro 3	MSTCA Open Holiday Inv 12/30/2008 (2)
37	6.78	Joel Anifowose	2010	Brockton 1	Tri County #4 01/13/2009 (1)
38	6.79	Jared Vasconcelos	2009	Wareham 3	MSTCA Winter Festival 01/10/2009 (2)

55 Meter HH (8.30) State Record: 7.35 Jeff Baker, Methuen, 1985

1	7.42	Corey Thomas	2009	BC High 1	New England Champs 03/06/2009 (1)
2	7.60	Yong-Hyun Cho	2009	Newton South 1	New England Champs 03/06/2009 (2)
3	7.71	Tommy Brandt	2009	Natick 2	New England Champs 03/06/2009 (5)
4	7.76	Connor Magee	2009	Nashoba 3	All State Meet 02/27/2009 (3)
5	7.79	Sam Arsenault	2009	Newton North 1	Dartmouth Relays 01/09/2009 (5)
6	7.79	Ibi Wilcox	2009	BC High 1	State Div 1 Championship 02/21/2009 (5)
7	7.82	Stephen Diniz	2009	Somerset 3	MIAA D3 02/20/2009 (2)
8	7.83	Greg Bourisquot	2011	Stoughton 2	Div2 State Champs 02/22/2009 (1)
9	7.83	Jay Moore	2009	Natick 2	All State Meet 02/27/2009 (8)
10	7.85	Matt Mitchell	2010	Lowell 1	MSTCA Elite Meet 02/01/2009 (4)
11	7.85	Nathan Willson-Braun	2010	Watertown 4	State Div 4 Championship 02/21/2009 (1)
12	7.88	Joel Parent	2009	Brookline 1	Bay State League Meet 02/11/2009 (1)
13	7.88	Conor Megee	2009	Nashoba 3	MSTCA Elite Meet 02/01/2009 (5)
14	7.90	Weslee Galloway	2009	Brockton 1	State Div 1 Championship 02/21/2009 (3)
15	7.90	Rodney Julien	2009	Stoughton 2	MSTCA Invitational 01/31/2009 (1)
16	7.95	Mike Sullivan	2010	Central Catholic 2	Merrimack Valley Champs 02/13/2009 (2)
17	7.95	Billy Tindle	2009	Triton 3	Cape Ann Champs 02/10/2009 (1)
18	7.97	Xavier Dixon	2010	New Bedford 1	All State Meet 02/27/2009 (10)
19	7.99	Jeff Pereira	2009	North Quincy 1	Patriot Champs 02/09/2009 (1)
20	7.99	Ryan Pai	2009	Catholic Memorial 2	MSTCA Invitational 01/31/2009 (2)
21	8.00	Tony Chen	2009	Newton North 1	Bay State League Meet 02/11/2009 (3)
22	8.00	Matthew Sexton	2009	North Reading 4	State Div 4 Championship 02/21/2009 (2)
23	8.01	Jacob Evanter	2009	Marblehead 3	NEC Championships 02/05/2009 (1)
24	8.02	Kevin Pitts	2009	Tewksbury 2	Div2 State Champs 02/22/2009 (5)
25	8.02	Josue Henriquez	2009	Methuen 1	Merrimack Valley Champs 02/13/2009 (3)
26	8.03	David Martinez	2009	Lowell 1	MSTCA Open Holiday Inv 12/30/2008 (1)
27	8.03	Jackson MacDonald	2010	Hamilton-Wenham 4	All State Meet 02/27/2009 (12)
28	8.05	Chris Fowler	2009	Westford Academy 2	Div2 State Champs 02/22/2009 (6)
29	8.05	Justin Ehrhardt	2009	Stoneham 3	MSTCA Invitational 01/31/2009 (5)
30	8.06	Sidney Chambers	2010	Brockton 1	MSTCA Elite Meet 02/01/2009 (0)
31	8.06	Zach Hellyar	2009	Tantasqua 2	SWCI League Meet 02/04/2009 (1)
32	8.07	Nick McDaniels	2010	Xaverian 1	Tri County #6 01/27/2009 (2)
33	8.07	Eric Swahn	2009	North Andover 2	Div2 State Champs 02/22/2009 (8)
34	8.08	Aaron Araujo	2010	New Bedford 1	State Div 1 Championship 02/21/2009 (8)
35	8.09	Duy Truong	2011	Doherty 1	Auerbach Meet (Frosh-Soph) 01/04/2009 (2)
36	8.09	Paul Kelley	2009	Hopkinton 3	MIAA D3 02/20/2009 (4)
37	8.10	Malcolm Gurney	2009	Weymouth 1	Bay State League Meet 02/11/2009 (4)
38	8.10	Ricardo Jaquite	2010	Madison Park 1	State Div 1 Championship 02/21/2009 (9)
39	8.12	Joseph Susienka	2009	Northbridge 4	SWCI League Meet 02/04/2009 (3)
40	8.12	Matt Horan	2010	Billerica 1	Merrimack Valley Champs 02/13/2009 (5)
41	8.13	Victory Galli	2009	Revere 1	NEC Championships 02/05/2009 (2)
42	8.14	Eric Quitzau	2010	Blackstone-Millville 4	MSTCA Invitational 01/31/2009 (6)
43	8.15	Vince Henry	2009	Middleboro 3	MIAA D3 02/20/2009 (6)
44	8.18	Tom Murray	2009	Millbury 4	SWCI League Meet 02/04/2009 (4)
45	8.20	Keith Love	2009	Hopkinton 3	TVL Championships 01/31/2009 (2)
46	8.20	Chidi Azuakolam	2009	Lexington 1	State Div 1 Championship 02/21/2009 (11)
47	8.21	Nick Russo	2010	Natick 2	Div2 State Champs 02/22/2009 (9)
48	8.22	John Cutts	2010	Brockton 1	Tri county #1 12/16/2008 (3)
49	8.24	Patrck Discoll	2010	St. John's Prep 1	State Div 1 Championship 02/21/2009 (15)
50	8.25	Jason Brown	2009	Bishop Feehan 3	MIAA D3 02/20/2009 (8)
51	8.27	Ambruce Carter	2009	Lowell 1	MSTCA Invitational 01/31/2009 (7)
52	8.27	Danny Thoren	2009	Methuen 1	Merrimack Valley Champs 02/13/2009 (6)
53	8.27	James Barrett	2009	Natick 2	Div2 State Champs 02/22/2009 (11)
54	8.30	Tim Judge	2010	East Bridgewater 4	Eastern Atlantic Conference Meet 01/26/2009 (2)
55	8.30	Kahri Wood	2010	Longmeadow 3	MIAA D3 02/20/2009 (9)

300 Meter Dash (37.25) State Record: 33.86c Michael Sullivan, Brockton HS, Eastern States, Princeton, NJ, 3/1979

1	35.45	Davis VanOpdorp	2009	Winchester 3	New England Champs 03/06/2009 (3)
2	35.53	Jared Kadich	2010	St. John's Prep 1	State Div 1 Championship 02/21/2009 (1)
3	35.56	Francesco Cuesta	2010	Lawrence 1	State Div 1 Championship 02/21/2009 (2)
4	35.65	Jimm Guerrier	2010	Brockton 1	State Div 1 Championship 02/21/2009 (3)
5	35.69	Casey O'Brien	2010	Seekonk 4	All State Meet 02/27/2009 (2)
6	35.86	Evan White	2009	Tewksbury 2	Merrimack Valley Champs 02/13/2009 (1)
7	35.91	Kamal Riley	2010	Charlestown 2	Dartmouth Relays 01/09/2009 (2)
8	35.91	Melvin Mah	2009	Lowell 1	State Div 1 Championship 02/21/2009 (4)
9	35.94	Tyler Singer-Clark	2010	Falmouth 1	State Div 1 Championship 02/21/2009 (5)
10	36.06	Shane Faria	2009	Burlington 3	All State Meet 02/27/2009 (4)
11	36.09	Yaovi Jondoh	2009	Charlestown 2	Div2 State Champs 02/22/2009 (1)
12	36.18	Vinnie Lee	2009	Walpole 3	MIAA D3 02/20/2009 (2)
13	36.29	Chris Crosby	2010	St. John's Prep 1	State Div 1 Championship 02/21/2009 (2)
14	36.33	Brian Foley	2009	Foxboro 3	Hock Championship 02/14/2009 (1)
15	36.34	JD Chalifoux	2009	Mansfield 2	Div2 State Champs 02/22/2009 (2)
16	36.44	Darius Smith	2009	Silver Lake Regional 2	All State Meet 02/27/2009 (8)
17	36.44	Paul Connor	2009	Milton 3	Bay State #6 02/04/2009 (1)
18	36.45	Emmanuel Jean	2009	Randolph 3	MIAA D3 02/20/2009 (3)
19	36.48	Chris Greene	2010	Norwell 4	State Div 4 Championship 02/21/2009 (3)
20	36.49	Mike Fisher	2010	Longmeadow 3	MIAA D3 02/20/2009 (5)
21	36.57	Brendan Crawford	2009	Andover 1	Merrimack Valley Champs 02/13/2009 (4)
22	36.62	Quinn Ryder	2010	Oliver Ames 3	MSTCA Invitational 01/31/2009 (1)
23	36.64	Sam Victoria	2009	Brockton 1	State Div 1 Championship 02/21/2009 (7)
24	36.68	Chris Gulino	2009	Attleboro 1	State Div 1 Championship 02/21/2009 (9)
25	36.68	John Murphy	2010	Acton-Boxboro 1	State Div 1 Championship 02/21/2009 (8)
26	36.71	Ryad Bensheikh	2009	Woburn 2	MSTCA Open Holiday Inv 12/30/2008 (1)
27	36.76	Jeff Pineda	2009	Shrewsbury 2	Div2 State Champs 02/22/2009 (4)
28	36.78	Paul Grafov	2009	Dartmouth 2	MSTCA Winter Festival 01/10/2009 (2)
29	36.83	Kyle Reid	2010	Bridgewater-Raynham 1	MSTCA Invitational 01/31/2009 (2)
30	36.83	Ricardo Sanon	2009	Lexington 1	State Div 1 Championship 02/21/2009 (10)
31	36.85	Kyle Dragun	2009	Attleboro 1	State Div 1 Championship 02/21/2009 (11)
32	36.88	Ben Kiley	2011	Newton North 1	Bay State #5 01/22/2009 (1)
33	36.92	DJ Webb	2009	N. Middlesex 2	Div2 State Champs 02/22/2009 (5)
34	36.94	Chris Wilbar	2010	Central Catholic 2	MSTCA Winter Festival 01/10/2009 (4)
35	36.95	John Tuttle	2010	Reading 2	MSTCA Elite Meet 02/01/2009 (14)
36	37.03	Bryan Nelson	2009	Millbury 4	All State Meet 02/27/2009 (16)
37	37.06	Garfield Stennett	2010	Madison Park 1	State Div 1 Championship 02/21/2009 (12)
38	37.09	Stephen Reardon	2009	Dracut 2	Merrimack Valley Champs 02/13/2009 (5)
39	37.10	Ashani Nelson	2009	Boston English 1	NEC Championships 02/05/2009 (1)
40	37.16	Jeremy Buckland	2009	Athol 4	PVIACConference 02/13/2009 (2)
41	37.17	Jesse Perrin	2009	Somerset 3	MSTCA Elite Meet 02/01/2009 (17)
42	37.18	Jon Raduazzo	2011	Oliver Ames 3	MIAA D3 02/20/2009 (7)
43	37.20	Dana Lindberg	2010	Hingham 3	Patriot League Meet #1 12/15/2008 (2)
44	37.20	Peter Finigan	2010	Reading 2	Div2 State Champs 02/22/2009 (7)
45	37.21	Bolander Lewis	2012	Framingham 1	Bay State League Meet 02/11/2009 (2)
46	37.23	Tom Svirsky	2009	Newburyport 4	Cape Ann Champs 02/10/2009 (1)
47	37.24	Jeremy Miller	2009	Framingham 1	Bay State League Meet 02/11/2009 (3)
48	37.25	David Bean	2009	Weymouth 1	Bay State #5 01/22/2009 (2)

600 Meter Run (1:26.0) State Record: 1:20.11 Christopher Bonner, Xaverian HS, New Englands (RLC), 3/1/2002

1	1:20.89	Nick Wade	2009	North Attleboro 2	All State Meet 02/27/2009 (1)
2	1:21.67	David Brown	2009	Chelmsford 1	New England Champs 03/06/2009 (4)
3	1:21.94	Paul Connor	2009	Milton 3	All State Meet 02/27/2009 (3)
4	1:22.01	Nicholas DelGiudice	2009	Leominster 1	New England Champs 03/06/2009 (5)
5	1:22.72	Tyler Cumberlander	2009	Westfield 1	State Div 1 Championship 02/21/2009 (3)
6	1:23.12	Steve Souza	2010	Durfee 1	State Div 1 Championship 02/21/2009 (4)
7	1:23.41	Matt Hinthorne	2009	Braintree 1	New England Champs 03/06/2009 (6)
8	1:24.08	Sean Hanlon	2009	St. John's Prep 1	State Div 1 Championship 02/21/2009 (5)
9	1:24.13	Chris Dooley	2010	Weymouth 1	State Div 1 Championship 02/21/2009 (6)
10	1:24.25	Ethan Santos	2009	New Bedford 1	Big Three 01/23/2009 (1)
11	1:24.35	Evan Tuohy-Bedord	2010	Dennis-Yarmouth 2	MSTCA Elite Meet 02/01/2009 (6)
12	1:24.35	Andre Medeiros	2009	New Bedford VT 1	Div2 State Champs 02/22/2009 (2)
13	1:24.74	Rob Martin	2009	Andover 1	MSTCA Elite Meet 02/01/2009 (7)
14	1:24.92	Matt Grady	2010	Malden Catholic 1	Tri County #7 02/03/2009 (2)
15	1:24.98	Coby Horowitz	2010	Nashoba 3	MIAA D3 02/20/2009 (2)
16	1:24.9h	Omar Abdi	2009	Charlestown 2	Boston City Champs 02/10/2009 (1)
17	1:25.01	Tyler Lewis	2009	Foxboro 3	MIAA D3 02/20/2009 (3)
18	1:25.24	Zach Hutchinson	2011	Hopkinton 3	TVL Championships 01/31/2009 (1)
19	1:25.27	Jeff Brown	2009	Medfield 3	TVL Championships 01/31/2009 (2)
20	1:25.32	Peter Finigan	2010	Reading 2	MSTCA Elite Meet 02/01/2009 (10)
21	1:25.47	Michael Mailloux	2010	Northampton 3	MIAA D3 02/20/2009 (5)
22	1:25.48	Ian Sandler	2009	Brookline 1	State Div 1 Championship 02/21/2009 (10)
23	1:25.50	Mark Macklin	2009	Leominster 1	State Div 1 Championship 02/21/2009 (11)
24	1:25.56	Matthew Perrault	2009	Lunenburg 4	State Div 4 Championship 02/21/2009 (1)
25	1:25.57	Ryan Conrad	2009	Peabody 1	MSTCA Elite Meet 02/01/2009 (12)
26	1:25.58	Jake Keefer	2011	Attleboro 1	Old Colony League 01/16/2009 (1)
27	1:25.60	Matt Fogerty	2009	Billerica 1	MSTCA Invitational 01/31/2009 (2)
28	1:25.65	Justin Davis	2010	Ashland 4	All State Meet 02/27/2009 (10)
29	1:25.71	Jarrold Goula	2009	Walpole 3	MIAA D3 02/20/2009 (6)
30	1:25.76	Walter Cabreja	2009	Lowell 1	MSTCA Invitational 01/31/2009 (0)
31	1:25.91	Kyle Costa	2009	Somerset 3	Eastern Atlantic Conference Meet 01/26/2009 (1)
32	1:25.93	Nathaniel McGough	2010	Hamilton-Wenham 4	Cape Ann Champs 02/10/2009 (1)
33	1:25.95	Sam Spencer	2009	Seekonk 4	All State Meet 02/27/2009 (12)
34	1:25.9h	Paul Grafov	2009	Dartmouth 2	Old Colony #5 01/06/2009 (1)
35	1:26.01	Mike Ronan	2011	Hopkinton 3	MIAA D3 02/20/2009 (8)
36	1:26.02	William Ferguson	2009	East Longmeadow 3	MIAA D3 02/20/2009 (9)
37	1:26.08	Joel Jubbard	2012	Marshfield 2	Div2 State Champs 02/22/2009 (4)
38	1:26.09	Ryan Shooshan	2009	Wachusett 1	State Div 1 Championship 02/21/2009 (12)
39	1:26.10	Mark Vetere	2010	Andover 1	Merrimack Valley Champs 02/13/2009 (4)
40	1:26.10	Emerson Almeida	2009	Norton 4	TVL Championships 01/31/2009 (4)
41	1:26.12	Bryan Carton	2009	Norwell 4	MSTCA Invitational 01/31/2009 (5)
42	1:26.13	Clint Burns	2010	Whitman-Hanson 2	Div2 State Champs 02/22/2009 (6)
43	1:26.16	Ryan Petrella	2011	Mansfield 2	MSTCA Invitational 01/31/2009 (6)
44	1:26.28	Adam Walleck	2009	Oliver Ames 3	MSTCA Elite Meet 02/01/2009 (15)
45	1:26.28	Clervil Woodrick	2011	Rindge&Latin 1	GreaterBoston League 02/14/2009 (1)
46	1:26.30	Casey Green	2009	St. John's Shrewsbury 1	State Div 1 Championship 02/21/2009 (13)
47	1:26.34	Matt Hart	2009	Wayland 3	MIAA D3 02/20/2009 (10)
48	1:26.36	Brett Haschig	2009	Oakmont 4	MSTCA Invitational 01/31/2009 (7)
49	1:26.45	John Scanlon	2009	Dighton-Rehoboth 3	MIAA D3 02/20/2009 (11)
50	1:26.53	Ramses Rafael	2009	Lawrence 1	State Div 1 Championship 02/21/2009 (14)
51	1:26.53	Joel Rojas	2011	Brockton 1	State Div 1 Championship 02/21/2009 (15)
52	1:26.57	Rob Hennessey	2009	North Andover 2	Cape Ann Champs 02/10/2009 (1)
53	1:26.58	Kyle Kilduff	2010	Mansfield 2	Div2 State Champs 02/22/2009 (7)
54	1:26.64	Connor O'Neil	2009	Andover 1	MSTCA Elite Meet 02/01/2009 (16)
55	1:26.64	Michael Krempin	2011	Oliver Ames 3	Hock Championship 02/14/2009 (3)
56	1:26.67	Andy Stillman	2009	Xaverian 1	Tri County #7 02/03/2009 (3)
57	1:26.71	John Thompson	2010	Shrewsbury 2	MSTCA Invitational 01/31/2009 (8)
58	1:26.81	Anthony Frissora	2009	Shrewsbury 2	MidWach League Meet 02/07/2009 (1)
59	1:26.81	Michael Lockhart	2010	Xaverian 1	TriCountyChamps 02/12/2009 (3)
60	1:26.89	Rob Cavanaugh	2011	Xaverian 1	TriCountyChamps 02/12/2009 (4)

