

Massachusetts State Track Coaches Association
**BOYS' and GIRLS' ELITE INVITATIONAL
TRACK & FIELD MEET**

Sunday, January 29, 2012

Robert McIntyre Track at Reggie Lewis Track & Athletic Center, Roxbury, MA
9:30 am Field Events – 10:15 am Running Events

Sponsored by: **Somerville H.S.**
Event Manager: **Charlie O'Rourke**
Numbers donated by **New Balance**

Sanctioned by: **M.I.A.A.**
Meet Director: **Charlie O'Rourke**

MEET INFORMATION

The Boys and Girls Elite Invitational Track Meet will held at Reggie Lewis Center on Sunday, January 29, 2012. The meet begins at 9:30 a.m. for field events and 10:15 a.m. for running events.

The top twenty-four athletes and twenty-four relay teams entered in the Boys and Girls Invitational meet will be selected by the meet directors to run in the Elite invitational Meet. Athletes not selected for the Elite Meet will participate in the Boys/Girls Invitational Meet on Saturday, January 28, 2012.

Coaches will submit their entries for their respective Boys/Girls Invitational Meets as always. ALL ENTRIES ARE COMPLETED ON DIRECT ATHLETICS. Please make sure you indicate WHERE and WHEN your athletes made their performances.

The list of athletes entered in the Invitational Meet and those selected for the Elite Meet will be posted on the MSTCA web-site by January 26, 2012. It is the responsibility of all coaches to check the status of his/her team's entry.

NOTE: If the Games Committee feels that a school has entered athletes/relays incorrectly the MSTCA will send a letter to that Athletic Director expressing our concerns, and those athletes entered incorrectly will be changed to their correct races.

IMPORTANT RELAY INFORMATION

Only the top twenty-four (24) relay teams will be accepted into the Elite Meet on Sunday. There will only be relays in the Elite Meet, there will be no relays in the Invitational Section on Saturday. No other relays will be run in conjunction with this meet. If are not accepted into the Elite Meet and you want to run a relay to get a better time for the Class meets, you should enter the Last Chance Meet on February 5.

The top six placers in each event will be given awards at a ceremony held after each event, as soon as official results are available.

Coaches: you must make sure that you bring your teams on the right day. If you show up on the wrong day your athletes will not be allowed to compete.

There is **NO additional fee for the Elite Meet.** Your entry fee for the Boys/Girls Invitational covers the entry fee.

ELITE MEET ORDER OF EVENTS

Field Events: 9:30 a.m.

SHOT PUT – Girls first

LONG JUMP – Boys first

HIGH JUMP – Girls at scoreboard end, Boys in middle of floor

Hurdles and Dash are built into the schedule

Running Events

10:15 A.M.

One mile and two mile seeds(# 13-24) must check in 9:30 am

GIRLS COMPETE BEFORE BOYS

10:15	One Mile Run	Section 1 (slower section, seeds #13-24)
10:30	Two Mile Run	Section 1 (slower section, seeds #13-24)
11:00	One Mile Run	Section 2 (seeds #1-12) <u>Check in by 10:15</u>
11:15	600 meter Run	Sections on Time – Heats of six
11:40	Dash Semis	Winner of each S.F. + next 5 fastest to final (G,B)
11:55	1000 meter Run	Sections on Time – Heats of eight
12:10	Hurdles Semis	Winner of each S.F. + next 5 fastest to final (G,B)
12:20	300 meter	Final ONLY – sections based on submitted times
12:55	Two Mile Run	Section 2 (seeds #1-12) <u>Check in by 11:50</u>
1:20	Hurdle	Final (B, G)
1:22	Dash	Final (G,B)
1:25	4 x 800m Relay	Sections on Time - fastest sections will run last
2:05	4 x 200m Relay	Sections on Time - fastest sections will run last
2:35	4 x 400m Relay	Sections on Time - fastest sections will run last

PLEASE NOTE:

This time schedule is approximate. Athletes will still have to check in when their events are called. No event will be conducted before the time published above.

An athlete that shows up for a race check-in *after* the sections have been set up WILL NOT be allowed to compete.

This meet will move very quickly, make sure you inform your athletes that they need to listen for the event announcements and be aware of the approx. time format.

Unseeded One Mile and Two Mile sections will contain athletes seeded # 13-24 on the list. Fast sections will contain athletes seeded #1-12 on the list. No changes (i.e. moving up) will be made from the published list so make sure your athletes check in at the stated time.