600 Meter Run (1:26.0) State Record: 1:20.11 Christopher Bonner, Xaverian HS, New Englands (RLC), 3/1/2002

61	1:26.98	Anthony Gentles	2009	Lowell 1	Merrimack Valley Champs 02/13/2009 (6)
62	1:26.99	John Mbengam	2011	Randolph 3	Auerbach Meet (Frosh-Soph) 01/04/2009 (1)

1000 Meter Run (2:40.0) State Record: 2:25.14 Said Ahmed, Boston English, New Englands (RLC), 3/2002

1	2:27.80	Omar Abdi	2009	Charlestown 2	MSTCA Elite Meet 02/01/2009 (1)
2	2:28.93	Joe Doyle	2009	Nashoba 3	New England Champs 03/06/2009 (1)
3	2:30.43	Luke Vance	2009	Hamilton-Wenham 4	All State Meet 02/27/2009 (2)
4	2:30.70	Anthony Frissora	2009	Shrewsbury 2	All State Meet 02/27/2009 (3)
5	2:31.16	Mike Masse	2009	St. John's Prep 1	All State Meet 02/27/2009 (4)
6	2:31.43	Luke Doherty-Munro	2009	Hudson 4	All State Meet 02/27/2009 (5)
7	2:32.19	Andy Stillman	2009	Xaverian 1	All State Meet 02/27/2009 (6)
8	2:33.64	Steve McKenna	2009	Lexington 1	All State Meet 02/27/2009 (7)
9	2:33.70	Adderly Gonzalez	2009	Lawrence 1	All State Meet 02/27/2009 (8)
10	2:33.73	Nahed Lakkis	2009	Catholic Memorial 2	All State Meet 02/27/2009 (9)
11	2:34.12	Steve Sollowin	2011	Weymouth 1	State Div 1 Championship 02/21/2009 (3)
12	2:35.12	Andrew Sukefort	2010	Middleboro 3	All State Meet 02/27/2009 (10)
13	2:35.39	Alex Long	2009	Newton South 1	State Div 1 Championship 02/21/2009 (1)
14	2:35.3h	Pat Taft	2009	Whitman-Hanson 2	Patriot League #4 01/29/2009 (1)
15	2:35.54	Max Darrah	2010	Dennis-Yarmouth 2	ACLChamps 02/13/2009 (1)
16	2:35.93	Brandon Britt	2009	Leominster 1	State Div 1 Championship 02/21/2009 (6)
17	2:36.14	Chris Harney	2009	Mansfield 2	All State Meet 02/27/2009 (11)
18	2:36.2h	John Gregorek	2010	Seekonk 4	SCC Dual Meet 01/21/2009 (1)
19	2:36.33	Ramses Montero	2009	Peabody 1	State Div 1 Championship 02/21/2009 (7)
20	2:36.54	Ethan Santos	2009	New Bedford 1	MSTCA Elite Meet 02/01/2009 (4)
21	2:37.35	Adam Walleck	2009	Oliver Ames 3	All State Meet 02/27/2009 (12)
22	2:37.51	Brad Porter	2011	Reading 2	MSTCA Elite Meet 02/01/2009 (6)
23	2:37.69	John Bleday	2009	Xaverian 1	Tri County #6 01/27/2009 (1)
24	2:37.95	Chris Letourneau	2009	Franklin 2	Div2 State Champs 02/22/2009 (4)
25	2:37.99	Ryan O'Connell'	2009	Coyle&Cassidy 4	All State Meet 02/27/2009 (13)
26	2:38.14	Mohammed Islam	2009	Rindge&Latin 1	GreaterBoston League 02/14/2009 (1)
27	2:38.19	Cam Tieuli	2009	St. John's Shrewsbur 1	TriCountyChamps 02/12/2009 (4)
28	2:38.29	Tyler Moules	2010	Billerica 1	Merrimack Valley Champs 02/13/2009 (2)
29	2:38.3h	Dana Dourdeville	2011	Old Rochester 4	SCC Dual 02/17/2009 (1)
30	2:38.67	Patrick Grimes	2009	Mansfield 2	Hock Championship 02/14/2009 (1)
31	2:38.72	Dan Joyce	2010	Marshfield 2	ACLChamps 02/13/2009 (2)
32	2:38.74	Tyler Keith	2009	Northampton 3	MIAA D3 02/20/2009 (3)
33	2:38.92	David Taranto	2012	Burlington 3	All State Meet 02/27/2009 (14)
34	2:38.94	Isaac Soares	2009	Somerset 3	MIAA D3 02/20/2009 (4)
35	2:38.94	Walter Cabreja	2009	Lowell 1	Merrimack Valley Champs 02/13/2009 (3)
36	2:39.29	Curt Owen	2011	Acton-Boxboro 1	DualCounty Champs 02/14/2009 (2)
37	2:39.39	Aaron Nemzer	2009	Milton 3	MIAA D3 02/20/2009 (7)
38	2:39.59	Mike Gaffney	2010	Dartmouth 2	Old Colony League 01/16/2009 (1)
39	2:40.05	Caleb Rogers	2010	Wilmington 3	Cape Ann Champs 02/10/2009 (2)
40	2:40.06	Victor Silva	2009	Central Catholic 2	Div2 State Champs 02/22/2009 (6)
41	2:40.17	Adam Vetere	2010	Andover 1	Merrimack Valley Champs 02/13/2009 (5)
42	2:40.30	Evan Tuohy-Bedord	2010	Dennis-Yarmouth 2	Atlantic Coast Meet #1 12/10/2008 (1)

One Mile Run (4:34.0) State Record: 4:07.12 Jonathan Riley, Brookline HS, National Scholastics, NY Army, New York, NY 3/9/1997

1	4:14.12	Omar Abdi	2009	Charlestown 2	BU Mini Meet #3 01/03/2009 (1)
2	4:20.57	John Gregorek	2010	Seekonk 4	MSTCA Elite Meet 02/01/2009 (1)
3	4:20.79	John Bleday	2009	Xaverian 1	All State Meet 02/27/2009 (1)
4	4:21.50	Alex Kramer	2009	North Andover 2	New England Champs 03/06/2009 (1)
5	4:21.71	Max Darrah	2010	Dennis-Yarmouth 2	All State Meet 02/27/2009 (3)
6	4:22.78	Pat Taft	2009	Whitman-Hanson 2	All State Meet 02/27/2009 (5)
7	4:22.79	Andrew Ryan	2010	Gloucester 2	All State Meet 02/27/2009 (6)
8	4:23.01	Byron Jones	2010	Westboro 3	All State Meet 02/27/2009 (7)
9	4:23.40	Patrick Grimes	2009	Mansfield 2	Boston Holiday Inv 12/27/2008 (2)
10	4:24.09	Mike Masse	2009	St. John's Prep 1	Boston Holiday Inv 12/27/2008 (3)
11	4:24.75	Mohammed Islam	2009	Rindge&Latin 1	MSTCA Elite Meet 02/01/2009 (5)
12	4:25.25	Jeff Bush	2010	Westboro 3	Boston U Mini Meet #2 12/27/2008 (10)
13	4:25.82	Anthony Taylor	2010	Arlington 2	Dual County #4 01/21/2009 (1)
14	4:26.00	Dan Joyce	2010	Marshfield 2	MSTCA Elite Meet 02/01/2009 (6)
15	4:26.38	Ahmed Ali	2009	Charlestown 2	BU Mini Meet #3 01/03/2009 (8)
16	4:26.38	Jared Reddy	2010	Methuen 1	MSTCA Elite Meet 02/01/2009 (7)
17	4:26.73	Ryan Hardiman	2009	Brookline 1	State Div 1 Championship 02/21/2009 (2)
18	4:26.92	Anthony Frissora	2009	Shrewsbury 2	MSTCA Elite Meet 02/01/2009 (8)
19	4:26.93	Dana Dourdeville	2011	Old Rochester 4	MSTCA Elite Meet 02/01/2009 (9)
20	4:27.09	Greg Krathwohl	2010	Ipswich 3	All State Meet 02/27/2009 (8)
21	4:27.79	Dawit Gelay	2009	Rindge&Latin 1	MSTCA Elite Meet 02/01/2009 (10)
22	4:28.10	Darryl Varney	2010	North Andover 2	Div2 State Champs 02/22/2009 (7)
23	4:28.16	Pete Dolan	2009	Xaverian 1	State Div 1 Championship 02/21/2009 (4)
24	4:28.30	Jonathan Gault	2009	Bedford 4	DualCounty Champs 02/14/2009 (1)
25	4:29.22	Jonathan McKinley	2011	Duxbury 3	MSTCA Elite Meet 02/01/2009 (12)
26	4:29.22	Ryan Kelley	2011	Pembroke 4	MSTCA Elite Meet 02/01/2009 (11)
27	4:29.39	Nahed Lakkis	2009	Catholic Memorial 2	MSTCA Elite Meet 02/01/2009 (13)
28	4:29.81	John Jantz	2011	Arlington 2	MSTCA Elite Meet 02/01/2009 (15)
29	4:30.43	Brendan Boyle	2010	Mansfield 2	All State Meet 02/27/2009 (14)
30	4:30.58	Conor Grogan	2009	Hudson 4	BU Mini Meet #3 01/03/2009 (0)
31	4:30.87	Erick Dunn-Gaudet	2009	Northampton 3	MSTCA Elite Meet 02/01/2009 (16)
32	4:30.89	Patrick Mullarkey	2009	Nipmuc 4	BU Mini Meet #3 01/03/2009 (4)
33	4:30.90	Pat Condon	2009	Reading 2	MSTCA Elite Meet 02/01/2009 (17)
34	4:31.03	Evan Tuohy-Bedord	2010	Dennis-Yarmouth 2	Boston Holiday Inv 12/27/2008 (6)
35	4:31.40	Brendon Aylaian	2010	Nashoba 3	All State Meet 02/27/2009 (16)
36	4:31.77	Yuji Wakioto	2010	Newton South 1	MSTCA Invitational 01/31/2009 (1)
37	4:32.41	Tyler Moules	2010	Billerica 1	BU Mini Meet #3 01/03/2009 (0)
38	4:32.55	Andrew Stamatopoulos	2010	Methuen 1	BU Mini Meet #3 01/03/2009 (0)
39	4:32.82	Brendan Grove	2010	Brookline 1	Bay State League Meet 02/11/2009 (2)
40	4:32.90	Nate Shelter	2009	Triton 3	MIAA D3 02/20/2009 (2)
41	4:33.14	Greg Englehart	2010	Newburyport 4	Cape Ann Champs 02/10/2009 (1)
42	4:33.60	Ed Colvin	2010	Catholic Memorial 2	Tri County #6 01/27/2009 (2)
43	4:34.55	Kyler Evitt	2009	Somerville 1	MSTCA Invitational 01/31/2009 (2)
44	4:34.58	Mike Giardina	2011	Lowell 1	Merrimack Valley Champs 02/13/2009 (2)
45	4:34.85	Bobby McShane	2010	Bishop Feehan 3	Boston Holiday Inv 12/27/2008 (1)

2 Mile Run (10:00.0) State Record: 8:49.60 Franlyn Sanchez, Lynn Vo-Tech, State Meet (RLC), 2/2/1999

1	9:19.64	John Gregorek	2010	Seekonk 4	All State Meet 02/27/2009 (1)
2	9:26.14	Conor Grogan	2009	Hudson 4	All State Meet 02/27/2009 (2)
3	9:26.91	Anthony Taylor	2010	Arlington 2	All State Meet 02/27/2009 (3)
4	9:27.01	Mike Moverman	2009	Oliver Ames 3	Hock Championship 02/14/2009 (1)
5	9:28.13	Ahmed Ali	2009	Charlestown 2	Div2 State Champs 02/22/2009 (1)
6	9:29.65	Dawit Gelay	2009	Rindge&Latin 1	All State Meet 02/27/2009 (4)
7	9:31.27	Patrick Mullarkey	2009	Nipmuc 4	All State Meet 02/27/2009 (5)
8	9:31.95	Jonathan Gault	2009	Bedford 4	State Div 4 Championship 02/21/2009 (2)
9	9:35.71	Phil Galebach	2009	Medford 1	GreaterBoston League 02/14/2009 (1)
10	9:36.89	Ed Colvin	2010	Catholic Memorial 2	Div2 State Champs 02/22/2009 (3)
11	9:39.77	Jeff Bush	2010	Westboro 3	MIAA D3 02/20/2009 (2)
12	9:40.56	Patrick McGowan	2010	Mansfield 2	Hock Championship 02/14/2009 (2)
13	9:41.06	Erick Dunn-Gaudet	2009	Northampton 3	All State Meet 02/27/2009 (9)
14	9:41.31	John Bleday	2009	Xaverian 1	TriCountyChamps 02/12/2009 (1)
15	9:41.40	Max Darrah	2010	Dennis-Yarmouth 2	ACL Meet #5 01/14/2009 (1)
16	9:42.20	Ethan Penney	2009	Haverhill 1	Merrimack Valley Champs 02/13/2009 (1)
17	9:42.49	Brendan Grove	2010	Brookline 1	MSTCA Elite Meet 02/01/2009 (8)
18	9:44.67	Atticus Brigham	2009	Amherst-Pelham 1	MSTCA Invitational 01/31/2009 (1)
19	9:45.71	John O'Shea	2009	Dracut 2	Merrimack Valley Champs 02/13/2009 (2)
20	9:45.76	Andrew Herring	2010	Lexington 1	MSTCA Invitational 01/31/2009 (2)
21	9:47.04	Will Faden	2009	Grafton 4	Boston Holiday Inv 12/27/2008 (4)
22	9:47.85	Dan Shields	2010	Needham 2	Div2 State Champs 02/22/2009 (4)
23	9:48.41	Andrew McGillowey	2009	Marshfield 2	Div2 State Champs 02/22/2009 (6)
24	9:48.91	Jared Reddy	2010	Methuen 1	Boston Holiday Inv 12/27/2008 (5)
25	9:49.88	Dan Joyce	2010	Marshfield 2	// (3)
26	9:51.74	Steve Fitzsimmons	2009	Methuen 1	Merrimack Valley Champs 02/13/2009 (3)
27	9:52.10	Daniel Hamilton	2009	Newton North 1	State Div 1 Championship 02/21/2009 (4)
28	9:52.12	John Jantz	2011	Arlington 2	Dual County #5 02/05/2009 (1)
29	9:52.39	Justin Reddy	2009	Methuen 1	Merrimack Valley Champs 02/13/2009 (4)
30	9:52.40	John Murray	2011	Shrewsbury 2	Div2 State Champs 02/22/2009 (7)
31	9:54.00	Jeremy Francisco	2009	Dartmouth 2	Div2 State Champs 02/22/2009 (9)
32	9:54.55	Anthony Salvucci	2009	Burlington 3	All State Meet 02/27/2009 (16)
33	9:54.80	Padraic Donovan	2011	Lowell 1	Merrimack Valley Champs 02/13/2009 (5)
34	9:55.31	Kevin Meagher	2009	Mansfield 2	Div2 State Champs 02/22/2009 (10)
35	9:55.41	Teddy Farley	2009	Acton-Boxboro 1	MSTCA Elite Meet 02/01/2009 (13)
36	9:56.15	Andy Stillman	2009	Xaverian 1	Tri County #6 01/27/2009 (2)
37	9:56.20	Steve Sollowin	2011	Weymouth 1	Bay State #6 02/04/2009 (1)
38	9:56.53	Ian Lutz	2011	Northampton 3	All State Meet 02/27/2009 (18)
39	9:57.23	Chris Stadler	2010	Belmont 2	MSTCA Invitational 01/31/2009 (5)
40	9:57.61	Chernet Sisay	2012	Brookline 1	MSTCA Invitational 01/31/2009 (6)
41	9:57.98	Andrew Stamatopoulos	2010	Methuen 1	Dartmouth Relays 01/09/2009 (0)
42	9:58.89	Brandon Mulligan	2010	Westfield 1	State Div 1 Championship 02/21/2009 (8)
43	9:59.72	Dan Gordon	2011	Plymouth North 2	Div2 State Champs 02/22/2009 (11)
44	9:59.98	Cameron Fen	2009	Newton South 1	Dual County #4 01/21/2009 (3)
45	10:00.28	Ryan Kelley	2011	Pembroke 4	Auerbach Meet (Frosh-Soph) 01/04/2009 (1)

4x200 Meter Relay (1:36.0) State Record: 1:29.6h Weymouth HS, New England Champs, 3/1992

1	1:31.08	Andover	1	New England Champs 03/06/2009 (1)
2	1:32.09	Westford Academy	2	McIntyre Relays 02/08/2009 (2)
3	1:32.73	Central Catholic	2	All State Meet 02/27/2009 (2)
4	1:33.01	Randolph	3	New England Champs 03/06/2009 (3)
5	1:33.09	Woburn	2	New England Champs 03/06/2009 (4)
6	1:33.13	Lawrence	1	Merrimack Valley Champs 02/13/2009 (1)
7	1:33.21	Sharon	2	All State Meet 02/27/2009 (3)
8	1:33.47	Lexington	1	MSTCA Elite Meet 02/01/2009 (2)
9	1:33.50	St. John's Prep	1	Boston Holiday Inv #2 12/28/2008 (1)
10	1:33.71	Barnstable	2	Old Colony League 01/16/2009 (1)
11	1:33.92	Brockton	1	State Div 1 Championship 02/21/2009 (2)
12	1:33.92	Hamilton-Wenham	4	All State Meet 02/27/2009 (7)
13	1:34.19	Lowell	1	MSTCA D 1 Relay Meet 01/17/2009 (3)
14	1:34.22	Methuen	1	MSTCA Elite Meet 02/01/2009 (4)
15	1:34.28	Acton-Boxboro	1	MSTCA D 1 Relay Meet 01/17/2009 (4)
16	1:34.30	O'Bryant	3	MSTCA D-3 Relays 01/24/2009 (1)
17	1:34.34	Reading	2	MSTCA D2 Relays 01/25/2009 (2)
18	1:34.39	Lynn English	1	State Div 1 Championship 02/21/2009 (4)
19	1:34.65	Tewksbury	2	Div2 State Champs 02/22/2009 (5)
20	1:34.69	Natick	2	Div2 State Champs 02/22/2009 (6)
21	1:34.6h	Barnstable	2	Old colony meet 01/09/2009 (1)
22	1:34.86	Boston English	1	NEC Championships 02/05/2009 (1)
23	1:34.96	Silver Lake Regional	2	All State Meet 02/27/2009 (10)
24	1:34.98	Marshfield	2	All State Meet 02/27/2009 (11)
25	1:35.14	New Bedford	1	MSTCA Elite Meet 02/01/2009 (8)
26	1:35.24	Belmont	2	Div2 State Champs 02/22/2009 (9)
27	1:35.28	Hingham	3	Patriot Champs 02/09/2009 (1)
28	1:35.44	Mansfield	2	Div2 State Champs 02/22/2009 (10)
29	1:35.51	Framingham	1	State Div 1 Championship 02/21/2009 (7)
30	1:35.62	Bridgewater-Raynham	1	State Div 1 Championship 02/21/2009 (8)
31	1:35.62	New Bedford VT	1	Div2 State Champs 02/22/2009 (11)
32	1:35.66	Wellesley	3	MIAA D3 02/20/2009 (3)
33	1:35.67	St. John's Shrewsbur	1	State Div 1 Championship 02/21/2009 (9)
34	1:35.69	Oliver Ames	3	MIAA D3 02/20/2009 (2)
35	1:35.75	Seekonk	4	All State Meet 02/27/2009 (14)
36	1:35.76	Stoneham	3	McIntyre Relays 02/08/2009 (7)
37	1:35.81	Xaverian	1	State Div 1 Championship 02/21/2009 (10)
38	1:36.00	New Bedford VT	1	MSTCA D2 Relays 01/25/2009 (6)
39	1:36.01	Everett	1	GreaterBoston League 02/14/2009 (1)
40	1:36.02	Foxboro	3	MSTCA Elite Meet 02/01/2009 (10)
41	1:36.15	Rindge&Latin	1	GreaterBoston League 02/14/2009 (2)
42	1:36.15	Westwood	4	All State Meet 02/27/2009 (17)
43	1:36.21	Peabody	1	State Div 1 Championship 02/21/2009 (11)
44	1:36.22	Newburyport	4	MSTCA D4 Relay Meet 01/18/2009 (2)
45	1:36.35	Canton	3	MIAA D3 02/20/2009 (6)
46	1:36.45	Milton	3	MSTCA Elite Meet 02/01/2009 (11)
47	1:36.45	Nashoba	3	MIAA D3 02/20/2009 (8)
48	1:36.48	Somerville	1	State Div 1 Championship 02/21/2009 (14)
49	1:36.49	King Philip	2	MSTCA D2 Relays 01/25/2009 (8)
50	1:36.49	North Attleboro	2	Hock Championship 02/14/2009 (3)
51	1:36.52	Beverly	2	MSTCA D2 Relays 01/25/2009 (9)
52	1:36.54	Stoughton	2	MSTCA D2 Relays 01/25/2009 (10)
53	1:36.54	Newton North	1	Bay State League Meet 02/11/2009 (2)
54	1:36.54	Middleboro	3	MIAA D3 02/20/2009 (9)
55	1:36.61	Medfield	3	MSTCA D-3 Relays 01/24/2009 (3)
56	1:36.70	Winchester	3	MSTCA D-3 Relays 01/24/2009 (4)
57	1:36.89	N. Middlesex	2	MSTCA Winter Festival 01/10/2009 (4)
58	1:36.89	Bishop Feehan	3	MIAA D3 02/20/2009 (9)
59	1:36.92	Canton	3	Hock Championship 02/14/2009 (4)
60	1:36.95	Concord-Carlisle	2	Div2 State Champs 02/22/2009 (13)



4x400 Meter Relay (3:35.0) State Record: 3:17.8h Brockton HS, Coaches Inv., Cambridge, MA 1/28/1979

1	3:25.33	Andover	1	State Div 1 Championship 02/21/2009 (1)
2	3:25.82	St. John's Prep	1	All State Meet 02/27/2009 (2)
3	3:26.43	Charlestown	2	Div2 State Champs 02/22/2009 (1)
4	3:26.58	Randolph	3	All State Meet 02/27/2009 (3)
5	3:28.03	Wilmington	3	McIntyre Relays 02/08/2009 (2)
6	3:28.09	Reading	2	Div2 State Champs 02/22/2009 (2)
7	3:28.10	Brockton	1	MSTCA D 1 Relay Meet 01/17/2009 (2)
8	3:28.64	Woburn	2	All State Meet 02/27/2009 (4)
9	3:28.91	North Attleboro	2	Hock Championship 02/14/2009 (1)
10	3:28.91	Northampton	3	Hock Championship 02/14/2009 (1)
11	3:29.93	Mansfield	2	Hock Championship 02/14/2009 (2)
12	3:30.38	Hopkinton	3	MSTCA D-3 Relays 01/24/2009 (2)
13	3:30.43	Lowell	1	Merrimack Valley Champs 02/13/2009 (2)
14	3:30.53	Oliver Ames	3	MSTCA Elite Meet 02/01/2009 (3)
15	3:30.85	Shrewsbury	2	MSTCA Elite Meet 02/01/2009 (5)
16	3:31.14	Leominster	1	All State Meet 02/27/2009 (9)
17	3:31.44	Rindge&Latin	1	MSTCA Elite Meet 02/01/2009 (7)
18	3:31.60	Somerset	3	All State Meet 02/27/2009 (10)
19	3:32.07	Newton North	1	MSTCA D 1 Relay Meet 01/17/2009 (4)
20	3:32.10	St. John's Shrewsbur	1	MSTCA Elite Meet 02/01/2009 (8)
21	3:32.30	Attleboro	1	All State Meet 02/27/2009 (12)
22	3:32.63	BC High	1	Tri County #7 02/03/2009 (1)
23	3:33.34	Dighton-Rehoboth	3	MSTCA D-3 Relays 01/24/2009 (4)
24	3:33.55	Peabody	1	MSTCA D 1 Relay Meet 01/17/2009 (5)
25	3:33.64	Weymouth	1	Bay State League Meet 02/11/2009 (1)
26	3:33.92	Acton-Boxboro	1	DualCounty Champs 02/14/2009 (1)
27	3:34.05	Xaverian	1	MSTCA D 1 Relay Meet 01/17/2009 (8)
28	3:34.08	Lexington	1	MSTCA Elite Meet 02/01/2009 (10)
29	3:34.13	Westford Academy	2	MSTCA Elite Meet 02/01/2009 (11)
30	3:34.82	Newton South	1	DualCounty Champs 02/14/2009 (2)
31	3:35.77	Blackstone-Millville	4	All State Meet 02/27/2009 (14)
32	3:35.93	Wachusett	1	McIntyre Relays 02/08/2009 (7)
33	4:15.85	Whitman-Hanson	2	Div2 State Champs 02/22/2009 (7)

4x800 Meter Relay (8:35.0) State Record: 7:54.13 Xaverian, National Scholastics, New Haven, Ct (Yale), 3/1987

1	8:04.59	St. John's Shrewsbur	1	State Div 1 Championship 02/21/2009 (1)
2	8:04.97	Xaverian	1	New England Champs 03/06/2009 (3)
3	8:07.67	Gloucester	2	McIntyre Relays 02/08/2009 (1)
4	8:08.00	Weymouth	1	All State Meet 02/27/2009 (2)
5	8:08.73	Whitman-Hanson	2	New England Champs 03/06/2009 (10)
6	8:09.45	Rindge&Latin	1	State Div 1 Championship 02/21/2009 (3)
7	8:09.94	Newton South	1	All State Meet 02/27/2009 (4)
8	8:10.99	Lowell	1	All State Meet 02/27/2009 (5)
9	8:11.60	Peabody	1	MSTCA D 1 Relay Meet 01/17/2009 (1)
10	8:13.74	Nashoba	3	McIntyre Relays 02/08/2009 (5)
11	8:14.13	Hudson	4	MSTCA Elite Meet 02/01/2009 (2)
12	8:14.25	Dartmouth	2	McIntyre Relays 02/08/2009 (6)
13	8:14.47	Andover	1	All State Meet 02/27/2009 (9)
14	8:14.83	Mansfield	2	All State Meet 02/27/2009 (10)
15	8:16.19	Reading	2	All State Meet 02/27/2009 (11)
16	8:18.83	Franklin	2	All State Meet 02/27/2009 (13)
17	8:18.88	Chelmsford	1	McIntyre Relays 02/08/2009 (8)
18	8:19.42	St. John's Prep	1	MSTCA D 1 Relay Meet 01/17/2009 (3)
19	8:23.30	Bishop Feehan	3	All State Meet 02/27/2009 (15)
20	8:24.26	Methuen	1	MSTCA D 1 Relay Meet 01/17/2009 (8)
21	8:25.04	North Andover	2	MSTCA D2 Relays 01/25/2009 (5)
22	8:26.08	Medfield	3	All State Meet 02/27/2009 (16)
23	8:26.96	Bromfield	4	All State Meet 02/27/2009 (17)
24	8:27.59	Northampton	3	MSTCA Elite Meet 02/01/2009 (7)
25	8:27.91	Hamilton-Wenham	4	MSTCA D4 Relay Meet 01/18/2009 (2)
26	8:27.96	Brookline	1	State Div 1 Championship 02/21/2009 (11)
27	8:28.68	Marshfield	2	MSTCA Elite Meet 02/01/2009 (8)
28	8:29.13	Coyle&Cassidy	4	McIntyre Relays 02/08/2009 (16)
29	8:29.52	Newburyport	4	MSTCA D4 Relay Meet 01/18/2009 (3)
30	8:29.54	Lexington	1	State Div 1 Championship 02/21/2009 (12)
31	8:30.38	New Bedford	1	McIntyre Relays 02/08/2009 (17)
32	8:30.72	Westwood	4	MSTCA D4 Relay Meet 01/18/2009 (4)
33	8:30.97	Hingham	3	MIAA D3 02/20/2009 (2)
34	8:31.70	Pembroke	4	MSTCA D4 Relay Meet 01/18/2009 (5)
35	8:31.77	BC High	1	State Div 1 Championship 02/21/2009 (13)
36	8:32.87	Millbury	4	State Div 4 Championship 02/21/2009 (3)
37	8:33.51	Somerville	1	McIntyre Relays 02/08/2009 (18)
38	10:16.42	Wachusett	1	State Div 1 Championship 02/21/2009 (9)

Shot Put (46-00.00) State Record: 63-11.00 Jeff Chakouian, Seekonk, Nike Meet, Landover, MD, 3/12/2000

1	60-10.00	Dan Glavin	2009	Mansfield 2	New England Champs 03/06/2009 (1)
2	59-03.00	Sam Bombaugh	2010	Falmouth 1	State Div 1 Championship 02/21/2009 (1)
3	54-07.75	Gus Margiotta	2010	Gloucester 2	Div2 State Champs 02/22/2009 (2)
4	54-06.75	Andrew Piscitelli	2009	Millbury 4	McIntyre Relays 02/08/2009 (0)
5	54-03.50	Ryan Davila	2010	Lowell 1	MSTCA Winter Festival 01/10/2009 (1)
6	54-03.25	Michael Murphy	2009	BC High 1	All State Meet 02/27/2009 (3)
7	52-10.00	Dante Hill	2009	Longmeadow 3	PVIAC Meet #4 01/16/2009 (1)
8	51-11.50	Kevin Peter	2010	North Attleboro 2	All State Meet 02/27/2009 (6)
9	51-10.75	Justin Marsan	2009	Methuen 1	State Div 1 Championship 02/21/2009 (4)
10	51-08.00	Nick Maurais	2009	Peabody 1	All State Meet 02/27/2009 (7)
11	51-07.00	Chris Cadigan	2010	BC High 1	Tri County #7 02/03/2009 (2)
12	51-05.75	Phillip Kiy	2009	Norwood 2	All State Meet 02/27/2009 (8)
13	50-09.00	Justin Chartier	2009	Agawam 2	PVIAC Meet #6 01/20/2009 (1)
14	50-09.00	Brian Courtney	2009	North Attleboro 2	All State Meet 02/27/2009 (9)
15	50-01.50	Nour Shahin	2009	Peabody 1	NEC-Peabody 01/12/2009 (1)
16	50-00.50	Manny Velez	2009	Revere 1	NEC-Revere 01/12/2009 (1)
17	49-05.50	Steve Cawley	2009	Dedham 4	All State Meet 02/27/2009 (11)
18	49-04.00	Ryan Murphy	2009	Burlington 3	MIAA D3 02/20/2009 (2)
19	49-03.75	Don Caouette	2009	Attleboro 1	MSTCA D 1 Relay Meet 01/17/2009 (0)
20	49-02.25	Andrew Tallman	2010	BC High 1	TriCountyChamps 02/12/2009 (2)
21	48-09.50	Michael Lima	2009	Danvers 3	NEC #5 01/08/2009 (1)
22	48-08.00	Kyle Empey	2009	Middleboro 3	MSTCA Invitational 01/31/2009 (0)
23	48-03.25	Sean Enos	2011	St. John's Prep 1	TriCountyChamps 02/12/2009 (4)
24	48-02.25	Rick Truesdell	2009	Mahar 4	PVIAC Meet #6 01/20/2009 (1)
25	47-11.00	Samuel Stone	2009	Wellesley 3	Bay State League Meet 02/11/2009 (3)
26	47-09.75	Kevin Bettencourt	2009	Peabody 1	NEC Dual 01/26/2009 (2)
27	47-09.00	Bobby Rowe	2010	King Philip 2	Div2 State Champs 02/22/2009 (7)
28	47-07.50	Brett Gilbert	2009	Burlington 3	MIAA D3 02/20/2009 (3)
29	47-06.25	Chris Fong	2009	Mansfield 2	Div2 State Champs 02/22/2009 (8)
30	47-06.00	Conway King	2010	O'Bryant 3	MIAA D3 02/20/2009 (4)
31	47-04.75	Shad Sommers	2009	Milton 3	MIAA D3 02/20/2009 (5)
32	47-03.75	Garrett Klofas	2009	Athol 4	PVIACConference 02/13/2009 (3)
33	47-03.00	Andrew Bernard	2009	Concord-Carlisle 2	Dual County #5 02/05/2009 (1)
34	47-02.50	Justin Ehrhardt	2009	Stoneham 3	MIAA D3 02/20/2009 (6)
35	47-01.00	Zachary Borrelli	2010	Central Catholic 2	Div2 State Champs 02/22/2009 (9)
36	47-00.00	John Kelly	2012	Xaverian 1	Tri County #5 01/20/2009 (2)
37	47-00.00	Chris Cole	2009	Shrewsbury 2	MidWach Dual 01/17/2009 (1)
38	46-09.00	Joe Haddad	2009	Central Catholic 2	Dual C.Catholic Vs Tewksbury 12/17/2008 (1)
39	46-08.75	Andrew Valeri	2009	St. John's Prep 1	TriCountyChamps 02/12/2009 (5)
40	46-05.75	Jordan Kelly	2009	Xaverian 1	State Div 1 Championship 02/21/2009 (8)
41	46-04.00	Joe Angelo	2010	Woburn 2	MSTCA Elite Meet 02/01/2009 (11)
42	46-01.00	Joe Williams	2010	New Bedford 1	State Div 1 Championship 02/21/2009 (10)
43	46-00.00	Joe Teixeira	2010	Seekonk 4	SCC Dual Meet 01/21/2009 (1)

High Jump (6-00.00) State Record: 7-03.00 Greg Gonsalves, Falmouth HS, Easterns, Princeton, NJ, 3/9/1981

1	7-00.50	Corey Thomas	2009	BC High 1	MSTCA Elite Meet 02/01/2009 (1)
2	6-08.25	Trent Baltzell	2009	Sutton 4	State Div 4 Championship 02/21/2009 (1)
3	6-07.00	Ron Thomas	2009	Durfee 1	Old Colony League 01/16/2009 (1)
4	6-07.00	Sam Arsenault	2009	Newton North 1	MSTCA D 1 Relay Meet 01/17/2009 (0)
5	6-06.00	Matt Guarente	2009	Saugus 3	NEC Meet #4 01/07/2009 (1)
6	6-05.25	Sam Weust	2009	Lincoln-Sudbury 1	DualCounty Champs 02/14/2009 (1)
7	6-05.00	Mike Blair	2009	Wellesley 3	All State Meet 02/27/2009 (3)
8	6-05.00	Corey Fairfield	2010	Millis 4	New England Champs 03/06/2009 (2)
9	6-05.00	Brandon Higgins	2010	Bourne 3	New England Champs 03/06/2009 (2)
10	6-05.00	Alex Grimble	2009	North Andover 2	Div2 State Champs 02/22/2009 (1)
11	6-04.00	David Maloney	2009	O'Bryant 3	Boston City Meet 01/12/2009 (1)
12	6-04.00	Jason Guarente	2009	Saugus 3	NEC Dual 01/26/2009 (1)
13	6-04.00	Armando Bucciarelli	2010	Central Catholic 2	Dual Meet CCatholic-Lowell-Methuen 01/17/2009 (1)
14	6-04.00	Bobby Saraf	2009	Canton 3	King Philip vs North Attleboro vs Canton 12/27/2008 (1)
15	6-04.00	Mike Bates	2009	Canton 3	Hock Championship 02/14/2009 (1)
16	6-03.25	Tyler Columbo	2009	Gardner 3	MidWach 01/10/2009 (1)
17	6-03.00	Patrick Conklin	2009	Wellesley 3	All State Meet 02/27/2009 (5)
18	6-03.00	Bobby Fitzgibbon	2009	Walpole 3	Bay State #4 01/15/2009 (1)
19	6-03.00	Mike Fiore	2009	Wakefield 3	Middlesex league meet 12/27/2008 (1)
20	6-03.00	Ryan O'Connell	2009	Danvers 3	Danvers-Saugus 01/19/2009 (2)
21	6-03.00	Cory Mitchell	2010	New Bedford VT 1	Div2 State Champs 02/22/2009 (3)
22	6-03.00	Ibrahim Bukenya	2009	Woburn 2	Div2 State Champs 02/22/2009 (4)
23	6-02.00	Anthony Daniel	2009	Minnechaug 2	PVIAC Meet #2 01/10/2009 (1)
24	6-02.00	George Lewis	2011	Beverly 2	NEC-Peabody 01/12/2009 (1)
25	6-02.00	Matt Mitchell	2010	Lowell 1	State Div 1 Championship 02/21/2009 (3)
26	6-02.00	Sam Wuest	2009	Lincoln-Sudbury 1	State Div 1 Championship 02/21/2009 (5)
27	6-02.00	Nick Staley	2011	BC High 1	State Div 1 Championship 02/21/2009 (4)
28	6-01.00	Josh Quinnie	2011	Hanover 4	All State Meet 02/27/2009 (10)
29	6-01.00	Ryad Bensheikh	2009	Woburn 2	Div2 State Champs 02/22/2009 (5)
30	6-01.00	Alex Berry	2009	Hudson 4	State Div 4 Championship 02/21/2009 (3)
31	6-01.00	John Gomes	2009	Barnstable 2	MSTCA Elite Meet 02/01/2009 (8)
32	6-01.00	Paul Davis	2009	Mansfield 2	MSTCA Invitational 01/31/2009 (0)
33	6-01.00	Bernard Homicile	2009	BC High 1	Tri County #7 02/03/2009 (2)
34	6-01.00	Andrew Bernadin	2010	North Andover 2	Cape Ann Champs 02/10/2009 (1)
35	6-01.00	Dale DeCouto	2010	Case 4	All State Meet 02/27/2009 (13)
36	6-00.00	Alex Mostone	2009	St. John's Prep 1	Tri county #3 01/06/2009 (1)
37	6-00.00	Patrick Shea	2009	Springfield Cathedra 4	PVIACConference 02/13/2009 (2)
38	6-00.00	Sean McElwee	2010	North Attleboro 2	Oliver Ames-Mansfield-King Philip 12/20/2008 (3)
39	6-00.00	Chris Londa	2009	Lunenburg 4	MidWach Dual Meet 01/14/2009 (2)
40	6-00.00	Danny Thoren	2009	Methuen 1	Dual Meet CCatholic-Lowell-Methuen 01/17/2009 (0)
41	6-00.00	Andrew Osborne	2010	Andover 1	State Div 1 Championship 02/21/2009 (8)
42	6-00.00	Angel Ruiz	2009	Holyoke 2	PVIAC Meet #5 01/23/2009 (1)
43	6-00.00	Mike Ferrari	2009	Bishop Stang 4	Eastern Atlantic Conference Meet 01/26/2009 (1)
44	6-00.00	Jack Durkin	2010	St. John's Prep 1	TriCountyChamps 02/12/2009 (3)
45	6-00.00	Chris Fowler	2009	Westford Academy 2	DualCounty Champs 02/14/2009 (2)
46	6-00.00	Angelito Destin	2010	Doherty 1	State Div 1 Championship 02/21/2009 (6)

Long Jump (19-10.00) State Record: 23-10.00 Ramon Neves, Cambridge R&amp;L, National Scholastics, New Haven, Ct. (Yale), 3/1988

1	22-01.50	Sam Arsenault	2009	Newton North 1	Dartmouth Relays 01/09/2009 (1)
2	22-00.00	Jonathan Williams	2010	New Bedford 1	MSTCA Elite Meet 02/01/2009 (1)
3	21-11.50	Craig Langes	2011	Woburn 2	Div2 State Champs 02/22/2009 (1)
4	21-08.25	Evan White	2009	Tewksbury 2	Div2 State Champs 02/22/2009 (2)
5	21-07.75	Phito Gondre	2011	New Bedford 1	All State Meet 02/27/2009 (3)
6	21-07.00	Ross McDonald	2010	Newton South 1	MSTCA Elite Meet 02/01/2009 (2)
7	21-06.50	Ricardo Jaquite	2010	Madison Park 1	All State Meet 02/27/2009 (4)
8	21-06.00	Josh Adams	2009	Methuen 1	State Div 1 Championship 02/21/2009 (1)
9	21-05.75	Kaylin Miranda	2009	O'Bryant 3	Boston City Champs 02/10/2009 (1)
10	21-03.75	Kyle Reid	2010	Bridgewater-Raynham 1	State Div 1 Championship 02/21/2009 (4)
11	21-02.00	Jay Moore	2009	Natick 2	Bay State #5 01/22/2009 (1)
12	20-11.75	Brian Meadows	2009	East Longmeadow 3	PVIAC Meet #4 01/16/2009 (1)
13	20-11.50	Yong-Hyun Cho	2009	Newton South 1	DualCounty Champs 02/14/2009 (2)
14	20-11.50	Bakari Johnson	2009	BC High 1	State Div 1 Championship 02/21/2009 (7)
15	20-10.50	Jimm Guerrier	2010	Brockton 1	MSTCA Elite Meet 02/01/2009 (6)
16	20-10.50	Dana Lindberg	2010	Hingham 3	All State Meet 02/27/2009 (7)
17	20-10.25	Sam Grad	2009	Westford Academy 2	Div2 State Champs 02/22/2009 (3)
18	20-09.75	Jeff Pereira	2009	North Quincy 1	Patriot Champs 02/09/2009 (1)
19	20-09.50	Anthony Daniel	2009	Minnechaug 2	PVIAC Meet #6 01/20/2009 (1)
20	20-09.25	Chris Bojanic		Concord-Carlisle 2	Div2 State Champs 02/22/2009 (4)
21	20-08.25	Diego Irizarry-Gerould	2009	Northampton 3	MIAA D3 02/20/2009 (1)
22	20-07.50	Tommy Brandt	2009	Natick 2	MSTCA Elite Meet 02/01/2009 (7)
23	20-07.25	Dominique Wise	2009	New Mission Hs 1	Boston City Champs 02/10/2009 (2)
24	20-07.00	Matthew Johnson	2009	Hopkinton 3	All State Meet 02/27/2009 (9)
25	20-06.75	Daishawn Beaumont	2010	Lexington 1	MSTCA D 1 Relay Meet 01/17/2009 (0)
26	20-06.00	Mike Ferrari	2009	Bishop Stang 4	MSTCA Invitational 01/31/2009 (0)
27	20-06.00	Quinn Ryder	2010	Oliver Ames 3	MSTCA Invitational 01/31/2009 (0)
28	20-05.50	Brendan Whitson	2010	Auburn 4	Tantasqua vacation inv 12/30/2008 (1)
29	20-05.50	Tony Cole	2009	Mahar 4	PVIAC Meet #5 01/23/2009 (2)
30	20-05.00	Jimmy DiNuccio	2009	Wilmington 3	MIAA D3 02/20/2009 (3)
31	20-04.50	Chris Fowler	2009	Westford Academy 2	MSTCA Elite Meet 02/01/2009 (8)
32	20-03.75	Dan Seidel	2009	Holyoke 2	PVIACConference 02/13/2009 (1)
33	20-03.75	Luis Hernandez	2009	Gloucester 2	MSTCA Elite Meet 02/01/2009 (9)
34	20-03.00	Melvin Mah	2009	Lowell 1	Dartmouth Relays 01/09/2009 (7)
35	20-03.00	Jose Zapata	2009	Rindge&Latin 1	GreaterBoston League 02/14/2009 (1)
36	20-02.75	Jeremy Buckland	2009	Athol 4	PVIACConference 02/13/2009 (2)
37	20-02.50	Matt Ricketson	2009	Westford Academy 2	Dual County #5 02/05/2009 (2)
38	20-01.75	Pablo Sosa	2009	Bishop Fenwick 3	TriCountyChamps 02/12/2009 (1)
39	20-01.50	Mike Miao	2009	Newton South 1	Dual County #4 01/21/2009 (2)
40	20-01.25	Barry Reopell	2009	Dennis-Yarmouth 2	MSTCA Invitational 01/31/2009 (0)
41	20-00.50	Omar Cardec	2009	Holyoke 2	PVIAC Meet #5 01/23/2009 (2)
42	20-00.50	Jonathan Dieujuste	2010	Weston 4	MSTCA Elite Meet 02/01/2009 (11)
43	20-00.50	Abdul Alston	2009	Northampton 3	MIAA D3 02/20/2009 (6)
44	20-00.25	Allan Marcus	2010	North Andover 2	McIntyre Relays 02/08/2009 (0)
45	20-00.00	Kahri Wood	2010	Longmeadow 3	PVIAC Meet #1 12/12/2008 (1)
46	19-11.75	O'Brien McHayle	2011	Bishop Feehan 3	Eastern Atlantic Conference Meet 01/26/2009 (1)
47	19-11.75	Ricky Williams	2010	New Bedford 1	McIntyre Relays 02/08/2009 (0)
48	19-11.25	Michael Wheeler	2009	N. Middlesex 2	MSTCA Winter Festival 01/10/2009 (2)
49	19-11.25	Alex Miller	2009	Seekonk 4	MSTCA Invitational 01/31/2009 (0)
50	19-11.00	Chris Halsted	2010	Lincoln-Sudbury 1	Dual County #4 01/21/2009 (3)
51	19-11.00	Nygil Nelson	2009	Central Catholic 2	Merrimack Valley Champs 02/13/2009 (3)
52	19-10.50	O'Brien MacHayle	2011	Bishop Feehan 3	MIAA D3 02/20/2009 (7)
53	19-10.25	Corey Thomas	2009	BC High 1	MSTCA D 1 Relay Meet 01/17/2009 (0)
54	19-10.25	Andrew May	2009	Quabbin 3	MSTCA D-3 Relays 01/24/2009 (0)

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## 55 Meter Dash (7.60) State Record: 6.96 Monique Tubbs, Boston Latin, New Englands (RLC), 3/6/1999

1	7.24	Hannah Janeczak	2010	Doherty 1	New England Champs 03/06/2009 (2)
2	7.25	Mollie O'Dea	2010	Hingham 3	New England Champs 03/06/2009 (1)
3	7.27	Jillian VanNess	2009	Agawam 2	New England Champs 03/06/2009 (7)
4	7.32	Julianne Cappadonna	2009	North Attleboro 2	Div2 State Champs 02/22/2009 (2)
5	7.34	Miriam Mboya	2011	New Leadership 4	All State Meet 02/27/2009 (3)
6	7.36	Ezra Banks	2010	Newton South 1	DualCounty Champs 02/14/2009 (1)
7	7.36	Olivia Grant	2010	Boston Latin 1	New England Champs 03/06/2009 (8)
8	7.37	Melanie Frazier	2009	Bridgewater-Raynham 1	State Div 1 Championship 02/21/2009 (2)
9	7.37	Morgan Maxey	2009	Longmeadow 3	PVIACConference 02/13/2009 (3)
10	7.40	Molly Morningstar	2010	Hopkinton 3	MIAA D3 02/20/2009 (2)
11	7.40	Emma Riedel	2009	Sandwich 2	MSTCA Elite Meet 02/01/2009 (0)
12	7.42	Charmine Bien-Aime	2010	Rindge&Latin 1	MSTCA Elite Meet 02/01/2009 (0)
13	7.43	Noelia Figuereo	2009	Haverhill 1	Merrimack Valley Champs 02/13/2009 (1)
14	7.45	Ashlee Pitts	2010	Randolph 3	MIAA D3 02/20/2009 (3)
15	7.46	Deanna Latham	2010	Triton 3	Cape Ann Champs 02/10/2009 (1)
16	7.47	Brianna Tabin	2011	South Hadley 4	PVIACConference 02/13/2009 (4)
17	7.48	Alicia Ryan	2009	N. Middlesex 2	MidWach League 01/03/2009 (1)
18	7.49	Samantha Smith	2010	Canton 3	Hock Championship 02/14/2009 (2)
19	7.49	Taylor Allen	2011	Westwood 4	All State Meet 02/27/2009 (10)
20	7.50	Alissa Howell	2009	Framingham 1	Bay State League Meet 02/11/2009 (1)
21	7.53	Aimee Rideout	2009	Woburn 2	MSTCA Elite Meet 02/01/2009 (0)
22	7.54	Emma Reidel	2009	Sandwich 2	Boston Holiday Inv 12/27/2008 (1)
23	7.54	Alley Wheaton	2010	Weston 4	MSTCA Elite Meet 02/01/2009 (0)
24	7.55	Meredith Baptist	2009	Notre Dame(Tyngsboro 4	Merrimack Valley Champs 02/13/2009 (2)
25	7.55	Alexandra Williams	2010	Boston Latin 1	DualCounty Champs 02/14/2009 (3)
26	7.55	Ceclilia Igwe-Kalu	2010	Lincoln-Sudbury 1	DualCounty Champs 02/14/2009 (4)
27	7.56	Cassandra Ryding	2009	Westford Academy 2	Dual County #5 02/05/2009 (3)
28	7.56	Alexa Murray	2010	Oliver Ames 3	All State Meet 02/27/2009 (15)
29	7.57	Olivia Dyson	2009	Reading 2	Div2 State Champs 02/22/2009 (5)
30	7.57	Pinky Ratanajit	2009	Peabody 1	NEC Championships 02/05/2009 (1)
31	7.58	Melissa StPreux	2011	Dedham 4	Bay State League Meet 02/11/2009 (2)
32	7.58	Courtney Williams	2011	Norton 4	TVL Championships 01/31/2009 (2)
33	7.58	Jade Arnold-Scott	2012	O'Bryant 3	MIAA D3 02/20/2009 (7)
34	7.59	Alyssa Eisner	2009	Blackstone-Millville 4	MSTCA Invitational 01/31/2009 (2)
35	7.59	Lauryn Granara	2009	Austin Prep 4	TriCountyChamps 02/12/2009 (1)
36	7.59	Melissa Mancini	2009	Burlington 3	MIAA D3 02/20/2009 (8)
37	7.59	MaryBeth Small	2009	Foxboro 3	MIAA D3 02/20/2009 (9)
38	7.60	Hannah Earl	2010	Framingham 1	Bay State League Meet 02/11/2009 (3)
39	7.60	Carolyn Udall	2009	North Attleboro 2	Hock Championship 02/14/2009 (4)

55 Meter HH (9.11) State Record: 8.02 Tiana Riel, Hopkinton HS, MSTCA Inv., 1/31/2004

1	8.34	Meghan Ferreira	2009	Mansfield 2	Div2 State Champs 02/22/2009 (1)
2	8.36	Cassandra Ryding	2009	Westford Academy 2	All State Meet 02/27/2009 (2)
3	8.44	Deanna Latham	2010	Triton 3	MSTCA Elite Meet 02/01/2009 (2)
4	8.47	Cecily Boyce	2010	Hopkinton 3	MIAA D3 02/20/2009 (1)
5	8.54	Adreana Davis	2009	Chelmsford 1	State Div 1 Championship 02/21/2009 (1)
6	8.54	Liz Monty	2010	Shepherd Hill 2	All State Meet 02/27/2009 (3)
7	8.55	Dara Edge	2009	Attleboro 1	All State Meet 02/27/2009 (4)
8	8.60	Michele Kaufman	2009	Newton North 1	MSTCA Elite Meet 02/01/2009 (4)
9	8.68	Maddilyn Baird	2009	Westfield 1	PVIACConference 02/13/2009 (1)
10	8.70	Christy Deininger	2010	North Attleboro 2	Div2 State Champs 02/22/2009 (4)
11	8.70	Vannessa Clereaux	2012	Brockton 1	State Div 1 Championship 02/21/2009 (3)
12	8.71	Stephaine Muse	2009	Chelmsford 1	MSTCA Elite Meet 02/01/2009 (5)
13	8.73	Jenn Bell	2009	Weymouth 1	Bay State #5 01/22/2009 (2)
14	8.73	Nicole Genard	2012	Somerville 1	All State Meet 02/27/2009 (8)
15	8.78	Amanda Dilley	2009	Coyle&Cassidy 4	State Div 4 Championship 02/21/2009 (9)
16	8.80	Meghan Underhill	2010	Norwood 2	Boston Holiday Inv 12/27/2008 (2)
17	8.84	Trenna Schmidt	2009	Bishop Feehan 3	MIAA D3 02/20/2009 (2)
18	8.89	Allyson Crooke	2010	Lexington 1	MSTCA Elite Meet 02/01/2009 (7)
19	8.91	Cathy Chude	2009	Marlboro 2	Boston Holiday Inv 12/27/2008 (3)
20	8.93	Katie Bernazzanni	2009	Norwood 2	All State Meet 02/27/2009 (12)
21	8.93	Julia Mirochnick	2009	Hingham 3	MIAA D3 02/20/2009 (3)
22	8.95	Kylene Carey	2010	East Bridgewater 4	State Div 4 Championship 02/21/2009 (2)
23	8.96	Sara Murphy	2010	Bishop Stang 4	All State Meet 02/27/2009 (14)
24	8.96	Jenny Fucillo	2010	Winthrop 4	State Div 4 Championship 02/21/2009 (3)
25	8.97	Emily Clark	2011	Nashoba 3	MSTCA Winter Festival 01/10/2009 (2)
26	8.99	Maddy Howard	2009	Medfield 3	TVL Championships 01/31/2009 (4)
27	9.00	Alex Stanton	2011	Medfield 3	Auerbach Meet (Frosh-Soph) 01/04/2009 (1)
28	9.00	Natalie White	2011	Hamilton-Wenham 4	Auerbach Meet (Frosh-Soph) 01/04/2009 (2)
29	9.00	Erika Shay	2011	Waltham 1	MSTCA Invitational 01/31/2009 (2)
30	9.00	Maggie Flemming	2010	Lincoln-Sudbury 1	State Div 1 Championship 02/21/2009 (11)
31	9.00	Keila DosSantos	2009	New Bedford 1	State Div 1 Championship 02/21/2009 (10)
32	9.02	Marissa Bynoe	2010	Holliston 3	MIAA D3 02/20/2009 (5)
33	9.03	Nicole Gilbert	2011	Hanover 4	State Div 4 Championship 02/21/2009 (4)
34	9.06	Katie Lafrance	2010	Central Catholic 2	Merrimack Valley Champs 02/13/2009 (3)
35	9.06	Tessa Mediano	2010	Winchester 3	MIAA D3 02/20/2009 (7)
36	9.07	Alicia Hawley	2009	Central Catholic 2	MSTCA Elite Meet 02/01/2009 (0)
37	9.07	Molly Miller	2010	Ipswich 3	Cape Ann Champs 02/10/2009 (1)
38	9.08	Erica Hawley	2010	Walpole 3	MIAA D3 02/20/2009 (6)
39	9.10	Jessica Carter	2009	Belmont 2	Div2 State Champs 02/22/2009 (7)
40	9.11	Kim Cardeiro	2010	Falmouth 1	ACLChamps 02/13/2009 (1)
41	9.11	Sarah Burke	2009	Dennis-Yarmouth 2	Div2 State Champs 02/22/2009 (9)

300 Meter Dash (43.50) State Record: 37.88 Tasha Downing, Boston Tech, Indoor Nationals, New Haven, Ct (Yale), 3/16/1986

1	40.46	Emily Broyles	2011	Mansfield 2	All State Meet 02/27/2009 (1)
2	40.46	Meisha Brooks	2010	Boston Latin 1	New England Champs 03/06/2009 (1)
3	40.68	Shannon Cunningham	2009	Foxboro 3	All State Meet 02/27/2009 (2)
4	40.75	Alee Wade	2009	Nashoba 3	New England Champs 03/06/2009 (4)
5	41.07	Samantha Stabile	2009	Haverhill 1	MSTCA Elite Meet 02/01/2009 (1)
6	41.51	Katherine Finnegan	2009	Bromfield 4	State Div 4 Championship 02/21/2009 (1)
7	41.53	Meghan Leahy	2010	Wachusett 1	New England Champs 03/06/2009 (8)
8	41.67	Natalia Paine	2010	Northampton 3	PVIACConference 02/13/2009 (1)
9	41.69	Alley Wheaton	2010	Weston 4	State Div 4 Championship 02/21/2009 (2)
10	41.80	Stephanie Okpoebo	2010	Chelmsford 1	All State Meet 02/27/2009 (7)
11	41.85	Chelsea Hudson	2010	Lunenburg 4	State Div 4 Championship 02/21/2009 (3)
12	41.95	Elizabeth McManus	2009	Notre Dame(Hingham) 2	Div2 State Champs 02/22/2009 (2)
13	41.97	Rebecca Robinson	2012	Arlington 2	DualCounty Champs 02/14/2009 (1)
14	41.99	Anifreed Sinjour	2009	New Bedford 1	State Div 1 Championship 02/21/2009 (4)
15	42.03	Karen Nallen	2009	Westford Academy 2	DualCounty Champs 02/14/2009 (2)
16	42.06	Nisa Chamblin	2010	Rindge&Latin 1	State Div 1 Championship 02/21/2009 (5)
17	42.30	Michaela Poulin	2009	Central Catholic 2	Div2 State Champs 02/22/2009 (3)
18	42.32	Julie McCauley	2010	Marshfield 2	Div2 State Champs 02/22/2009 (4)
19	42.34	Bianca Fowler	2010	Lynn English 1	State Div 1 Championship 02/21/2009 (8)
20	42.36	Jessica McCarthy	2010	Burlington 3	MIAA D3 02/20/2009 (3)
21	42.37	Marie Gulino	2010	Attleboro 1	State Div 1 Championship 02/21/2009 (6)
22	42.45	Becca Raymond	2010	Lowell 1	Merrimack Valley Champs 02/13/2009 (3)
23	42.46	Mellissa Knapp	2009	Andover 1	MSTCA Elite Meet 02/01/2009 (10)
24	42.49	Jamie Kelley	2009	N. Middlesex 2	MSTCA Invitational 01/31/2009 (1)
25	42.53	Tiffany Daley	2010	Algonquin 2	Div2 State Champs 02/22/2009 (7)
26	42.56	Julia Nee	2011	Duxbury 3	MIAA D3 02/20/2009 (4)
27	42.57	Julie Nielsen	2010	Hingham 3	MSTCA Elite Meet 02/01/2009 (13)
28	42.62	Ivy Watts	2011	Waltham 1	DualCounty Champs 02/14/2009 (4)
29	42.65	Cecily Boyce	2010	Hopkinton 3	TVL Championships 01/31/2009 (1)
30	42.67	Charmine Bien-Aime	2010	Rindge&Latin 1	MSTCA Winter Festival 01/10/2009 (2)
31	42.68	Meghan Goodwin	2011	Lynfield 4	Cape Ann Champs 02/10/2009 (1)
32	42.70	Kristie Mewis	2009	Whitman-Hanson 2	Patriot League Meet #1 12/15/2008 (1)
33	42.75	Tove Freeman	2012	Quabbin 3	MIAA D3 02/20/2009 (6)
34	42.82	Molly McGrath	2009	Wakefield 3	MSTCA Invitational 01/31/2009 (3)
35	42.87	Samantha Copland	2009	Uxbridge 4	All State Meet 02/27/2009 (15)
36	42.90	Janelle McNeil	2009	Bishop Feehan 3	MIAA D3 02/20/2009 (5)
37	42.94	Lauren Goldberg	2009	North Attleboro 2	Div2 State Champs 02/22/2009 (8)
38	42.96	Camille Henry	2010	Sharon 2	MSTCA Invitational 01/31/2009 (5)
39	43.01	Jacky Hull	2009	Braintree 1	MSTCA Invitational 01/31/2009 (6)
40	43.06	Caitlin Dourney	2009	Hopkinton 3	TVL Championships 01/31/2009 (2)
41	43.06	Elaine Martin	2010	Bishop Feehan 3	MIAA D3 02/20/2009 (7)
42	43.08	Becky Stoye	2011	Pembroke 4	MSTCA Invitational 01/31/2009 (8)
43	43.10	Caroline Warren	2009	Sandwich 2	ACLChamps 02/13/2009 (2)
44	43.14	Maria Pantazelos	2010	Danvers 3	MIAA D3 02/20/2009 (9)
45	43.15	Kelley Coughlin	2010	Mansfield 2	Hock Championship 02/14/2009 (3)
46	43.17	Samantha Brown	2012	Ipswich 3	MIAA D3 02/20/2009 (10)
47	43.17	Kathryn Washek	2010	Wayland 3	DualCounty Champs 02/14/2009 (6)
48	43.31	Emily Rome	2009	Longmeadow 3	PVIACConference 02/13/2009 (2)
49	43.32	Andrea Crowley	2009	Bourne 3	MSTCA Invitational 01/31/2009 (9)
50	43.35	Serene King	2009	Marian 4	MSTCA Invitational 01/31/2009 (11)
51	43.40	Tití Fagade	2010	Wachusett 1	MidWach League Meet 02/07/2009 (1)
52	43.40	Andrea Sargent	2011	Hamilton-Wenham 4	State Div 4 Championship 02/21/2009 (6)
53	43.45	Megan Krumpoch	2010	Marshfield 2	MSTCA Winter Festival 01/10/2009 (5)
54	43.49	Ali Carter	2012	Belmont 2	Div2 State Champs 02/22/2009 (10)
55	43.49	Mikhaela Tropp	2012	Sandwich 2	ACLChamps 02/13/2009 (3)
56	43.55	Alyssa Corrigan	2009	Wellesley 3	Bay State League Meet 02/11/2009 (1)
57	43.82	Tayana Jones	2009	East Boston 1	State Div 1 Championship 02/21/2009 (10)
58	43.87	Jessalyn Myers	2010	Taunton 1	State Div 1 Championship 02/21/2009 (11)
59	43.89	Signe Hardigan	2010	Dennis-Yarmouth 2	ACLChamps 02/13/2009 (4)
60	43.98	Stephanie Raposo	2009	Peabody 1	State Div 1 Championship 02/21/2009 (12)



600 Meter Run (1:40.0) State Record: 1:29.60c Johanna Forman, Falmouth HS, Hanover, NH (Dartmouth R), 3/10/1977

1	1:33.84	Natalia Paine	2010	Northampton 3	New England Champs 03/06/2009 (3)
2	1:36.36	Courtney Baldwin	2009	Lowell 1	State Div 1 Championship 02/21/2009 (1)
3	1:36.61	Starr Nathan	2009	Randolph 3	MIAA D3 02/20/2009 (2)
4	1:36.62	Rebecca Stabile	2011	Haverhill 1	Merrimack Valley Champs 02/13/2009 (1)
5	1:37.48	Michelle Jenssen	2009	Mansfield 2	Div2 State Champs 02/22/2009 (1)
6	1:37.65	Gosia Czerwonka	2010	Billerica 1	Merrimack Valley Champs 02/13/2009 (3)
7	1:37.70	Jen Thomas	2010	Bishop Feehan 3	All State Meet 02/27/2009 (3)
8	1:37.82	Kristie Mewis	2009	Whitman-Hanson 2	Div2 State Champs 02/22/2009 (2)
9	1:38.01	Kathleen Ryan	2009	Franklin 2	Div2 State Champs 02/22/2009 (3)
10	1:38.15	Katie Darmody	2010	Bishop Stang 4	State Div 4 Championship 02/21/2009 (1)
11	1:38.20	Sophia Mercandante	2009	Lunenburg 4	State Div 4 Championship 02/21/2009 (2)
12	1:38.48	Mimi Narbonne	2011	Bromfield 4	State Div 4 Championship 02/21/2009 (3)
13	1:38.53	Mary Scanlan	2011	Pembroke 4	MSTCA Elite Meet 02/01/2009 (5)
14	1:38.54	Molly Kessler	2009	Hopkinton 3	TVL Championships 01/31/2009 (1)
15	1:38.64	Andrea Keklak	2011	Lincoln-Sudbury 1	Dual County #5 02/05/2009 (1)
16	1:38.74	Ellie Hylton	2011	Lincoln-Sudbury 1	Dual County #5 02/05/2009 (2)
17	1:38.76	Julie McGilpin	2009	Westfield 1	PVIAC Meet #4 01/16/2009 (1)
18	1:38.78	Camille Murphy	2009	Framingham 1	Bay State #6 02/04/2009 (1)
19	1:39.13	DeKontee Chea	2010	Chelmsford 1	State Div 1 Championship 02/21/2009 (4)
20	1:39.25	Caroline Hammond	2011	Lexington 1	State Div 1 Championship 02/21/2009 (5)
21	1:39.32	Emily Benjamin	2011	Shrewsbury 2	Div2 State Champs 02/22/2009 (4)
22	1:39.35	Titi Fagade	2010	Wachusett 1	State Div 1 Championship 02/21/2009 (7)
23	1:39.40	Samantha Bissonnette	2009	Bridgewater-Raynham 1	State Div 1 Championship 02/21/2009 (8)
24	1:39.51	Kathy O'Keefe	2011	Newton South 1	Dual County #5 02/05/2009 (3)
25	1:39.75	Carolyn Ranti	2009	Newton North 1	Bay State #5 01/22/2009 (1)
26	1:39.76	Melyssa McFayden	2009	Ipswich 3	MSTCA Invitational 01/31/2009 (1)
27	1:40.04	Sarah Matthews	2009	Westwood 4	State Div 4 Championship 02/21/2009 (5)
28	1:40.06	Ana Kouri	2009	Lexington 1	State Div 1 Championship 02/21/2009 (9)
29	1:40.14	Meghan Leahy	2010	Wachusett 1	MidWach League 01/03/2009 (1)
30	1:40.28	Samantha Bennett	2009	Weymouth 1	Bay State #5 01/22/2009 (2)
31	1:40.30	Jamie Kelley	2009	N. Middlesex 2	Div2 State Champs 02/22/2009 (5)
32	1:40.37	Jessica Griffen	2009	Lincoln-Sudbury 1	MSTCA Elite Meet 02/01/2009 (10)
33	1:40.48	Kelly Egan	2009	Marian 4	Tri County #6 01/27/2009 (1)
34	1:40.80	Alex Stanton	2011	Medfield 3	TVL Championships 01/31/2009 (2)
35	1:40.92	Ally Ferrera	2011	Natick 2	Div2 State Champs 02/22/2009 (6)
36	1:40.95	Caroline Conena	2009	Sandwich 2	Div2 State Champs 02/22/2009 (7)
37	1:40.97	Juliet Ryan-Davis	2009	Newton South 1	DualCounty Champs 02/14/2009 (1)
38	3:04.66	Cathy Withers	2010	Marlboro 2	Div2 State Champs 02/22/2009 (2)
39	3:08.24	Devyn Pryor	2011	Dartmouth 2	Div2 State Champs 02/22/2009 (6)

1000 Meter Run (3:08.0) State Record: 2:45.46 Arianna Lambie, Bromfield HS, State Meet (RLC), 2/22/2003

1	2:51.99	Camille Murphy	2009	Framingham 1	All State Meet 02/27/2009 (1)
2	2:52.37	Ellie Hylton	2011	Lincoln-Sudbury 1	All State Meet 02/27/2009 (2)
3	2:52.91	Margo Gillis	2011	Newton North 1	All State Meet 02/27/2009 (3)
4	2:53.94	Kathy O'Keefe	2011	Newton South 1	All State Meet 02/27/2009 (4)
5	2:57.17	Carolyn Ranti	2009	Newton North 1	All State Meet 02/27/2009 (5)
6	2:57.35	April O'Brien	2009	Pentucket 3	New England Champs 03/06/2009 (4)
7	2:57.52	Andrea Keklak	2011	Lincoln-Sudbury 1	DualCounty Champs 02/14/2009 (1)
8	2:59.54	Julie McGilpin	2009	Westfield 1	New England Champs 03/06/2009 (7)
9	2:59.91	Shauna McNiff	2009	Hingham 3	MSTCA Elite Meet 02/01/2009 (3)
10	3:00.57	Juliet Ryan-Davis	2009	Newton South 1	MSTCA Elite Meet 02/01/2009 (5)
11	3:00.66	Leanne Tucker	2011	Tewksbury 2	All State Meet 02/27/2009 (8)
12	3:00.82	Sarah O'Brien	2009	Wellesley 3	All State Meet 02/27/2009 (9)
13	3:01.05	Jen Thomas	2010	Bishop Feehan 3	MSTCA Elite Meet 02/01/2009 (6)
14	3:01.71	Melanie Fineman	2009	Newton South 1	DualCounty Champs 02/14/2009 (2)
15	3:02.28	Siobhan Flaherty	2010	Braintree 1	MSTCA Elite Meet 02/01/2009 (7)
16	3:02.71	Courtney Baldwin	2009	Lowell 1	MSTCA Elite Meet 02/01/2009 (8)
17	3:03.00	Colleen Shannon	2009	Andover 1	MSTCA Elite Meet 02/01/2009 (9)
18	3:03.09	Molly Kessler	2009	Hopkinton 3	MSTCA Winter Festival 01/10/2009 (1)
19	3:04.20	Kelsey Karys	2009	Newton South 1	Dual County #5 02/05/2009 (1)
20	3:04.83	Jill Corcoran	2011	Weymouth 1	MSTCA Elite Meet 02/01/2009 (10)
21	3:05.12	Rebecca White	2009	Natick 2	Bay State #2 12/18/2008 (1)
22	3:05.30	Ellen Callahan	2009	Notre Dame(Hingham) 2	MSTCA Elite Meet 02/01/2009 (11)
23	3:05.43	Sarah Warden	2010	North Andover 2	Cape Ann Champs 02/10/2009 (2)
24	3:05.55	Millie Chapman	2010	Beverly 2	MSTCA Invitational 01/31/2009 (1)
25	3:05.64	Kathy Mello	2011	Boston Latin 1	State Div 1 Championship 02/21/2009 (6)
26	3:05.74	Kathryn Martin	2009	Westwood 4	MSTCA Elite Meet 02/01/2009 (12)
27	3:05.92	Beth Fullerton	2010	Haverhill 1	Merrimack Valley Champs 02/13/2009 (3)
28	3:06.13	Carolyn Connolly	2009	Weymouth 1	Bay State League Meet 02/11/2009 (3)
29	3:06.31	Lisa Reedich	2009	Bromfield 4	MSTCA Elite Meet 02/01/2009 (14)
30	3:06.52	Caitlin Fahey	2009	Coyle&Cassidy 4	State Div 4 Championship 02/21/2009 (1)
31	3:06.58	Melissa Ulcena	2010	Billerica 1	MSTCA Elite Meet 02/01/2009 (15)
32	3:06.5h	Emily Jones	2009	Bromfield 4	SWCI League Meet 02/04/2009 (1)
33	3:06.70	Taryn Doherty	2009	Marshfield 2	MSTCA Elite Meet 02/01/2009 (16)
34	3:07.15	Kayla Galvin	2009	Woburn 2	All State Meet 02/27/2009 (14)
35	3:07.23	Jen Salit	2011	Seekonk 4	MSTCA Invitational 01/31/2009 (2)
36	3:07.52	Viviana Hanley	2011	Bishop Feehan 3	MIAA D3 02/20/2009 (5)
37	3:07.68	Brianna Kunycky	2009	Marlboro 2	All State Meet 02/27/2009 (15)
38	3:08.09	Katie Morris	2010	Acton-Boxboro 1	DualCounty Champs 02/14/2009 (4)
39	3:08.13	Lanie Jowett	2012	Central Catholic 2	Merrimack Valley Champs 02/13/2009 (4)
40	3:08.22	Kara McLaughlin	2009	Ursuline Academy 4	State Div 4 Championship 02/21/2009 (4)
41	3:08.27	Cyrena Shiland	2010	Hamilton-Wenham 4	Cape Ann Champs 02/10/2009 (3)
42	3:08.27	Christina Kaczynski	2010	Danvers 3	MIAA D3 02/20/2009 (6)
43	3:08.73	Courtney Neves	2011	New Bedford 1	State Div 1 Championship 02/21/2009 (8)

One Mile Run (5:25.0) State Record: 4:39.0h Lynn Jennings, Bromfield HS, US Nationals, NY (MSG) 2/24/1978

1	4:54.87	Emily Jones	2009	Bromfield 4	MSTCA Elite Meet 02/01/2009 (1)
2	4:56.16	Bridget Dahlberg	2009	Newton South 1	All State Meet 02/27/2009 (1)
3	4:57.88	Camille Murphy	2009	Framingham 1	MSTCA Elite Meet 02/01/2009 (2)
4	4:59.94	Jenna Davidner	2010	Oliver Ames 3	All State Meet 02/27/2009 (2)
5	5:02.78	Andrea Keklak	2011	Lincoln-Sudbury 1	All State Meet 02/27/2009 (3)
6	5:03.50	Monica Adler	2010	Beverly 2	All State Meet 02/27/2009 (4)
7	5:05.25	Ellie Hylton	2011	Lincoln-Sudbury 1	DualCounty Champs 02/14/2009 (2)
8	5:05.67	Alanna Poretta	2010	Pentucket 3	All State Meet 02/27/2009 (5)
9	5:06.40	Jill Corcoran	2011	Weymouth 1	All State Meet 02/27/2009 (6)
10	5:08.00	Christine McNaughton	2010	Haverhill 1	All State Meet 02/27/2009 (7)
11	5:08.08	Siobhan Flaherty	2010	Braintree 1	All State Meet 02/27/2009 (8)
12	5:08.50	Margo Gillis	2011	Newton North 1	Bay State League Meet 02/11/2009 (1)
13	5:08.72	Melanie Fineman	2009	Newton South 1	All State Meet 02/27/2009 (9)
14	5:09.73	Kelsey Karys	2009	Newton South 1	MSTCA Elite Meet 02/01/2009 (4)
15	5:10.01	Rebecca White	2009	Natick 2	MSTCA Elite Meet 02/01/2009 (5)
16	5:10.49	Lindsay Walsh	2010	Swampscott 4	All State Meet 02/27/2009 (10)
17	5:11.78	Heather Connick	2011	Pembroke 4	MSTCA Elite Meet 02/01/2009 (6)
18	5:11.92	Molly Kessler	2009	Hopkinton 3	All State Meet 02/27/2009 (11)
19	5:12.22	Kelly Egan	2009	Marian 4	MSTCA Elite Meet 02/01/2009 (7)
20	5:14.43	Beth Fullerton	2010	Haverhill 1	State Div 1 Championship 02/21/2009 (10)
21	5:14.43	Mary Fullerton	2010	Haverhill 1	State Div 1 Championship 02/21/2009 (7)
22	5:14.59	Shauna McNiff	2009	Hingham 3	Boston Holiday Inv 12/27/2008 (2)
23	5:15.18	Sierra Zambarano	2009	Acton-Boxboro 1	State Div 1 Championship 02/21/2009 (8)
24	5:15.23	Elly O'Leary	2010	Bishop Fenwick 3	MIAA D3 02/20/2009 (3)
25	5:15.97	Kristen Veit	2009	Holyoke Catholic 4	MSTCA Elite Meet 02/01/2009 (9)
26	5:16.09	Jen Gossels	2009	Lincoln-Sudbury 1	Dual County #5 02/05/2009 (1)
27	5:17.11	Melissa Ulcena	2010	Billerica 1	Merrimack Valley Champs 02/13/2009 (2)
28	5:17.66	Sarah Bowhill	2011	Framingham 1	State Div 1 Championship 02/21/2009 (9)
29	5:17.75	Mary Cole	2010	Franklin 2	MSTCA Elite Meet 02/01/2009 (12)
30	5:17.83	Carolyn Ranti	2009	Newton North 1	Bay State #6 02/04/2009 (2)
31	5:18.17	Kathy O'Keefe	2011	Newton South 1	Dual county meet #3 01/07/2009 (2)
32	5:18.65	Juliet Ryan-Davis	2009	Newton South 1	Dual County #5 02/05/2009 (2)
33	5:19.30	Claire Arthur	2010	Lincoln-Sudbury 1	DualCounty Champs 02/14/2009 (5)
34	5:19.32	Alexandra Kirsch	2010	Sharon 2	All State Meet 02/27/2009 (14)
35	5:20.40	Erica Gagnon	2011	Arch Williams 4	All State Meet 02/27/2009 (16)
36	5:21.02	Katie Barrett	2009	Bishop Feehan 3	Boston Holiday Inv 12/27/2008 (5)
37	5:21.16	Abbey D'Agostino	2010	Masconomet 2	Div2 State Champs 02/22/2009 (2)
38	5:22.03	Emily Hughes	2010	Milton 3	MIAA D3 02/20/2009 (5)
39	5:22.12	Maho Kobayashi	2009	Whitinsville Christi 4	All State Meet 02/27/2009 (18)
40	5:22.48	Jen Thomas	2010	Bishop Feehan 3	Boston Holiday Inv 12/27/2008 (6)
41	5:24.22	Stephanie Ellis	2010	Gardner 3	Boston Holiday Inv 12/27/2008 (8)
42	5:24.39	Jocelyn Hubbard	2012	Marshfield 2	Div2 State Champs 02/22/2009 (3)
43	5:25.51	Nicole Skotz	2009	Tewksbury 2	Merrimack Valley Champs 02/13/2009 (4)
44	5:25.96	Jen Salit	2011	Seekonk 4	Boston Holiday Inv 12/27/2008 (11)
45	5:26.84	Amy Dao	2010	Acton-Boxboro 1	MSTCA Elite Meet 02/01/2009 (15)
46	5:30.19	Rachel Potter	2009	Lincoln-Sudbury 1	Dual County #5 02/05/2009 (4)

2 Mile Run (12:00) State Record: 10:10.5h Lynn Jennings, Bromfield HS, NEAAU Champs, Cambridge, MA (Harvard), 3/4/1978

1	10:29.57	Emily Jones	2009	Bromfield 4	All State Meet 02/27/2009 (1)
2	10:53.47	Kelsey Karys	2009	Newton South 1	New England Champs 03/06/2009 (2)
3	10:57.46	Rebecca White	2009	Natick 2	All State Meet 02/27/2009 (2)
4	10:57.60	Millie Chapman	2010	Beverly 2	All State Meet 02/27/2009 (3)
5	10:59.84	Rosie Keogh	2009	Holliston 3	All State Meet 02/27/2009 (5)
6	11:02.08	Bridget Dahlberg	2009	Newton South 1	MSTCA Elite Meet 02/01/2009 (1)
7	11:13.92	Ali Simeone	2009	Stoneham 3	All State Meet 02/27/2009 (6)
8	11:14.22	Margo Gillis	2011	Newton North 1	MSTCA Elite Meet 02/01/2009 (2)
9	11:17.71	Jen Gossels	2009	Lincoln-Sudbury 1	State Div 1 Championship 02/21/2009 (2)
10	11:19.37	Ally Oram	2010	Marlboro 2	MSTCA Elite Meet 02/01/2009 (5)
11	11:19.72	Ellie Hylton	2011	Lincoln-Sudbury 1	MSTCA Winter Festival 01/10/2009 (1)
12	11:23.55	Alison Lanois	2011	Hamilton-Wenham 4	All State Meet 02/27/2009 (8)
13	11:23.77	Shauna McNiff	2009	Hingham 3	Patriot Champs 02/09/2009 (1)
14	11:25.59	Jessica Jarrard	2009	Hudson Catholic 4	All State Meet 02/27/2009 (9)
15	11:26.88	Stephanie Ellis	2010	Gardner 3	All State Meet 02/27/2009 (10)
16	11:27.15	Ariel Beccia	2010	Wachusett 1	MSTCA Elite Meet 02/01/2009 (6)
17	11:28.49	Leah Haake	2010	Amherst-Pelham 1	State Div 1 Championship 02/21/2009 (3)
18	11:30.52	Annissa Arseneault	2010	Bishop Feehan 3	MIAA D3 02/20/2009 (3)
19	11:31.02	Heather Connick	2011	Pembroke 4	Auerbach Meet (Frosh-Soph) 01/04/2009 (1)
20	11:31.22	Erin Murphy	2010	Bishop Feehan 3	MIAA D3 02/20/2009 (5)
21	11:32.24	Julie Solimine	2011	Haverhill 1	Merrimack Valley Champs 02/13/2009 (1)
22	11:32.56	Melanie Fineman	2009	Newton South 1	Dual County #4 01/21/2009 (2)
23	11:33.32	Kristen Veit	2009	Holyoke Catholic 4	All State Meet 02/27/2009 (13)
24	11:33.79	Stephanie Metayer	2009	Central Catholic 2	Merrimack Valley Champs 02/13/2009 (2)
25	11:34.14	Leah Gellineau	2011	Brookline 1	Bay State #4 01/15/2009 (1)
26	11:35.00	Molly Martorella	2010	Murdock 4	State Div 4 Championship 02/21/2009 (2)
27	11:35.37	Megan Ross	2011	Franklin 2	MSTCA Elite Meet 02/01/2009 (8)
28	11:39.60	Kelli Haligan	2012	Melrose 3	Auerbach Meet (Frosh-Soph) 01/04/2009 (2)
29	11:40.98	Lauren Schultz	2009	Hopkinton 3	MIAA D3 02/20/2009 (6)
30	11:41.03	Jill Corcoran	2011	Weymouth 1	Bay State #6 02/04/2009 (1)
31	11:41.53	Alicia Fannon	2009	Haverhill 1	MSTCA Elite Meet 02/01/2009 (12)
32	11:41.69	Alex Giese	2012	Franklin 2	Hock Championship 02/14/2009 (1)
33	11:44.84	Mairead Kiernan	2011	Milton 3	Bay State #6 02/04/2009 (2)
34	11:46.33	Andrea Keklak	2011	Lincoln-Sudbury 1	MSTCA Winter Festival 01/10/2009 (4)
35	11:47.79	Emily Regan	2010	Whitman-Hanson 2	Patriot Champs 02/09/2009 (2)
36	11:48.18	Cassie Olson	2010	Mansfield 2	MSTCA Elite Meet 02/01/2009 (14)
37	11:50.92	Ali Lyman	2009	Wilmington 3	Cape Ann Champs 02/10/2009 (2)
38	11:51.97	Katie Carlson	2011	Wachusett 1	MSTCA Winter Festival 01/10/2009 (6)
39	11:52.03	Alicia Mahotiere	2009	Lowell 1	Merrimack Valley Champs 02/13/2009 (4)
40	11:53.19	Hannah Zimmerman	2009	Northampton 3	MSTCA Elite Meet 02/01/2009 (15)
41	11:53.67	Teresa Pelletier	2009	Attleboro 1	State Div 1 Championship 02/21/2009 (6)
42	11:53.85	Karissa Mako	2009	North Andover 2	Cape Ann Champs 02/10/2009 (3)
43	11:55.39	Kathryn Martin	2009	Westwood 4	Boston Holiday Inv 12/27/2008 (2)
44	11:55.58	Christina Rose	2011	Billerica 1	Merrimack Valley Champs 02/13/2009 (5)
45	11:56.78	Rachel Potter	2009	Lincoln-Sudbury 1	MSTCA Elite Meet 02/01/2009 (17)
46	11:57.38	Olivia Collins	2010	Milton 3	Bay State #6 02/04/2009 (3)
47	11:57.55	Allie Hunter	2010	Medfield 3	TVL Championships 01/31/2009 (2)
48	11:59.16	Priyanka Fouda	2012	Wellesley 3	MIAA D3 02/20/2009 (9)
49	11:59.70	Emma McGowan	2011	Melrose 3	MSTCA Invitational 01/31/2009 (2)
50	11:59.81	Alyssa Mullen	2009	North Quincy 1	State Div 1 Championship 02/21/2009 (8)
51	12:00.51	Hannah White	2011	Notre Dame(Tyngsboro 4	MSTCA Invitational 01/31/2009 (3)

4x200 Meter Relay (1:51.0) State Record: 1:43.42 Cambridge Rindge and Latin HS, New Englands (RLC), 3/3/2006

1	1:44.52	North Attleboro	2	Div2 State Champs 02/22/2009 (1)
2	1:45.67	Attleboro	1	State Div 1 Championship 02/21/2009 (1)
3	1:45.95	Boston Latin	1	All State Meet 02/27/2009 (3)
4	1:46.53	Shrewsbury	2	Div2 State Champs 02/22/2009 (2)
5	1:46.82	Reading	2	Div2 State Champs 02/22/2009 (3)
6	1:46.95	Hingham	3	MIAA D3 02/20/2009 (1)
7	1:47.02	Newton South	1	All State Meet 02/27/2009 (5)
8	1:47.09	Westford Academy	2	Div2 State Champs 02/22/2009 (4)
9	1:47.44	Andover	1	Merrimack Valley Champs 02/13/2009 (1)
10	1:47.48	Waltham	1	All State Meet 02/27/2009 (9)
11	1:47.59	Rindge&Latin	1	State Div 1 Championship 02/21/2009 (3)
12	1:47.66	Longmeadow	3	MIAA D3 02/20/2009 (2)
13	1:48.05	Pembroke	4	All State Meet 02/27/2009 (12)
14	1:48.18	North Andover	2	MSTCA D2 Relays 01/25/2009 (2)
15	1:48.25	Hopkinton	3	MSTCA D-3 Relays 01/24/2009 (2)
16	1:48.69	Bishop Feehan	3	All State Meet 02/27/2009 (13)
17	1:48.73	Bridgewater-Raynham	1	State Div 1 Championship 02/21/2009 (6)
18	1:49.24	Foxboro	3	MIAA D3 02/20/2009 (4)
19	1:49.35	Lunenburg	4	All State Meet 02/27/2009 (14)
20	1:49.39	Marshfield	2	MSTCA D-3 Relays 01/24/2009 (5)
21	1:49.46	Newton North	1	All State Meet 02/27/2009 (15)
22	1:49.51	Dennis-Yarmouth	2	ACLChamps 02/13/2009 (1)
23	1:49.57	Lincoln-Sudbury	1	State Div 1 Championship 02/21/2009 (8)
24	1:49.60	Sharon	2	Div2 State Champs 02/22/2009 (5)
25	1:50.21	Woburn	2	Div2 State Champs 02/22/2009 (6)
26	1:50.22	Central Catholic	2	Div2 State Champs 02/22/2009 (7)
27	1:50.34	Burlington	3	McIntyre Relays 02/08/2009 (10)
28	1:50.37	Westwood	4	State Div 4 Championship 02/21/2009 (3)
29	1:50.58	Haverhill	1	MSTCA D 1 Relay Meet 01/17/2009 (4)
30	1:50.61	Oliver Ames	3	MIAA D3 02/20/2009 (6)
31	1:50.62	Wakefield	3	MIAA D3 02/20/2009 (7)
32	1:50.78	Framingham	1	State Div 1 Championship 02/21/2009 (10)
33	1:50.81	Doherty	1	MSTCA Elite Meet 02/01/2009 (13)
34	1:50.89	Northampton	3	PVIAC Meet #6 01/20/2009 (2)
35	1:50.90	Weymouth	1	State Div 1 Championship 02/21/2009 (11)
36	1:50.92	Medford	1	State Div 1 Championship 02/21/2009 (12)
37	1:51.10	Sandwich	2	MSTCA D2 Relays 01/25/2009 (7)
38	1:51.21	Stoneham	3	MIAA D3 02/20/2009 (8)
39	1:51.22	Randolph	3	MIAA D3 02/20/2009 (9)
40	1:51.31	Peabody	1	MSTCA D 1 Relay Meet 01/17/2009 (6)
41	1:51.37	Chelmsford	1	Merrimack Valley Champs 02/13/2009 (3)
42	1:51.41	Belmont	2	MSTCA D2 Relays 01/25/2009 (8)
43	1:51.90	Marblehead	3	NEC Championships 02/05/2009 (1)

4x400 Meter Relay (4:20.0) State Record: 3:52.1h Falmouth HS, New London, CT (USCGA), 2/14/1976

1	4:01.02	Mansfield	2	New England Champs 03/06/2009 (2)
2	4:02.79	Andover	1	All State Meet 02/27/2009 (2)
3	4:03.31	Chelmsford	1	All State Meet 02/27/2009 (3)
4	4:03.71	Lexington	1	McIntyre Relays 02/08/2009 (3)
5	4:04.41	Weymouth	1	All State Meet 02/27/2009 (4)
6	4:04.42	Bromfield	4	All State Meet 02/27/2009 (5)
7	4:04.95	Haverhill	1	All State Meet 02/27/2009 (7)
8	4:05.81	Notre Dame(Hingham)	2	All State Meet 02/27/2009 (8)
9	4:07.67	Woburn	2	All State Meet 02/27/2009 (9)
10	4:08.03	Newton South	1	Dual County #4 01/21/2009 (1)
11	4:08.10	Wachusett	1	All State Meet 02/27/2009 (10)
12	4:08.24	Lincoln-Sudbury	1	Dual County #5 02/05/2009 (1)
13	4:09.21	Northampton	3	MIAA D3 02/20/2009 (1)
14	4:09.45	Newton North	1	Bay State League Meet 02/11/2009 (2)
15	4:09.95	Pembroke	4	All State Meet 02/27/2009 (11)
16	4:09.98	Hopkinton	3	MSTCA D-3 Relays 01/24/2009 (1)
17	4:10.12	Westford Academy	2	MSTCA D2 Relays 01/25/2009 (2)
18	4:10.19	Bishop Feehan	3	MSTCA D-3 Relays 01/24/2009 (2)
19	4:10.47	Acton-Boxboro	1	All State Meet 02/27/2009 (12)
20	4:10.76	Marian	4	All State Meet 02/27/2009 (14)
21	4:10.86	Attleboro	1	McIntyre Relays 02/08/2009 (7)
22	4:10.91	Lowell	1	Merrimack Valley Champs 02/13/2009 (4)
23	4:11.33	Marlboro	2	All State Meet 02/27/2009 (15)
24	4:11.50	Burlington	3	MIAA D3 02/20/2009 (2)
25	4:11.69	Medfield	3	MSTCA D-3 Relays 01/24/2009 (3)
26	4:12.19	Belmont	2	MSTCA D2 Relays 01/25/2009 (5)
27	4:12.89	Ipswich	3	All State Meet 02/27/2009 (17)
28	4:13.26	Oliver Ames	3	MSTCA D-3 Relays 01/24/2009 (4)
29	4:13.65	Reading	2	MSTCA Elite Meet 02/01/2009 (11)
30	4:13.93	Lunenburg	4	McIntyre Relays 02/08/2009 (13)
31	4:13.96	Sandwich	2	MSTCA Elite Meet 02/01/2009 (12)
32	4:14.36	Bishop Fenwick	3	MIAA D3 02/20/2009 (3)
33	4:14.42	Westwood	4	MSTCA D4 Relay Meet 01/18/2009 (1)
34	4:14.85	Danvers	3	MIAA D3 02/20/2009 (5)
35	4:14.85	Bridgewater-Raynham	1	McIntyre Relays 02/08/2009 (14)
36	4:14.96	Wellesley	3	Bay State #5 01/22/2009 (2)
37	4:15.63	Norton	4	All State Meet 02/27/2009 (18)
38	4:15.89	Milton	3	McIntyre Relays 02/08/2009 (16)
39	4:15.91	North Andover	2	Div2 State Champs 02/22/2009 (8)
40	4:16.1h	Hingham	3	Patriot League 02/02/2009 (1)
41	4:16.65	Shepherd Hill	2	Div2 State Champs 02/22/2009 (11)
42	4:16.81	Case	4	All State Meet 02/27/2009 (21)
43	4:16.85	Tewksbury	2	Merrimack Valley Champs 02/13/2009 (5)
44	4:16.89	East Longmeadow	3	PVIACConference 02/13/2009 (2)
45	4:16.92	Beverly	2	McIntyre Relays 02/08/2009 (17)
46	4:18.27	Franklin	2	Hock Championship 02/14/2009 (3)
47	4:18.74	Westboro	3	MIAA D3 02/20/2009 (8)
48	4:18.80	King Philip	2	Div2 State Champs 02/22/2009 (12)
49	4:18.89	Framingham	1	Bay State League Meet 02/11/2009 (4)
50	4:19.32	Newton North	1	Bay State League Meet 02/11/2009 (2)
51	4:19.50	Whitman-Hanson	2	Patriot Champs 02/09/2009 (2)
52	4:20.53	Sharon	2	Div2 State Champs 02/22/2009 (13)
53	4:20.76	Dighton-Rehoboth	3	MIAA D3 02/20/2009 (9)
54	4:20.79	Marshfield	2	MSTCA Winter Festival 01/10/2009 (4)
55	4:20.79	Algonquin	2	Div2 State Champs 02/22/2009 (14)

4x800 Meter Relay (10:20.0) State Record: 9:11.79 Lincoln-Sudbury HS, NSIC Champs, NY Armory, 3/11/2007

1	9:04.13	Newton South	1	New England Champs 03/06/2009 (1)
2	9:15.17	Lincoln-Sudbury	1	All State Meet 02/27/2009 (1)
3	9:28.81	Newton North	1	All State Meet 02/27/2009 (3)
4	9:33.11	Weymouth	1	State Div 1 Championship 02/21/2009 (4)
5	9:34.67	Notre Dame(Hingham)	2	New England Champs 03/06/2009 (8)
6	9:36.57	Framingham	1	All State Meet 02/27/2009 (5)
7	9:37.56	Tewksbury	2	All State Meet 02/27/2009 (6)
8	9:40.27	Hingham	3	All State Meet 02/27/2009 (8)
9	9:40.50	Bishop Feehan	3	All State Meet 02/27/2009 (9)
10	9:41.32	Hopkinton	3	McIntyre Relays 02/08/2009 (2)
11	9:41.32	Haverhill	1	MSTCA D 1 Relay Meet 01/17/2009 (3)
12	9:42.33	Franklin	2	All State Meet 02/27/2009 (10)
13	9:48.16	Westwood	4	McIntyre Relays 02/08/2009 (4)
14	9:48.57	Pentucket	3	All State Meet 02/27/2009 (12)
15	9:48.83	Bromfield	4	MSTCA D4 Relay Meet 01/18/2009 (1)
16	9:50.80	Oliver Ames	3	All State Meet 02/27/2009 (14)
17	9:51.87	Acton-Boxboro	1	All State Meet 02/27/2009 (15)
18	9:52.42	Beverly	2	McIntyre Relays 02/08/2009 (5)
19	9:52.61	Natick	2	All State Meet 02/27/2009 (18)
20	9:53.44	Wellesley	3	All State Meet 02/27/2009 (19)
21	9:54.79	Pembroke	4	All State Meet 02/27/2009 (20)
22	10:00.71	Agawam	2	All State Meet 02/27/2009 (21)
23	10:00.92	Reading	2	MSTCA D2 Relays 01/25/2009 (4)
24	10:01.95	Milton	3	McIntyre Relays 02/08/2009 (8)
25	10:04.17	Billerica	1	Merrimack Valley Champs 02/13/2009 (2)
26	10:04.97	Wachusett	1	MSTCA Elite Meet 02/01/2009 (8)
27	10:06.56	Lunenburg	4	State Div 4 Championship 02/21/2009 (4)
28	10:06.84	Longmeadow	3	MIAA D3 02/20/2009 (7)
29	10:07.10	Central Catholic	2	Merrimack Valley Champs 02/13/2009 (3)
30	10:07.43	Masconomet	2	MSTCA D2 Relays 01/25/2009 (6)
31	10:07.97	Bridgewater-Raynham	1	MSTCA Elite Meet 02/01/2009 (9)
32	10:08.94	Ursuline Academy	4	McIntyre Relays 02/08/2009 (11)
33	10:09.79	Attleboro	1	McIntyre Relays 02/08/2009 (12)
34	10:09.88	Algonquin	2	Div2 State Champs 02/22/2009 (7)
35	10:11.62	Holyoke Catholic	4	/ / (5)
36	10:13.73	Dennis-Yarmouth	2	McIntyre Relays 02/08/2009 (13)
37	10:15.25	North Andover	2	MSTCA D2 Relays 01/25/2009 (8)
38	10:15.37	Marlboro	2	MSTCA D2 Relays 01/25/2009 (9)
39	10:18.92	Coyle&Cassidy	4	McIntyre Relays 02/08/2009 (14)
40	10:20.70	Westboro	3	MSTCA D-3 Relays 01/24/2009 (6)
41	10:20.83	North Quincy	1	MSTCA D 1 Relay Meet 01/17/2009 (7)

Shot Put (32-00.00) State Record: 48-09.00 Melody Johnson, North Attleboro HS, Class Meet, Cambridge, MA (Harvard), 1986

1	42-06.00	Emmaline Berg	2009	Holliston 3	TVL Championships 01/31/2009 (1)
2	41-09.50	Nalis Mbianda	2009	Newton South 1	All State Meet 02/27/2009 (1)
3	41-01.50	Kelly McCabe	2009	Mansfield 2	New England Champs 03/06/2009 (2)
4	40-01.50	Lauren Berg	2009	Central Catholic 2	New England Champs 03/06/2009 (5)
5	39-10.50	Sanya Foster	2009	New Leadership 4	PVIACConference 02/13/2009 (1)
6	39-07.00	Ashley Noons	2009	Dighton-Rehoboth 3	D-R Vs Diman Voke Dual 01/14/2009 (1)
7	38-09.00	Krista Chauvin	2010	Seekonk 4	New England Champs 03/06/2009 (7)
8	36-08.50	Adrienne Thornton	2012	O'Bryant 3	Boston City Meet 01/12/2009 (1)
9	36-04.00	Kelly Allen	2009	Norton 4	All State Meet 02/27/2009 (7)
10	36-03.25	Jessica Masse	2009	Somerville 1	State Div 1 Championship 02/21/2009 (2)
11	35-10.50	Lourdes Pena	2009	Central Catholic 2	Div2 State Champs 02/22/2009 (3)
12	35-09.75	Kristen Brunelle	2009	Dracut 2	Div2 State Champs 02/22/2009 (4)
13	35-07.50	Caroline Boyd	2009	Minnechaug 2	PVIAC Meet #2 01/10/2009 (1)
14	35-06.00	Kyla Higgins	2010	Tewksbury 2	Merrimack Valley Champs 02/13/2009 (4)
15	35-05.00	Jevhan Bowie-Edge	2010	New Leadership 4	PVIACConference 02/13/2009 (2)
16	35-01.00	Wendy West	2009	Wellesley 3	Bay State League Meet 02/11/2009 (1)
17	34-10.75	Katie Bachinski	2009	Pioneer Valley 4	All State Meet 02/27/2009 (11)
18	34-09.50	Brittany Green	2011	Lunenburg 4	DistrictE Inv 02/14/2009 (1)
19	34-08.25	Lisa Betances	2009	Haverhill 1	All State Meet 02/27/2009 (12)
20	34-04.50	Kaylee DeVincent	2009	Algonquin 2	MidWach Dual Meet 01/14/2009 (1)
21	34-04.00	Molly Brooks	2010	Northampton 3	MSTCA Elite Meet 02/01/2009 (10)
22	33-11.25	Katie Kelleher	2010	King Philip 2	MSTCA Elite Meet 02/01/2009 (11)
23	33-08.50	Whitney Cyr	2009	Milford 2	Mid Wach Dual 01/29/2009 (1)
24	33-04.75	Sarah DiTonno	2010	Wakefield 3	MSTCA D-3 Relays 01/24/2009 (0)
25	33-04.00	Candice Waldie	2010	North Andover 2	Cape Ann Champs 02/10/2009 (1)
26	33-01.25	Bailey Burke	2011	Dennis-Yarmouth 2	Div2 State Champs 02/22/2009 (7)
27	33-01.00	Carley Rossi	2009	Longmeadow 3	PVIAC Meet #3 01/13/2009 (1)
28	33-01.00	Shea Mosquera	2009	Andover 1	State Div 1 Championship 02/21/2009 (4)
29	33-01.00	Jessica Whitfield	2009	Framingham 1	All State Meet 02/27/2009 (17)
30	32-10.50	Aponi Washington	2009	Brockton 1	MSTCA Winter Festival 01/10/2009 (7)
31	32-10.50	Lauren Hoole	2010	Central Catholic 2	Div2 State Champs 02/22/2009 (8)
32	32-10.25	Cathy Chude	2009	Marlboro 2	MSTCA D2 Relays 01/25/2009 (0)
33	32-08.25	Ashley Pinette	2009	Triton 3	MIAA D3 02/20/2009 (3)
34	32-06.50	Alexa Sullivan	2009	Dennis-Yarmouth 2	Atlantic Coast Meet #2 12/17/2008 (1)
35	32-04.50	Thanh Nguyen	2010	Malden 2	State Div 1 Championship 02/21/2009 (6)
36	32-04.25	Kaitlyn Sasseville	2009	David Prouty 4	DistrictE Inv 02/14/2009 (2)
37	32-03.00	Alexa Fearing	2012	Marlboro 2	DistrictE Inv 02/14/2009 (3)
38	32-02.25	Kristina Braga	2010	Lowell 1	Merrimack Valley Champs 02/13/2009 (6)
39	32-02.00	Nicole Rideout	2009	Woburn 2	Div2 State Champs 02/22/2009 (13)
40	32-01.50	Hailey Brunette	2011	Methuen 1	MSTCA Elite Meet 02/01/2009 (19)
41	32-00.25	Amber Judge	2010	Mahar 4	PVIAC Meet #6 01/20/2009 (3)



High Jump (5-00.00) State Record: 6-00.00 Heather Francis, Dartmouth HS, NB Voke, 1995

1	5-06.00	Haley Laird	2011	Algonquin 2	All State Meet 02/27/2009 (2)
2	5-06.00	Laura Weeks	2009	Oliver Ames 3	All State Meet 02/27/2009 (1)
3	5-05.00	Janelle Clarkson	2010	Seekonk 4	Boston Holiday Inv 12/27/2008 (1)
4	5-05.00	Maggie Flemming	2010	Lincoln-Sudbury 1	MSTCA D 1 Relay Meet 01/17/2009 (1)
5	5-05.00	Lucille Cancro	2009	Lexington 1	State Div 1 Championship 02/21/2009 (1)
6	5-04.00	Kelly McCabe	2009	Mansfield 2	MSTCA Elite Meet 02/01/2009 (7)
7	5-04.00	Moira Cronin	2011	Andover 1	Auerbach Meet (Frosh-Soph) 01/04/2009 (1)
8	5-04.00	Emily Hutchingson	2011	Newton North 1	Bay State #5 01/22/2009 (1)
9	5-04.00	Emily Mattson	2012	Shepherd Hill 2	All State Meet 02/27/2009 (6)
10	5-04.00	Ailish Hanly	2009	Westford Academy 2	All State Meet 02/27/2009 (6)
11	5-04.00	Jess Wagner	2010	Plymouth South 1	All State Meet 02/27/2009 (3)
12	5-04.00	Molly Hurkett	2009	Woburn 2	All State Meet 02/27/2009 (4)
13	5-04.00	Adreana Davis	2009	Chelmsford 1	All State Meet 02/27/2009 (6)
14	5-04.00	Samantha Stabile	2009	Haverhill 1	MSTCA Elite Meet 02/01/2009 (4)
15	5-03.00	Hanna Muir	2009	Wellesley 3	Bay State #6 02/04/2009 (1)
16	5-03.00	Cheryl Tran	2010	Milton 3	Bay State #6 02/04/2009 (2)
17	5-03.00	Kathleen Brekka	2009	Quabbin 3	MidWach 01/10/2009 (1)
18	5-03.00	Kaitlin Dreyer	2011	Ashland 4	MSTCA D4 Relay Meet 01/18/2009 (0)
19	5-03.00	Kristine Bunker	2010	Falmouth 1	Atlantic Coast League #3 01/05/2009 (2)
20	5-03.00	Olivia Dyson	2009	Reading 2	Div2 State Champs 02/22/2009 (2)
21	5-03.00	Molly McGrath	2009	Wakefield 3	MSTCA Invitational 01/31/2009 (0)
22	5-02.00	Erica Hawley	2010	Walpole 3	All State Meet 02/27/2009 (12)
23	5-02.00	Michelle Coate	2011	Pembroke 4	MSTCA Elite Meet 02/01/2009 (11)
24	5-02.00	Melissa Thevenin	2009	Rindge&Latin 1	MSTCA Winter Festival 01/10/2009 (2)
25	5-02.00	Amy Ren	2011	Newton North 1	Dartmouth Relays 01/09/2009 (10)
26	5-02.00	Cecily Boyce	2010	Hopkinton 3	TVL Championships 01/31/2009 (1)
27	5-02.00	Samantha Smith	2010	Canton 3	Hock Championship 02/14/2009 (2)
28	5-02.00	Alyssa Harrison	2009	Amesbury 3	MIAA D3 02/20/2009 (2)
29	5-02.00	Jessica Salley	2011	Andover 1	All State Meet 02/27/2009 (9)
30	5-01.00	Shelby Farland	2009	Tantasqua 2	DistrictE Inv 02/14/2009 (3)
31	5-01.00	Isabel Pett	2009	Gloucester 2	Gloucester-Marblehead Dual 01/19/2009 (1)
32	5-01.00	Shereen Salem	2010	Lexington 1	State Div 1 Championship 02/21/2009 (7)
33	5-01.00	Tiffany Daley	2010	Algonquin 2	DistrictE Inv 02/14/2009 (4)
34	5-01.00	Kristen Wilson	2010	Central Catholic 2	Merrimack V #1 12/17/2008 (1)
35	5-01.00	Gwendolyn Garcia	2009	Westboro 3	MSTCA D-3 Relays 01/24/2009 (0)
36	5-01.00	Sybil Krawczyk	2010	Old Rochester 4	MSTCA Invitational 01/31/2009 (0)
37	5-01.00	Rachel Thomas	2011	Watertown 4	MSTCA Invitational 01/31/2009 (0)
38	5-01.00	Lindsey Davis	2010	Dracut 2	MSTCA Invitational 01/31/2009 (0)
39	5-01.00	Adrienne Lutz	2009	Braintree 1	Bay State #6 02/04/2009 (4)
40	5-01.00	Cassandra Ryding	2009	Westford Academy 2	Dual County #5 02/05/2009 (3)
41	5-01.00	Liz Pietsch	2010	Marshfield 2	ACL Meet 02/05/2009 (1)
42	5-01.00	Larissa Sanz	2010	Central Catholic 2	Merrimack Valley Champs 02/13/2009 (3)
43	5-01.00	Kelsey McGovern	2010	Acton-Boxboro 1	State Div 1 Championship 02/21/2009 (6)
44	5-01.00	Lindsey Ross	2010	Dracut 2	Div2 State Champs 02/22/2009 (6)
45	5-00.00	Catherine King	2011	Wellesley 3	Bay State League Meet 02/11/2009 (2)
46	5-00.00	Ashley Mason	2010	Notre Dame(Hingham) 2	Dual County Meet #1 12/10/2008 (1)
47	5-00.00	Meghan Ferreira	2009	Mansfield 2	Mansfield-Foxboro-Stoughton 12/27/2008 (2)
48	5-00.00	Meghan Cutler	2011	Attleboro 1	Auerbach Meet (Frosh-Soph) 01/04/2009 (3)
49	5-00.00	Ariele Krevosky	2012	Sutton 4	Auerbach Meet (Frosh-Soph) 01/04/2009 (3)
50	5-00.00	Renee O'Brien	2009	Stoneham 3	MSTCA Elite Meet 02/01/2009 (14)
51	5-00.00	Audrey Genest	2010	Stoneham 3	Middlesex league meet 12/27/2008 (2)
52	5-00.00	Leanne Poirier	2009	Seekonk 4	All State Meet 02/27/2009 (22)
53	5-00.00	Nicole Gilbert	2011	Hanover 4	Patriot League #3 01/12/2009 (1)
54	5-00.00	Laura Sarrasin	2010	Uxbridge 4	SWCL East Dual 01/12/2009 (1)
55	5-00.00	Lauryn Granara	2009	Austin Prep 4	Tri County #4 01/13/2009 (1)
56	5-00.00	Kayla Rybacki	2011	East Longmeadow 3	PVIAC Meet #3 01/13/2009 (1)
57	5-00.00	Kelly Ulf	2010	Lunenburg 4	DistrictE Inv 02/14/2009 (1)
58	5-00.00	Jenn Bell	2009	Weymouth 1	Bay State League Meet 02/11/2009 (4)
59	5-00.00	Lucia Grigoli	2012	Newton North 1	Bay State League Meet 02/11/2009 (5)
60	5-00.00	Jillena DeCarteret	2009	Narragansett 4	All State Meet 02/27/2009 (13)

High Jump (5-00.00) State Record: 6-00.00 Heather Francis, Dartmouth HS, NB Voke, 1995

61	5-00.00	Caroline Barnaby	2009	Newburyport 4	All State Meet 02/27/2009 (18)
Long Jump (15-10.00) State Record: 20-06.50 Arantxa King, Medford HS, MSTCA Inv. (RLC), 1/27/2006					
1	18-03.50	Deanna Latham	2010	Triton 3	MSTCA Elite Meet 02/01/2009 (1)
2	17-09.00	Emily Rome	2009	Longmeadow 3	MIAA D3 02/20/2009 (2)
3	17-07.00	Melanie Frazier	2009	Bridgewater-Raynham 1	All State Meet 02/27/2009 (2)
4	17-04.75	Cecily Boyce	2010	Hopkinton 3	MIAA D3 02/20/2009 (3)
5	17-04.00	Jenise Everett	2010	East Longmeadow 3	PVIACConference 02/13/2009 (2)
6	17-02.75	Julie McCauley	2010	Marshfield 2	All State Meet 02/27/2009 (3)
7	17-00.50	Janelle McNeil	2009	Bishop Feehan 3	MSTCA Elite Meet 02/01/2009 (2)
8	17-00.50	Michele Kaufman	2009	Newton North 1	Bay State #6 02/04/2009 (1)
9	17-00.00	Alissa Howell	2009	Framingham 1	Bay State League Meet 02/11/2009 (1)
10	16-11.00	Aubree Mercure	2009	Holyoke Catholic 4	PVIACConference 02/13/2009 (3)
11	16-11.00	Meghan Underhill	2010	Norwood 2	Bay State #4 01/15/2009 (1)
12	16-11.00	Starr Nathan	2009	Randolph 3	MIAA D3 02/20/2009 (4)
13	16-10.50	Meghan Ferreira	2009	Mansfield 2	Div2 State Champs 02/22/2009 (1)
14	16-10.00	Miriam Mboya	2011	New Leadership 4	MSTCA Invitational 01/31/2009 (0)
15	16-09.00	Kim Cardeiro	2010	Falmouth 1	State Div 1 Championship 02/21/2009 (2)
16	16-08.50	Alee Wade	2009	Nashoba 3	MSTCA Elite Meet 02/01/2009 (7)
17	16-08.50	Rachael Hathaway	2011	Dennis-Yarmouth 2	MSTCA Invitational 01/31/2009 (0)
18	16-08.50	Kathleen Dreher	2010	Concord-Carlisle 2	DualCounty Champs 02/14/2009 (1)
19	16-08.25	Megan Breault	2010	Agawam 2	PVIACConference 02/13/2009 (5)
20	16-08.25	Amanda Claflin	2009	Pembroke 4	State Div 4 Championship 02/21/2009 (1)
21	16-08.00	Julianne Cappadonna	2009	North Attleboro 2	Hock Championship 02/14/2009 (1)
22	16-08.00	Chelsee Cheek	2010	Reading 2	Div2 State Champs 02/22/2009 (3)
23	16-08	Shannon Cunningham	2009	Foxboro 3	Hock Championship 02/14/2009 (2)
24	16-07.50	Alison Holland	2009	Watertown 4	State Div 4 Championship 02/21/2009 (2)
25	16-07.25	Allyson Crooke	2010	Lexington 1	MSTCA Elite Meet 02/01/2009 (8)
26	16-06.75	Dara Edge	2009	Attleboro 1	Old Colony League 01/23/2009 (1)
27	16-06.50	Meredith Baptist	2009	Notre Dame(Tyngsboro 4	Merrimack Valley Champs 02/13/2009 (1)
28	16-06.50	Becky Stoyle	2011	Pembroke 4	Patriot League #3 01/12/2009 (1)
29	16-06.50	Kristie Mewis	2009	Whitman-Hanson 2	Patriot League #3 01/12/2009 (1)
30	16-06.25	Nicole Gilbert	2011	Hanover 4	Patriot League #4 01/29/2009 (1)
31	16-06.00	Maggie McMullen	2009	Marblehead 3	NEC Championships 02/05/2009 (1)
32	16-05.75	Kara Walker	2009	Case 4	MSTCA Elite Meet 02/01/2009 (0)
33	16-05.25	Lauren Atkins	2010	Saugus 3	MIAA D3 02/20/2009 (6)
34	16-05.00	Teresa Fatemi	2010	Pembroke 4	All State Meet 02/27/2009 (11)
35	16-02.75	Katie Bernazzanni	2009	Norwood 2	Bay State #5 01/22/2009 (2)
36	16-02.75	Keanna Santos	2009	Dartmouth 2	All State Meet 02/27/2009 (13)
37	16-02.50	Morgan Maxey	2009	Longmeadow 3	PVIAC Meet #1 12/12/2008 (1)
38	16-02.50	Kylene Carey	2010	East Bridgewater 4	State Div 4 Championship 02/21/2009 (6)
39	16-01.75	Emma Kornetsky	2009	Newton North 1	State Div 1 Championship 02/21/2009 (5)
40	16-01.75	Alley Wheaton	2010	Weston 4	DualCounty Champs 02/14/2009 (2)
41	16-01.50	Madison Acton	2012	Lincoln-Sudbury 1	MSTCA Invitational 01/31/2009 (0)
42	16-01.50	Maddilyn Baird	2009	Westfield 1	State Div 1 Championship 02/21/2009 (6)
43	16-01.25	Emily Clark	2011	Nashoba 3	MSTCA Winter Festival 01/10/2009 (6)
44	16-01.25	Terreyana Belin	2010	Attleboro 1	Old Colony League 01/23/2009 (2)
45	16-01.00	Allison Black	2009	Agawam 2	PVIACConference 02/13/2009 (7)
46	16-00.00	Nina Monestime	2010	Mansfield 2	Div2 State Champs 02/22/2009 (6)
47	15-11.50	Olivia Dyson	2009	Reading 2	MSTCA D2 Relays 01/25/2009 (0)
48	15-10.50	Abby Petterutto	2010	Andover 1	MSTCA Open Holiday Inv 12/30/2008 (2)
49	15-10.50	Michaela Poulin	2009	Central Catholic 2	MSTCA Open Holiday Inv 12/30/2008 (3)
50	15-10.50	Natalia Paine	2010	Northampton 3	PVIACConference 02/13/2009 (8)